

Tanuj Nakra, M.D., F.A.C.S.

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992 Citations / 18 h-index (March 2025)

Education

M.D. 2001, Rush Medical College, Chicago, IL

B.A., Biology Honors (Magna Cum Laude) 1997,
Washington University in St. Louis, MO

Postgraduate Training

Fellowship, Plastic Surgery 2007-2008, Ronald Strahan, M.D., Los Angeles, CA

Fellowship, Facial Cosmetic Surgery (AACCS Certified) 2005-2007 UCLA Stein Eye
Institute, Los Angeles, CA

Fellowship, Oculofacial Plastic Surgery (ASOPRS certified) 2005-2007 UCLA Stein Eye
Institute, Los Angeles, CA

Residency, Ophthalmology 2002-2005 UCLA, Los Angeles, CA

Internship, Transitional 2001-2002 St. Francis Hospital, Evanston, IL

Licensure

State of California, A83435, Exp. 03/31/2027

State of Texas, M8202, Exp. 08/31/2026

State of Illinois, 2001-2002 (expired)

Board Certification

American Board of Facial Cosmetic Surgery, 2015, exp. 2025

American Board of Cosmetic Surgery, 2010, exp. 2030

American Board of Ophthalmology, 2008, exp. 2028

USMLE Step 3, 1999

USMLE Step 2, 2001

USMLE Step 1, 2002

Academic and Leadership Appointments

Assistant Professor, The University of Texas at Austin, Dell Medical School, Department of Ophthalmology. 2022-present

Adjunct Clinical Faculty, The University of Texas at Austin, Dell Medical School, Department of Ophthalmology. 2019-2022

Fellowship Director in Facial Cosmetic Surgery, American Academy of Cosmetic Surgery (AACCS). 2016-current

Preceptor, Fellowship in Oculofacial Plastic and Orbital Surgery, American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS). 2009-current

Medical Director, TOC Medical Spa, Austin. 2013-current

Physician I.T. Director, TOC Eye and Face, Austin. 2009-present

Expert Reviewer 2018 Texas Medical Board, Austin

Treasurer, American Board of Facial Cosmetic Surgery, Chicago. 2017-2018

Board of Directors, American Board of Facial Cosmetic Surgery, Chicago. 2016-2018

Physician Aesthetic Coalition Liaison, American Society of Ophthalmic Plastic Surgery (ASOPRS). 2016-2018

Compliance Officer, TOC Eye and Face, Austin. 2011-2016

Board of Directors, Cosmetic Surgery Foundation, Chicago. 2010-2016

President, Austin Ophthalmological Society. 2009-2010

Associate Physician Diplomate, UCLA Stein Eye Institute, Los Angeles. 2007-2008

Visiting Assistant Professor, UCLA Stein Eye Institute, Los Angeles. 2005-2007

Clinical Instructor, David Geffen School of Medicine, UCLA, Los Angeles. 2005-2007

Clinical Instructor, MLK/King Drew Medical Center, Los Angeles. 2005-2007

Other Relevant Employment and Clinical Activities

Co-Founder, Global Cosmetic Surgery (International Webinar Platform). 2020-present

Co-Founder and Head of Product, Global Beauty Science LLC, Austin TX. 2009-current

Oculofacial Plastic Surgeon, TOC Eye and Face, Austin TX. 2008-current

Oculofacial Plastic Surgeon, Sansum Clinic, Santa Barbara, CA. 2007-2008

Oculofacial Plastic Surgeon, MLK/Drew Physician Group, Los Angeles, CA. 2007-2008

Oculofacial Plastic Surgeon, Dougherty Laser Vision, Camarillo, CA. 2007-2008

Honors and Awards

Castle Connolly Top Doctor 2025

Texas Monthly Top Doctor 2025

Henry Baylis Cosmetic Surgery Award, ASOPRS Fall Meeting, Chicago 2024.

Bartley Frueh Award for Best YASROPS Presentation (PI for Karen Brown) American Society of Ophthalmic Plastic & Reconstructive Surgery 2024.

Castle Connolly Top Doctor 2024

Texas Monthly Top Doctor 2024

Inaugural Norman Shorr MD Lecturer, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, 2023

Castle Connolly Top Doctor 2023

Texas Monthly Top Doctor 2023

Castle Connolly Top Doctor 2022

Texas Monthly Top Doctor 2022

Castle Connolly Top Doctor 2021

Texas Monthly Top Doctor 2021

Merrill Reeh Pathology Award, Journal of the American Society of Ophthalmic Plastic & Reconstructive Surgery 2020

Marvin Quickert Thesis Prize, (PI for Alison Huggins Watson) American Society of Ophthalmic Plastic & Reconstructive Surgery 2020

Austin Monthly Top Doctor 2020

Castle Connolly Top Doctor 2020

Texas Monthly Top Doctor 2019

Austin Monthly Top Doctor 2019

Castle Connolly Top Doctor 2019

Texas Monthly Top Doctor 2018

Austin Monthly Top Doctor 2018

Castle Connolly Top Doctor 2018

Texas Monthly Top Doctor 2017

Austin Monthly Top Doctor 2017

Castle Connolly Top Doctor 2017

Texas Monthly Top Doctor 2016

Austin Monthly Top Doctor 2016

Castle Connolly Top Doctor 2016

Texas Monthly Top Doctor 2015

Austin Monthly Top Doctor 2015

Castle Connolly Top Doctor 2015

Texas Monthly Top Doctor 2014

Austin Monthly Top Doctor 2014

Castle Connolly Top Doctor 2014

Achievement Award, American Academy of Ophthalmology 2013

Texas Monthly Top Doctor 2013

Austin Monthly Top Doctor 2013

Castle Connolly Top Doctor 2013

Texas Monthly Top Doctor 2012

Austin Monthly Top Doctor 2012

Castle Connolly Top Doctor 2012

Webster Research Award, American Academy of Cosmetic Surgery 2008

Listed in 62nd Marquis Who's Who in America 2008

Fellow of the Year Award, King Drew Dept. of Ophthalmology 2007

Fellow Teaching Award, UCLA 2007

Award for Clinical Research by a Fellow, UCLA 2007

Top Graduating Resident Surgeon, UCLA Jules Stein Eye Institute 2005

Alpha Omega Alpha, Rush Medical College 2001

Alpha Omega Alpha, Student Research Fellowship Award 2000

Rush Medical College Dean's Research Fellowship 1999

Elliott Honors 1997, Washington University in St. Louis

Marion Spector Biology Thesis Prize 1997

Washington University in St. Louis

Golden Key National Honors Society 1997

Alpha Epsilon Delta, National Pre-Medical Honors Society 1997

Omicron Delta Kappa, National Leadership Honor Society 1997

Nature Undergraduate, featured selection 1997

First Place Poster 1996 Howard Hughes Medical Institute Research Symposium,
Washington University in St. Louis

National Merit Scholarship 1993-1997

Missouri "Bright Flight" Scholarship 1993-1997

Fine Arts Prize, St. Louis Priory High School Commencement 1993

Captain, T.E.A.M.S. Competition, 2nd Place U.S.A., 1993 St. Louis Priory H.S.

National A.P. Scholar 1993

Professional Memberships and Activities with Leadership Positions

Fellowship Director, American Academy of Cosmetic Surgery 2015-current

Fellow, American Academy of Facial Cosmetic Surgery 2014-current

Fellow, American College of Surgeons 2012-current

Board Member, Cosmetic Surgery Foundation 2009-2017

Fellow, American Academy of Cosmetic Surgery 2008-current

Member, Travis County Medical Society 2008-current

Member, Austin Ophthalmological Society 2008-current

Fellow, American Academy of Ophthalmology 2002-current

Member, American Medical Association 2001-current

Educational Activities

Educational Administration and Leadership

Member, Ophthalmology Resident Selection Committee 2024, Wong Eye Institute, Department of Ophthalmology, Dell Medical School, The University of Texas at Austin, Austin

Planning committee, Annual Meeting 2024, American Academy of Cosmetic Surgery, New Orleans

Member, Ophthalmology Resident Selection Committee 2023, Wong Eye Institute, Department of Ophthalmology, Dell Medical School, The University of Texas at Austin, Austin

Planning committee, Annual Meeting 2023, American Academy of Cosmetic Surgery, Chicago

Member, Ophthalmology Resident Selection Committee 2022, Wong Eye Institute, Department of Ophthalmology, Dell Medical School, The University of Texas at Austin, Austin

Co-founder, Global Cosmetic Surgery L.L.C. (international webinar educational platform) 2020-current

Director, Fellowship in Facial Cosmetic Surgery 2017-current, American Academy of Cosmetic Surgery

Preceptor, Fellowship in Ophthalmic Plastic and Orbital Surgery 2007-current, American Society of Ophthalmic Plastic & Reconstructive Surgery

Member, Ophthalmology Resident Selection Committee 2006-2007, UCLA Stein Eye Institute, Los Angeles

Founder & Administrator, Ophthalmology Journal Club 2001-2002, St. Francis Hospital, Evanston IL

Member, Committee on Senior Faculty Appointments & Promotions 1997-2001, Rush University, Chicago IL

Founder & Administrator, Rush Med. Psychiatry Interest Group 1998, Rush Medical College, Chicago IL

Founder & Administrator, Rush Med. Applicant Hosting Program 1997, Rush Medical College, Chicago IL

Teaching Activities

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Dec 2024. Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Oct 2024. Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Sept 2024. Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Surgical and Nonsurgical Eyelid Rejuvenation - International Webinar, Sept 2024. Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Aug 2024. Global Cosmetic Surgery

Program Co-Director, TOC Eye and Face Conference 2024. TOC Eye and Face & UT Dell Medical School

Director and Session Chair, Ophthalmic Plastic Surgery Session, American Academy of Cosmetic Surgery Annual Meeting, 2024. New Orleans

Director and Session Chair, Ophthalmic Plastic Surgery Session, American Academy of Cosmetic Surgery Annual Meeting, 2023. San Diego

Program Co-Director, Aesthetics Masterclass Deep Dive International Webinar, Sept 2022. Global Cosmetic Surgery & American Academy of Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Jan 2022. Global Cosmetic Surgery

Program Director, TOC Eye and Face Conference 2021. TOC Eye and Face & UT Dell Medical School

Program Co-Director, Aesthetics Masterclass: Nose and Lips International Webinar, Aug 2021, Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Upper Face International Webinar, Oct 2020, Global Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass International Webinar, July 2020, Global Beauty Science

Program Director, TOC Eye and Face Conference 2018 TOC Eye and Face & UT Dell Medical School

Program Director, TOC Eye and Face Conference 2016. TOC Eye and Face & Seton Hospital, Austin

Course Director, 2016. Broadening Our Scope: Advanced Facial Aesthetic Surgery, World Ophthalmology Congress, Guadalajara

Program Director, Austin Oculoplastics Conference 2014. Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "Introduction to Rhinoplasty" 2012. ASOPRS Fall Meeting, New Orleans

Program Director, Comprehensive Facial Surgery Conference 2012. Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "Introduction to Rhinoplasty" 2011. ASOPRS Fall Meeting, Chicago

Course Director, "Introduction to Rhinoplasty" 2010. ASOPRS Fall Meeting, Chicago

Course Director, "The Cosmetic Facial Exam" 2010. AAO Fall Meeting, Chicago

Program Director, Comprehensive Facial Surgery Conference 2010. Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "The Cosmetic Facial Exam" 2009. AAO Fall Meeting, San Francisco

Course Director, "The Cosmetic Facial Exam" 2008. AAO Fall Meeting, Atlanta

Course Director, "The Cosmetic Facial Exam" 2007. AAO Fall Meeting, Las Vegas

Course Director, "The Cosmetic Facial Exam" 2006. AAO Fall Meeting, New Orleans

Course Co-Director, "Controversies in Graves' Disease" 2006. AAO Fall Meeting, New Orleans

Advising and Mentoring

Residents and Fellows

1. Kendall Goodyear, M.D. 2024-2026 TOC Eye and Face, current combined ASOPRS and AACS Fellow
2. Makayla McCoskey, M.D. 2023-2025 TOC Eye and Face, current combined ASOPRS and AACS Fellow

3. Karen Brown, M.D. 2022-2024 TOC Eye and Face, current combined ASOPRS and AACS Fellow
4. Monica Ray, M.D. 2021-2023 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Private Practice, TOC Eye and Face, Austin, TX
5. Donovan Reed, M.D. 2020-2022 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Lackland Air Force/Joint Base, San Antonio, TX
6. Aliza Epstein, M.D. 2019-2021 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Private Practice, Ft. Lauderdale, FL
7. Natalie Homer, M.D. 2018-2020 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Assistant Professor of Ophthalmology, Stanford Medical School, Palo Alto, CA
8. Alison Huggins, M.D. 2017-2019 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Assistant Professor of Ophthalmology, Wills Eye Hospital, Thomas Jefferson Medical School, Philadelphia PA
9. Tommy Kandl, M.D. 2018 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Savannah, GA
10. Marie Somogyi, M.D. 2016-2018 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Private Practice, Austin TX
11. Omar Ozgur, M.D. 2016 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Mission Viejo, CA
12. Ivan Vrcek, M.D. 2015-2017 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Private Practice in Dallas, TX
13. Emily Bratton, M.D. 2015-2016 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Attending Surgeon, TOC Eye and Face, Austin TX
14. Bradley Thuro, M.D. 2015 MD Anderson Cancer Center, Fellowship, Current position: Assistant Professor, WVU Medical Center, Morgantown, WV
15. Eva Chou, M.D. 2013-2015 TOC Eye and Face, ASOPRS Fellowship, Current position: Walter Reed National Military Medical Center, Bethesda MD
16. Vivian Yin, M.D. 2014 MD Anderson Cancer Center, International Fellowship, Current position: Associate Professor, University of British Columbia, Canada
17. Natalie Stanciu, M.D., TOC Eye and Face 2011-2013 TOC Eye and Face, ASOPRS Fellowship, Current position: Private Practice in Austin, TX
18. Tarek El-Sawy, M.D., Ph.D. 2012 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Bay Area, CA
19. Michael Connor, M.D., 2009-2011 TOC Eye and Face, ASOPRS Fellowship, Current position: Private Practice in Jupiter, FL
20. Qasim Nasser, M.D. 2011 MD Anderson Cancer Center, International Fellowship, Current position: Consultant, Moorsfield Eye Hospital, Dubai
21. Roman Shinder, M.D. 2010 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Chair, Department of Ophthalmology, SUNY Downstate Medical Center, NYC
22. Aaron Savar, M.D. 2009 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Beverly Hills, CA
23. Mehryar Taban, M.D., 2008 UCLA Stein Eye Institute, ASOPRS Oculoplastics Fellowship, Current position: Private Practice in Beverly Hills, CA

24. Benjamin Burt, M.D., 2008 UCLA Stein Eye Institute, International Oculoplastics Fellowship, Current position: Private Practice in Melbourne, Australia

Other Active Research Activities

Contributing Investigator, Porcine model of wound healing: multidimensional interventions for augmented healing, TOC Eye and Face in collaboration with the Department of Defense. 2020-2024

Primary Investigator, Murine prospective clinical trial of 5FU+microneedling for postoperative cutaneous scar reduction, TOC Eye and Face in collaboration with The University of Texas at Austin. 2017-2022

Primary Investigator, Electron microscopic analysis of afferent sensory receptors in human eyelid Mueller's muscle, TOC Eye and Face in collaboration with the Austrian Academy of the Sciences. 2015-2018

Publications

Peer-reviewed publications

1. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 2025 41.1 (2025): 115-117.
2. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 41(1):115-117, January/February 2025.
3. Goodyear K, McCoskey M, **Nakra T**. Undiagnosed Von Willebrand Disease Detected after Dermal Filler. *Ophthalmology*. 2024 Oct 22:S0161-6420(24)00570-0.
4. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 40(5):590-592, September/October 2024.
5. **Nakra T**. Integrating Skincare into Medical Practice. *Int Ophthalmol Clin*. 2024 Jul 1;64(3):13-22.
6. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 40(4):474-476, July/August 2024.
7. Brown, K.; McCoskey M.; **Nakra T**. Complications of facial autologous fat grafting. *Plast. Aesthet. Res*. 2024, 11, 7.
8. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward JA. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 2024 Jan 1;40(1):118-20.

9. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plastic & Reconstructive Surgery*. 2023 Nov 1;39(6):650-2.
10. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plast Reconstr Surg*. 2023 Sep-Oct 01;39(5):519-521.
11. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plast Reconstr Surg*. 2023 Jul-Aug 01;39(4):400-402.
12. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward JA. Aesthetic Oculofacial Abstracts. *Ophthalmic Plast Reconstr Surg*. 2023 May-Jun 01;39(3):299-301.
13. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Oculofacial Abstracts. *Ophthalmic Plast Reconstr Surg*. 2023 Mar-Apr 01;39(2):198-200.
14. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2023 Jan-Feb 01;39(1):100-102.
15. Vrcek I, Seamont D, Zapletal A, Somogyi M, Watson AH, **Nakra T**. Correction of severe medial ectropion using a novel osseous fixation technique. *Orbit*. 2023 May 16:1-4.
16. Watson AH, O'Mary HL, Cui Z, Baer SC, Somogyi MB, Homer N, Blaydon SM, Huggins J, Shore JW, Durairaj VD, **Nakra T**. Combination 5-Fluorouracil and Microneedling Therapy for Wound Modification: A Histological Murine Study. *The American Journal of Cosmetic Surgery*. 2023 Jun;40(2):102-12.
17. Homer NA, Watson AH, **Nakra T**. Post-Operative Endonasal Debridement May Improve Outcomes of Endoscopic Dacryocystorhinostomy. *Ear, Nose & Throat Journal*. 2023 Aug 31:01455613231195144.
18. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022;38(6):611-613.
19. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022;38(5):509-511.
20. Watson AH, Van Brummen A, Somogyi MB, Homer N, **Nakra T**. Potent Periorbital Fractionated CO2 Laser Resurfacing. *Dermatol Surg*. 2022 Aug 9.
21. Burroughs J, **Nakra T**, Rootman DB, Scott G, Wulc A, Woodward AJ. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Jul-Aug 01;38(4):411-413.
22. Homer NA, Hanafy MS, Baer SC, Watson AH, Somogyi M, Shore JW, Blaydon S, Durairaj VD, Cui Z, **Nakra T**. 5-Fluorouracil with Microneedling Modulates Wound Healing in a Murine Model: An Immunohistochemical Analysis of Mechanism and Dose Efficacy. *Ophthalmic Plast Reconstr Surg*. 2022 May 20.
23. Homer, N.A., Karlin, J., Watson, A.H., Somogyi, M., Bratton, E., Goldberg, R.A. and **Nakra T.**, 2 May 2022. Suture Cheek Suspension Augments Periorbital Aesthetic Rehabilitation in Facial Nerve Palsy. *The American Journal of Cosmetic Surgery*
24. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 May-Jun 01;38(3):310-312.

25. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Mar-Apr 01;38(2):214-216.
26. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Jan-Feb 01;38(1):90-91.
27. Reed DS, **Nakra T**. Re: "Transconjunctival lower eyelid blepharoplasty with fat transposition above the orbicularis muscle for improvement of the tear trough deformity". *J Cosmet Dermatol*. 2022 Aug;21(8):3611-3612.
28. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Nov-Dec 01;37(6):604-606.
29. Gupta N, Epstein A, Reed D, Homer N, Blaydon S, Alford J, **Nakra T**. Acute retrobulbar hemorrhage after tooth extraction: Case report and treatment of a rare condition. *Spec Care Dentist*. 2022 May;42(3):304-307.
30. Vaswani ZG, Homer NA, Epstein A, Nakra T. Black bone disease of the skull incidentally discovered during endoscopic brow lifting. *European Journal of Plastic Surgery*. 2022 Feb;45(1):183-6.
31. Burroughs J, Hwang CJ, **Nakra T**, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Sep-Oct 01;37(5):506-508.
32. Burroughs J, Hwang CJ, Rootman DB, **Nakra T**, Woodward J, Wulc A. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 May-Jun 01;37(3):300-302.
33. Homer NA, Patel AS, Epstein A, Durairaj VD, **Nakra T**. Autologous Fat Transfer Harvest-site Complications: Incidence, Risk Factors, and Management. *Ophthalmic Plast Reconstr Surg*. 2022 Jan-Feb 01;38(1):65-67.
34. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Mar-Apr 01;37(2):194-196.
35. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Jan-Feb 01;37(1):99-101.
36. Watson AH, Somogyi M, **Nakra T**. Reply re: "Transposition Upper Blepharoplasty With Orbital Retaining Ligament Release". *Ophthalmic Plast Reconstr Surg*. 2020 Sep/Oct;36(5):517.
37. Homer NA, Zhou S, Watson AH, Durairaj VD, **Nakra T**. Wound Dehiscence Following Upper Blepharoplasty: A Review of 2,376 Cases. *Ophthalmic Plast Reconstr Surg*. 2021 May-Jun 01;37(3S):S66-S69.
38. Homer NA, Elwood K, Watson AH, Somogyi M, **Nakra T**, Blaydon S. Consideration of Nasal Contour in Endoscopic Forehead Rejuvenation. *Facial Plast Surg Aesthet Med*. 2021 Mar-Apr;23(2):98-102.
39. Watson AH, Homer N, Somogyi M, Shore J, **Nakra T**. Pedicled Buccal Fat Flap: An Underutilized Source of Vascularized Periorbital Volume. *Facial Plast Surg Aesthet Med*. 2020 Jan/Feb;22(1):61-63.
40. Epstein A, Homer N, Watson A, **Nakra T**, Bratton E, Somogyi M. Female Cosmetic Surgeons: Past and Present Perspectives. *The American Journal of Cosmetic Surgery*. 2021;38(3):129-133. * each author was an equal 1/6th contributor
41. Homer NA, Zhou S, Watson AH, **Nakra T**. Nuances of the Direct Brow Lift: Oculoplastic Surgeons' Perspective. *The American Journal of Cosmetic Surgery*. 2021;38(1):5-10.

42. Vrcek I, Blumer R, Blandford A, Somogyi M, Durairaj V, Blaydon S, Shore J, Amato M, **Nakra T**. Histologic Evaluation of Nonvisual Afferent Sensory Upper Eyelid Proprioception. *Ophthalmic Plast Reconstr Surg*. 2020 Jan/Feb;36(1):7-12.
43. Homer N, Huggins A, **Nakra T**. Re: "The Sutureless Mullerectomy". *Ophthalmic Plast Reconstr Surg*. 2019 Nov/Dec;35(6):631.
44. Huggins AB, Somogyi MB, Vrcek I, **Nakra T**. Soft-Set Serpentine Eyelid Crease Formation. *The American Journal of Cosmetic Surgery*. 2019;36(4):203-206.
45. Homer N, **Nakra T**, Wong RW. Uncovered Undulations. *JAMA Ophthalmol*. 2019 Oct 1;137(10):1207-1208.
46. Huggins A, Somogyi M, **Nakra T**. Pedicled Fat Transposition vs Free-Fat Grafting for Lower Blepharoplasty With Volume Preservation. *JAMA Facial Plast Surg*. 2019 Sep 1;21(5):463-464.
47. Huggins A, Somogyi M, **Nakra T**. Transposition Upper Blepharoplasty With Orbital Retaining Ligament Release. *Ophthalmic Plast Reconstr Surg*. 2019 Sep/Oct;35(5):509-512. doi: 10.1097/IOP.0000000000001393. PMID: 31116145.
48. Vrcek I, Wotipka E, Somogyi M, **Nakra T**. Rapid and complete vision loss due to idiopathic orbital inflammation with partial recovery following orbital decompression. *Proceedings (Baylor University Medical Center)*. 2018;31(3):372-374.
49. Seamont D, Vrcek I, **Nakra T**, Mancini R. Arnica and Bromelain for Blepharoplasty-Associated Ecchymosis. *The American Journal of Cosmetic Surgery*. 2018;35(3):130-134.
50. Chou E, Liu J, Seaworth C, Furst M, Amato MA, Blaydon SM, Durairaj VD, **Nakra T**, Shore JW. Comparison of Revision Rates of Anterior- and Posterior-Approach Ptosis Surgery: A Retrospective Review of 1519 Cases. *Ophthalmic Plastic and Reconstructive Surgery*. 34(3):246–253, May 2018
51. Lyons LJ, Vrcek I, Somogyi M, **Nakra T**. Natural killer/T-cell lymphoma invading the orbit and globe. *Proceedings (Baylor University Medical Center)*. 2017;30(4):447-449.
52. Bealka PJ, Somogyi M, **Nakra T**. Re: Conjunctiva-Sparing Posterior Ptosis Surgery: A Novel Approach. *Ophthalmic Plast Reconstr Surg*. 2017 Sep/Oct;33(5):392.
53. Silverman N, Spindle J, Tang SX, Wu A, Hong BK, Shore JW, Wester S, Levin F, Connor M, Burt B, **Nakra T**, Shepler T, Hink E, El-Sawy T, Shinder R. (2017) Orbital floor fracture with entrapment: Imaging and clinical correlations in 45 cases, *Orbit*, 36:5, 331-336
54. Vrcek I, Somogyi M, **Nakra T**. Optimizing Injection Technique to Minimize Ecchymosis in Upper Blepharoplasty. *JAMA Facial Plast Surg*. 2017;19(4):339.
55. Shinder R, Wu A, Mehendale RA, Tang SX, Nasser QJ, Chou E, Sniegowski MC, Janda A, Shepler TR, Blaydon SM, **Nakra T**. Lacrimal intubation during dacryocystorhinostomy utilizing the STENTube. *Orbit*. 2017 Feb;36(1):6-12. 39.
56. **Nakra T**, Modjtahedi S, Vrcek I, Mancini R, Saulny S, Goldberg RA. The effect of upper eyelid blepharoplasty on eyelid and brow position. *Orbit*. 2016 Dec;35(6):324-327.

57. Vrcek I, Ozgur O, **Nakra T**. Infraorbital Dark Circles: A Review of the Pathogenesis, Evaluation and Treatment. *J Cutan Aesthet Surg*. 2016 Apr-Jun;9(2):65-72.
58. Vrcek I, Ben Simon G, McCann J, Goldberg RA, **Nakra T**. Re: "Proprioceptive Phenomenon With Involutional Ptosis: Evidential Findings in Anophthalmic Ptosis". *Ophthalmic Plast Reconstr Surg*. 2016 Jan-Feb;32(1):69
59. Kotlus BS, Schwarcz RM, **Nakra T**. Upper Eyelid Fractional CO2 Laser Resurfacing with Incisional Blepharoplasty. *Ophthalmic Plast Reconstr Surg*. 2016 Jul-Aug;32(4): 267-9.
60. **Nakra T**. Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation. *JAMA Facial Plast Surg*. 2015, Sep-Oct;17(5):374-81.
61. Vrcek I, El-Sawy T, Chou E, Allen T, **Nakra T**. Neuropathic Pain Following Poly-L Lactic Acid (Sculptra) Injection. *Ophthal Plast Reconstr Surg*. 2015 Jun 23.
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87. **Nakra T**, Cook T, Douglas RS, Goldberg RA. Dermatofibrosarcoma protuberans metastatic to the orbit. *Arch Ophthalmol*. 2004 Aug;122(8):1240-1.

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Grants

1. 2025. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Kendall Goodyear, M.D. \$2000 PI: Tanuj Nakra, MD
2. 2024. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Makayla McCoskey, M.D. \$2000 PI: Tanuj Nakra, MD
3. 2023. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Karen Brown, M.D. The effect of pharmacologic browlift on frontalis tone. \$2000 PI: Tanuj Nakra, MD
4. 2022. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Monica Ray, M.D. \$2000 PI: Tanuj Nakra, MD
5. 2021. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Donovan Reed, M.D. The use of the dermatoscope in analyzing healing of surgical wounds. \$2000. PI: Tanuj Nakra, MD
6. 2020. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Aliza Epstein, M.D. Determining carotenoid content in facial and abdominal fat compartments. \$2000. PI: Tanuj Nakra, MD
7. 2019 Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Natalie Homer, M.D. Dose-dependent exploration of 5-fluorouracil and microneedling in a murine model of wound healing. \$2000. PI: Tanuj Nakra, MD
8. 2018. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. 5-fluorouracil and microneedling in a murine model of wound healing. Alison Huggins, M.D. \$2000. PI: Tanuj Nakra, MD

9. 2017. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Analyzing 3-dimensional contour of fat grafting outcomes. Marie Somogyi, M.D. \$2000. PI: Tanuj Nakra, MD
10. 2016. Cosmetic Surgery Foundation Research Grant, American Academy of Cosmetic Surgery and Cosmetic Surgery Foundation. Measuring proprioceptors in Mueller's Muscle with Electron Microscopy. Ivan Vrcek, M.D. \$2000 PI: Tanuj Nakra, MD

Books & Chapters

1. Reed, D.S. and **Nakra, T.**, (2023). Lower Eyelid Considerations in Lower Facelift. In Plastic Surgery of the Lower Eyelids (pp. 269-281). Cham: Springer International Publishing.
2. Epstein, A., Reed, D., **Nakra, T.** (2023). Post Blepharoplasty Lower Eyelid Ectropion. In Manual of Cosmetic Surgery and Medicine, Volume 4- Cosmetic Surgery Procedures of the Face. Mohan Thomas. India: Springer
3. Ray, M., Reed, D., **Nakra, T.** (2022). Upper Blepharoplasty. In Office-Based Facial Cosmetic Surgery. Springer Nature
4. Homer, N., **Nakra, T.**, & Somogyi, M. (2020). Lateral canthal complications. In Avoiding and Managing Complications in Cosmetic Oculofacial Surgery (pp. 155-166). Springer, Cham.
5. Epstein, A., **Nakra, T.**, & Somogyi, M. (2020). Lower Eyelid Retraction: Anterior Lamellar Correction Using Skin Grafting. In Avoiding and Managing Complications in Cosmetic Oculofacial Surgery (pp. 137-147). Springer, Cham.
6. Huggins, A., **Nakra, T.**, (2019) In Rejuvenation of the Eyelid and Periorbital. Tammy H. Osaki, Midori H. Osaki, Don O. Kikkawa. Brazil: Elsevier, 2019
7. Chang, H., Taban, M., & **Nakra, T.** (2010). Periorbital Surgical Rehabilitation After Facial Nerve Paralysis. In Ophthalmic Oncology (pp. 295-309). Springer, Boston, MA.
8. **Nakra T.**, Shorr N. "Medical- Legal Aspects of Ophthalmic Plastic Surgery" Ophthalmology and the Law, Krausher (editor) 2008.

Editorial Responsibilities

Ophthalmic Plastic and Reconstructive Surgery, Reviewer 2007-2011

The Journal of the American Academy of Cosmetic Surgery, Reviewer 2004-2006

Invited Presentations, Posters & Abstracts

International

1. Nakra T., "Aesthetic Lateral Canthoplasty." Presentation, iFACE 2025, LV Prasad Eye Institute, Hyderabad, India, February 2025
2. Nakra T., "Elevating Upper Blepharoplasty and Ptosis Surgery", Presentation, Mexican Society for Oculoplastics, Acapulco, Mexico, June 2024

3. Nakra T., "Browlift pearls", Presentation, Mexican Society for Oculoplastics, Acapulco, Mexico, June 2024
4. Nakra T., "Lower Blepharoplasty", Presentation, Mexican Society for Oculoplastics, Acapulco, Mexico, June 2024
5. Nakra T., "Blepharoplasty 2024: 10 Ideas", Presentation, All India Medical Society, Virtual Platform, January 2024
6. Nakra T., "Facelift Nuances", Presentation, Spanish Society for Facial Plastic Surgery Meeting, Madrid, Spain, 2023
7. Nakra T., Browlift Pearls", Presentation, Spanish Society for Facial Plastic Surgery Meeting, Madrid, Spain, 2023
8. Nakra, T., "Blepharoplasty Tips and Tricks", Presentation, Spanish Society for Facial Plastic Surgery Meeting, Madrid, Spain, 2023
9. Nakra T., "Blepharoplasty Update", Presentation, Moorfields UAE 2022 Ophthalmology Conference, January 2023
10. Nakra T., "Browlift Update", Presentation, Moorfields UAE 2022 Ophthalmology Conference, January 2023
11. Nakra T., "Upper and Lower Blepharoplasty Pearls", Presentation, SOPANOP Featured Speaker Series, Virtual platform, November 2022
12. Nakra T., "The Deep Necklift", Presentation, Global Cosmetic Surgery & American Academy of Cosmetic Surgery Deep Dive, Virtual platform, September 2022
13. Nakra T., "Decision-Making in Lower Blepharoplasty", Malaysian Ophthalmology Society Annual Meeting, Kuala Lumpur, Malaysia, August 2022
14. Nakra T. "Upper Blepharoplasty Pearls", Presentation, Moorfields UAE January 2022, Dubai (virtual)
15. Nakra T., "Lateral Canthoplasty" Presentation, Oculoplastic Association of India, Online Webinar, December 2021
16. Nakra T., "SMAS and fat grafting to the lips" Presentation, Global Cosmetic Surgery Aesthetics Masterclass on Nose & Lips, Virtual platform, August 2021
17. Nakra T., "Browlift Pearls" Presentation, Oculoplastic Association of India, Online Webinar, January 2021
18. Nakra T., "Periorbital Contour Pearls" Presentation, Global Cosmetic Surgery Aesthetics Masterclass, Virtual platform, October 2020
19. Nakra T., "Necklift Pearls" Presentation, Global Cosmetic Surgery Aesthetics Masterclass, Virtual platform, July 2020
20. Nakra T., "Browlift Pearls" Presentation, Thomas Institute Summer Symposium, Mumbai India, June 2020
21. Nakra T., "Practice Management" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
22. Nakra T., "The Lateral Canthus" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
23. Nakra T., "Filler Technique and Safety" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
24. Nakra T., "Botox Complications and Safety" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018

25. Nakra T., "Botox Examination" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
26. Nakra T., "Endoscopic Browlift Surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
27. Nakra T., "Facelift surgery." Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017
28. Nakra T., "Orbital Decompression surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
29. Nakra T., "Lower blepharoplasty advances" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
30. Nakra T., "Live blepharoplasty and browlift surgery" (In OR live) Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
31. Nakra T., "Upper blepharoplasty with laser resurfacing" Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017
32. Nakra T., "Lateral Upper Lid Crease Approach to the Canthus, Midface and Beyond" Presentation, World Ophthalmology Congress, Guadalajara Mexico, January 2016
33. Nakra T., "Overview of Facelifting Surgery" Presentation, World Ophthalmology Congress, Guadalajara Mexico, January 2016
34. Nakra T., "Fat transfer concurrent to blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016
35. Nakra T., "3-D lower blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016
36. Nakra T., "Facelift Surgery and Fat Transfer" Presentation, OPAI Spring Cosmetic Symposium, Hyderabad, India, March 2011 (Via Skype)
37. Nakra T., "Fat Transfer" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010
38. Nakra T., "Preventing Unhappiness in Cosmetic Patients" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010
39. Nakra T., "Fat Decompression for Graves' Orbitopathy" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010 "Facelift Surgery" OPAI Annual Meeting, Mumbai, India, November 2010
40. Nakra T., "Lower Blepharoplasty is Midface Surgery" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010
41. Nakra T., "Transblepharoplasty Approaches to the midface, forehead, and orbit" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010
42. Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
43. Nakra T., "Lower Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
44. Nakra T., "Lower eyelid laxity management" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

45. Nakra T., "Upper Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
46. Nakra T., "Non-Surgical Rhinoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
47. Nakra T., "Fat Transfer to the Face" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
48. Nakra T., "Transblepharoplasty approach to the forehead and midface" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
49. Nakra T., "Live Botox and Filler Facial Injections" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
50. Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
51. Nakra T., "Recognizing Facial Asymmetry" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
52. Nakra T., "Autologous Facial Fat Transfer" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
53. Nakra T., "Lateral Canthoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
54. Nakra T., "Lower Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
55. Nakra T., "Upper Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
56. Nakra T., "Clinical Assessment of Graves' Disease" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
57. Nakra T., "Live Surgery: Ptosis Surgery" Live surgery, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
58. Nakra T., "Clinical implications of Facial Asymmetry" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
59. Nakra T., "Patients to Avoid in Cosmetic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
60. Nakra T., "Comparing Outcomes of Enucleation & Evisceration" vCutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

61. Nakra T., "Quiz on Ophthalmic Plastic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
62. Nakra T., "My Technique of Facial Fat Injection" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
63. Nakra T., "Advanced Techniques in Orbital Decompression." Presentation, Australian-Asian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007
64. Nakra T., "Minimally-invasive techniques of periorbital rejuvenation." Presentation, Australiasian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007

National

1. Goodyear K. Co-Author/Senior Author. Poster. "Curvilinear design for Improved Wound Healing in Endoscopic Browlift Surgery." AACS Annual Meeting, Palm Springs, February 2025.
2. Goodyear K. Co-Author/Senior Author. Poster. "Diplopia after Transposition Lower Blepharoplasty." AACS Annual Meeting, Palm Springs, February 2025.
3. Goodyear K. Co-Author/Senior Author. Presentation. "Orbicularis Suspension as an Adjunct to Temporal Lifting." AACS Annual Meeting, Palm Springs, February 2025.
4. Goodyear K. Co-Author/Senior Author. Presentation. "The Hemostatic Net in Oculofacial Surgery: A Simple Technique to Minimize Ecchymosis, Hematoma and Seroma." AACS Annual Meeting, Palm Springs, February 2025.
5. Goodyear K. Co-Author/Senior Author. Poster. "Finesse in Repurposing Upper and Lower Blepharoplasty Fat." AACS Annual Meeting, Palm Springs, February 2025.
6. Nakra T., "Browlift pearls", Presentation, California Cosmetic Surgery Society, San Diego, November 2024
7. Nakra T., "Lower Blepharoplasty", Presentation, California Cosmetic Surgery Society, San Diego, November 2024
8. Brown K. Co-Presenter/Senior Author "Micropigmentation for Facial and Periocular Surgical Scar Camouflage." ASOPRS Fall Meeting, Chicago, October 2024.
9. Nakra T. Presentation. Henry Baylis Award Lecture. "Henry Baylis Timeless Insights for Oculoplastic Surgeons." ASOPRS Fall Meeting, Chicago, October 2024.
10. McCoskey M. Co-Author/Senior Author. Poster. "Curvilinear design for Improved Wound Healing in Endoscopic Browlift Surgery." ASOPRS Fall Meeting, Chicago, October 2024.
11. Nakra. T. Poster. "Diplopia in Transposition Lower Blepharoplasty." ASOPRS Fall Meeting, Chicago, October 2024.

12. Brown, K. Co-Author/Senior Author. Surgical Video. "Superior Fornix and Eyelid Reconstruction for Large Bilateral Upper Eyelid Coloboma." ASOPRS Fall Meeting, Chicago, October 2024.
13. Nakra T. Presentation. "Necklifting", ASOPRS Fall Meeting, Chicago, October 2024.
14. Brown K. Co-Presenter/Senior Author. Presentation. "The Temporal Subcutaneous Browlift with Orbicularis Suspension." ASOPRS Spring Meeting, Sea Island, June 2024.
15. Brown K. Co-Author/Senior Author. Poster. "Anterior Lamella Shortening Following Upper Eyelid CO2 Laser Resurfacing." ASOPRS Spring Meeting, Sea Island, June 2024.
16. Brown K. Co-Author/Senior Author. Poster. "The Hemostatic Net in Oculofacial Surgery: A Simple Technique to Minimize Ecchymosis, Hematoma and Seroma." ASOPRS Spring Meeting, Sea Island, June 2024.
17. Brown K. Co-Author/Senior Author. Poster. "Labiomentoplasty during Genioplasty to reduce the Labiomental Groove." ASOPRS Spring Meeting, Sea Island, June 2024.
18. Nakra T. Presentation. "Blepharoplasty and Canthoplasty: Markings and Methodology." AACS Annual Meeting, New Orleans, Feb 23 2024
19. McCoskey M. Co-Presenter/Senior Author "Glabellar resection and Medial Fat Transposition" AACS Annual Meeting, New Orleans, Feb 23 2024
20. McCoskey M. Co-Presenter/Senior Author "A Case of Tear Trough Implant Neuropathy with In-Situ Contouring" AACS Annual Meeting, New Orleans, Feb 23 2024
21. McCoskey M. Co-Presenter/Senior Author "Free Glabellar Fat Grafting During Endoscopic Browlifting Surgery" AACS Annual Meeting, New Orleans, Feb 23 2024
22. Ray M et al. Co-Presenter/Senior Author "Nasal Valve Repair in Facial Paralysis - a novel technique" ASOPRS Fall Meeting, San Francisco, Nov 2, 2023
23. Nakra T. "Tragal Contouring During Facelift Surgery: A Novel Technique to Prevent Postoperative Tragal Distortion." ASOPRS Fall Meeting, San Francisco, Nov 2, 2023
24. Brown K. Co-Presenter/Senior Author "Enhancing Lower Blepharoplasty Results with a Mingled Central-Lateral Fat Pedicle." Video Presentation. ASOPRS Fall Meeting, San Francisco, Nov 2, 2023
25. Brown K. Co-Presenter/Senior Author "Modified Deep Plane Lip Lift Technique." Video Presentation. ASOPRS Fall Meeting, San Francisco, Nov 2, 2023
26. Brown K. Co-Presenter/Senior Author "Transblepharoplasty corrugator excision and medial fat pedicle transposition." Video Presentation. ASOPRS Fall Meeting, San Francisco, Nov 2, 2023
27. Nakra T., "Intro to skincare", Presentation, AAO Webinar series, November 2022
28. Nakra T. et al. "High-dose tetracycline injection for the treatment of festoons". ASOPRS Spring Meeting, Quebec City, Canada, June 2023

29. Ray M. Co-Presenter/Senior Author "A Case of Tear Trough Implant Neuropathy with In-Situ Contouring". ASOPRS Spring Meeting, Quebec City, Canada, June 2023
30. Insert ASOPRS Fall 2022 Abstracts
31. Vrcek I. Co-Presenter/ Senior Author. "Correction of severe medial ectropion using a novel osseous fixation technique." ASOPRS Spring Meeting, Greenbrier, West Virginia, May 2022
32. Reed D. Co-Presenter/ Senior Author. "The Deep Tether Platysmaplasty – Preventing recurrent Platysmal Bands." ASOPRS Spring Meeting, Greenbrier, West Virginia, May 2022
33. Reed D. Co-Presenter/ Senior Author. "Dermoscopy as a tool for analyzing lower eyelid dark circles". ASOPRS Spring Meeting, Greenbrier, West Virginia, May 2022
34. Ray M. Co-Presenter/ Senior Author. "Tetracycline for the injection and treatment of non-festoon lower eyelid edema." ASOPRS Spring Meeting, Greenbrier, West Virginia, May 2022
35. Insert Winter AACS 2022 Abstracts
36. Insert Fall ASOPRS 2021 Abstracts
37. Insert Spring ASOPRS 2021 Abstracts
38. Nakra T. "Browlift", Presentation, American Academy of Cosmetic Surgery Webinar Spotlight. June 2021
39. Nakra T., "Congenital Eyelid Malposition: Nonsurgical Management", Presentation, American Society of Pediatric Ophthalmology and Strabismus Annual Meeting, Phoenix, March 2021
40. Nakra T., "Fat Transfer and Fat Grafting to the lower eyelids" Presentation, AACS Annual Meeting, Las Vegas, February 2021
41. Reed D. & Nakra T., "Skincare Introduction", Presentation, AAO Subspecialty Day, Chicago, October 2021
42. Nakra T., "Transposition Upper Blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, September 2021
43. Nakra T., "Lower Blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, September 2021
44. Nakra T., "Lower Blepharoplasty Anatomy and Pearls" UCLA Blepharoplasty Course, Los Angeles, March 2021
45. Nakra T., "Browlift Pearls" Presentation, ASOPRS Annual Meeting, October 2020
46. Epstein A Co-Presenter/Senior Author "Choroidal Ischemia after Self-Injection of Hyaluronic Acid Filler into the Temple", Co-Presenter, Presentation, ASOPRS Annual Meeting, New Orleans, October 2020
47. Reed D. et al., "Eyelid Nocardiosis after Lower Blepharoplasty", Co-Presenter, Video Presentation, ASOPRS Annual Meeting, New Orleans, October 2020
48. Reed D. et al., "Analysis of Surgeon Gender of Upper Blepharoplasty Performed in the United States", Abstract, ASOPRS Annual Meeting, New Orleans, October 2020
49. Reed D. et al., "Evaluation of Dermoscopy As a Tool in Oculofacial Plastic Surgery", Abstract, ASOPRS Annual Meeting, New Orleans, October 2020

50. Reed D. et al., "Upper Blepharoplasty performed in the United States Stratified by Subspecialty", Abstract, ASOPRS Annual Meeting, New Orleans, October 2020
51. Watson et al, "Combination 5-Fluorouracil and Microneedling Therapy for Wound Modification: A Histologic Murine Study," Co-Presenter, Presentation, ASOPRS Annual Meeting Thesis Finalist, October 2020
52. Epstein A, Homer N, Nakra T, "Posterior Approach Upper Eyelid Weight Implantation for Paralytic Lagophthalmos" Co-Presenter, Presentation, ASOPRS Annual Meeting, Virtual, October 2020
53. Homer et al, "Inhaled Nitrous Oxide does not alter Perceived Pain and Anxiety in Experienced Facial Injection Patients" Co-presenter, Presentation, ASOPRS Annual Meeting, Virtual, October 2020
54. Epstein et al, "Acute Retrobulbar Hemorrhage after Tooth Extraction", Co-Presenter, Presentation, ASOPRS Annual Meeting, Virtual, October 2020
55. Nakra T., "Complications Cases" Presentation, AACS Annual Meeting, Orlando, February 2020
56. Nakra T., "Facelift Complications" Presentation, AACS Annual Meeting, Orlando, February 2020
57. Homer et al., "Consideration of Nasal Contour in Endoscopic Forehead Rejuvenation" Co-Presenter, Presentation, ASOPRS Annual Meeting, October 2019
58. Vrcek et al., "Histologic Evaluation of Non-visual Afferent Sensory Upper Eyelid Proprioception" Co-Presenter, ASOPRS Thesis Presentation, ASOPRS Annual Meeting, October 2019
59. Homer et al., "Optimizing Cosmetic Outcomes in the Direct Supraciliary Brow Lift" Poster, ASOPRS Annual Meeting, October 2019
60. Homer et al., "Suture Cheek Suspension Augments Periorbital Static Rehabilitation in Facial Nerve Palsy" Poster, ASOPRS Annual Meeting, October 2019
61. Homer et al., "Wound Dehiscence Following Upper Blepharoplasty: A Review of 2376 Cases" Poster, ASOPRS Annual Meeting, October 2019
62. Nakra T., "Browlift Pearls" Presentation, Eyestetica Conference, Los Angeles, March 2019
63. Nakra T., "Lower Blepharoplasty Pearls" Presentation, Eyestetica Conference, Los Angeles, March 2019
64. Nakra T., "Transposition Upper Blepharoplasty" Presentation, AACS Annual Meeting, Orlando, January 2019
65. Nakra T., "Lower Blepharoplasty Pearls and Transposition" Presentation, AACS Annual Meeting, Orlando, January 2019
66. Nakra T., "Going Green" Presentation, ASOPRS Fall Meeting, Chicago, October 2018
67. Nakra T., "Transposition Upper Blepharoplasty" Presentation, ASOPRS Fall Meeting, Chicago, October 2018
68. Huggins et al, "Potent Periorbital CO2 laser Resurfacing: Settings and Safety" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, October 2018

69. Somogyi et al, "Influence of Social Media on and Oculoplastics Surgery Practice", Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, October 2018
70. Somogyi et al, "Nine Year Review of Endoscopic Browlift Polymer Fixation Device", Co-Author, Poster, ASOPRS Fall Meeting, Chicago, October 2018
71. Nakra T., "Sub Platysmaplasty and Submandibular gland resection during Neck Lifting surgery" Presentation, ASOPRS Spring Meeting, Austin, June 2018
72. Nakra T., "Live Filler injections with a cannula" Presentation, ASOPRS Spring Meeting, Austin, June 2018
73. Nakra T., "Live Botox injections" Presentation, ASOPRS Spring Meeting, Austin, June 2018
74. Nakra T., "Live Filler injections with a cannula" Presentation, TOC Eye and Face Conference, Austin, April 2018
75. Nakra T., "Laser resurfacing during blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, April 2018
76. Nakra T., "Facelifting overview" Presentation, TOC Eye and Face Conference, Austin, April 2018
77. Nakra T., "Midface augmentation via autograft during transposition lower blepharoplasty" Presentation, AACS Annual Meeting, Las Vegas, February 2018
78. Nakra T., "Endoscopic Browlifting, Presentation, AAO Subspecialty Day, New Orleans, October 2017
79. Nakra T., "How to Increase Office Productivity" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017
80. Nakra T., "Midface augmentation via autograft during transposition lower blepharoplasty" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017
81. Nakra T. et al., "Local anesthesia medial canthoplasty via simplified trans-ethmoid fixation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
82. Somogyi M. et al., "Rates of infection following delayed closure of periorbital Mohs defects" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017
83. Schinder R., et al., "In Office Marsupialization of Lacrimal Ductular Cysts (Dacryops) Using Local Anesthesia" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017
84. Nakra T., et al., "Serpentine Soft Set Asian Eyelid Crease Formation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
85. Schinder R. et al., "Venous Malformation With Intravascular Papillary Endothelial Hyperplasia (Masson's Tumor) of the Temporalis Muscle" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
86. Nakra T., "Endoscopic Upper and Midface Lift Anatomy/Video" Presentation, UCLA Blepharoplasty Course, Los Angeles, July 2017
87. Nakra T., "Hands-on cadaveric teaching course: facelift" Live dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017
88. Nakra T., "Facelifting pearls" Live Dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017
89. Nakra T., "Contour-Oriented Approach to Lower Blepharoplasty" Presentation, Vegas Cosmetic Surgery, Las Vegas, June 2017

90. Nakra T., "Optimizing Blepharoplasty With Fat Transfer And Laser Resurfacing" Presentation, Vegas Cosmetic Surgery, Las Vegas June 2017
91. Nakra T., "Self-Inflicted and Traumatic Enucleations: Clinical Features of 20 Cases" co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, October 2016.
92. Nakra T., "Utilizing Micro Liposuction for Deprojection in Patients with Overfill" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
93. Nakra T., "Repurposing the SMAS: Uses in Lower Lid Retraction, Lip Augmentation, and Genioplasty" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
94. Nakra T., "Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
95. Schinder R. et al., "Intravenous Steroids on Admission for Children with Orbital Cellulitis" co-author ASOPRS Fall Meeting, Chicago, October 2016
96. Nakra T., "Ptosis and compensatory brow elevation in anophthalmic patients" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
97. Kotlus B. et al., "Epicanthal fold correction with nasal radix filler injections" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016
98. Schinder R. et al., "Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Blepharoptosis with Poor Levator Function – 5 Year Experience" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016
99. Durairaj V. et al., "Orbit Fracture Management: Toward a Consensus" Poster, (co author) ASOPRS Fall Meeting, Chicago, October 2016
100. Nakra T., "Cosmetic Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Chicago, October 2016
101. Comprehensive review of facial fat transfer." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
102. Nakra T., "Comprehensive lower blepharoplasty maneuvers." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
103. Silverman N et al., "Large Orbital Floor Fracture Indication for Surgery or Not?" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
104. Silverman N et al., "IgG4 Related Disease of the Punctum and Canaliculus" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
105. Schinder R. et al., "IgG4-related Orbital Disease Clinical Features of 24 Cases" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
106. Vrcek I et al., "Arnica and Bromelain for Blepharoplasty-Associated Ecchymosis" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
107. Nakra T.. "Periauricular Fixation Finesse Avoids Facelift Complications" Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
108. Nakra T., "Avoiding Skin Grafting for Cicatricial Ectropion: Direct Release, Elevation, and Fixation of Facial Ligaments" Poster, ASOPRS Fall Meeting, Las Vegas, October 2015
109. Nakra T., "Clinical Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Las Vegas, October 2015

110. Nakra T., "Avoiding Complications in Facelifts" UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2015
111. Nakra T., "Basic Facelift Maneuvers" UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2015
112. Nakra T., "Basics of Autologous Fat Transfer." Presentation, ASOPRS Spring Meeting, St. Thomas, May, 2015
113. Nakra T. "Extended Facial Rejuvenation Pearls." Presentation, Texas Cosmetic Surgery Society, Austin, April, 2015
114. Nakra T. "Central platysmaplasty with a bidirectional, barbed suture" Presentation, co-presenter, ASOPRS Fall Meeting, October 2014, Chicago
115. Nakra T. "Direct submentoplasty combined with limited incision facelift for male lower facial rejuvenation" Presentation, ASOPRS Fall Meeting, October 2014, Chicago
116. Nakra T., "Presentation of a Case" Presentation, AAO Oculofacial Plastics Subspecialty Day., Chicago, October 2014
117. Nakra T., "The Texas Hold 'Em Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2014
118. Nakra T., "Kick Facial Rejuvenation up a notch" Presentation, TOC Oculoplastics Conference, Austin, March, 2014
119. Nakra T., "3D Lower Blepharoplasty" Presentation, American Academy of Facial Plastic Surgery Meeting, San Diego, February, 2014
120. Kotlus B. et al., "Upper eyelid fractional CO2 resurfacing with incisional blepharoplasty" Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2014
121. Schwarcz R. et al., "To drain or not to drain: yet another decision in facelift management." Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
122. Nakra T., "Advances in Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2013
123. Nakra T., "Basic Facelift Maneuvers" Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2013
124. Nakra T., "Internal Cantholysis for Transconjunctival Floor Fracture Repair" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
125. Kotlus B. et al., "Upper Eyelid Fractional CO2 Resurfacing with Incisional Blepharoplasty" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
126. Nakra T., "Pearls and Pitfalls in Face Lifting Techniques" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
127. Nakra T., "Facelift Panel Discussion" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
128. Nakra T., "Patient Satisfaction with Full Face Rejuvenation Using Fat Grafting" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
129. Schinder R. et al., "Pulsatile Tinnitus as the Sole Sign or Symptom for a Cavernous Carotid Fistula" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013

130. Raifailov L. et al., "Comparison of Transcutaneous and Transconjunctival Local Anesthesia for Outpatient Eyelid Surgery" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
131. Blaydon S. and Nakra T., "Effect of rhinoplasty on the attractiveness of the eye region." Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013
132. Schwarcz R., et al., "Usage of Dorsal hump As Radix Graft During Rhinoplasty Surgery" Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013
133. Nakra T., et al., "Combining Paramedian Lower Face-Lift with Traditional SMAS Resection and Modified Corset Platysmaplasty" Poster, ASOPRS Fall Meeting, New Orleans, October 2013
134. Nakra T., "Neuropathic Pain Following poly-L-lactic acid (Sculptra) Injection" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
135. Tsai F. et al., "Custom Conformers for Orbital Growth in Microphthalmia and Anophthalmia" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012
136. Schwarcz R. et al., "Understanding the Nasofrontal Angle in Planning for Rhinoplasty Surgery" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012
137. Schwarcz R. et al., "Implementing the Power of Fat Grafting Used in Conjunction with Lower Eyelid Blepharoplasty When Other Modalities Are Just Not Enough" Presentation, Co-presenter, ASOPRS Fall Meeting, Chicago, November 2012
138. Nakra T., "Dealing with Tough Necks: Digastric Muscle Resection and Double Corset Platysmaplasty" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
139. Nakra T., "Identification and Avoidance of Common Facelift Incision-Related Complications" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
140. Nakra T., "Advanced Face-Lifting Techniques" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
141. Nakra T., "Anatomical and Surgical Foundations for Rhinoplasty" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
142. Nakra T., "Three basic key maneuvers in cosmetic rhinoplasty: septoplasty, dorsal hump reduction, and basic tip refinement" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
143. Nakra T., "Septoplasty during Dacryocystorhinostomy" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
144. Nakra T., "Upright Ptosis Surgery" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
145. Moss J. et al., "Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Poor Levator Function Ptosis" Presentation, Co-author, ASOPRS Fall Meeting, Chicago, November 2012
146. Schinder R., et al., "Vicarious Menstruation In the Orbit of a Young Woman" Poster, (co-author) Presentation, ASOPRS Fall Meeting, Chicago, October 2012
147. Nakra T., "Comprehensive Lower Blepharoplasty" Presentation, American Academy of Facial Plastic Surgery, Fall Meeting, Washington D.C., September, 2012

148. Nakra T. "Kick Facial Surgery Up A Notch with Fat Transfer" Presentation, TOC/ Seton Austin Oculoplastics Conference, Austin, March 201
149. Kotlus B et al., "Combined Dacryocystorhinostomy and Rhinoplasty" Presentation, co-presenter, ASOPRS Fall Meeting, Orlando, October 2011 114.
150. Shinder et al. "Experience with Lacrimal Intubation During DCR Using the STENTube" Presentation, (co-presenter) ASOPRS Fall Meeting, Orlando, October 2011
151. Nakra T., "Prophylactic Internal Nasal Valve Repair during Midfacial Advancement Flaps" Presentation, ASOPRS Fall Meeting, Orlando, October 2011
152. Nakra T. and Connor M., "Dorsal Hump Reduction for Flap Construction in Midfacial Mohs Defects" Presentation, ASOPRS Fall Meeting, Orlando, October 2011
153. Nakra T. and Goldberg R., "Nonsurgical Orbital Volume Expansion in Patients with Normal Vision" Presentation, ASOPRS Fall Meeting, Orlando, October 2011
154. Schinder R. et al. "Lemierre's Syndrome: A Rare Cause of Cavernous Sinus Thrombosis and Facial Nerve Palsy" Presentation,(co-presenter), ASOPRS Fall Meeting, Orlando, October 2011
155. Nakra T., "The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Orbicularis Plication." Presentation, ASOPRS Fall Meeting, Orlando, October 2011
156. Nakra T., "Trancutaneous Orbicularis Flap Lower Blepharoplasty" Presentation, ASOPRS Fall Meeting, Orlando, October 2011
157. Blaydon S., and Nakra T., "Synergy of Endoscopic Brow Lifting Surgery with Autologous Fat Transfer to the Forehead" (co-presenter) Presentation, ASOPRS Fall Meeting, Orlando, October 2011
158. Nakra T. et al., "Transoral Filler Injections to the Tear Trough and Midface" Poster, ASOPRS Fall Meeting, Orlando, October 2011
159. Nakra T. et al., "Salvage Therapy for Iatrogenic Botulinum Toxin induced Ptosis" Poster, ASOPRS Fall Meeting, Orlando, October 2011
160. Schinder R. et al., "Bilateral marked Dacryops Following Trauma: A Rare Presentation" Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011
161. Schinder R. et al., "Maxillary Sinus Acinic Cell Carcinoma with Orbital Extension" Poster,(Co-author) ASOPRS Fall Meeting, Orlando, October 2011
162. Kotlus et al., "Combined Dacryocystorhinostomy and Rhinoplasty." Presentation, Co-Author, ASOPRS Fall Meeting Orlando, October 2011 127. Schwarcz R. et al., "Cephalic Trim in Aesthetic Rhinoplasty" Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011
163. Taban M., et al., "Herring's Law Effects on Brow Position in Cases of Asymmetric Blepharoptosis." Poster, (co-author)n ASOPRS Annual Meeting, Chicago, October 2010
164. Schwarcz R. et al., "The 'Swinging Door' Approach to Caudal Septal Deviation" Poster, (co-author) ASOPRS Annual Meeting, Chicago, October 2010
165. Nakra T. et al., "A Simplified Fat Harvest and Transfer Technique" Poster, ASOPRS Annual Meeting, Chicago, October 2010

166. Schwarcz R. et al., "Nasal Tip Ptosis: the use of Hyaluronic Acid Gel Filler" Poster, (Co-author) ASOPRS Annual Meeting, Chicago, October 2010
167. Nakra T., "Update on Fat Transfer Techniques" Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011 133.
168. Nakra T., "Endoscopic Brow Lifting" Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011
169. Nakra T., "Sub-SMAS Electrocautery during Facelift Surgery" Presentation, ASOPRS Annual Meeting, Chicago, October 2010
170. Nakra T., "Basics of Rhinoplasty" Presentation, ASOPRS Annual Meeting, Chicago, October 2010
171. Nakra T., "Setting up a Oculoplastic Medical Spa" Presentation, ASOPRS Annual Meeting, Chicago, October 2010
172. Kotlus B. et al., "A Time Dependent 3-Dimensional Analysis of Saline Trials prior to HA Malar Augmentation", Presentation, ASOPRS Annual Meeting, Chicago, October 2010
173. Nakra T., "Electrocautery Sub-SMAS dissection during Rhytidectomy" Presentation, ASOPRS Annual Meeting, Chicago, October 2010
174. Nakra T., "Browlifting Techniques and Evolution" Presentation, AAO Annual Meeting Subspecialty Day, Chicago, October 2010
175. Nakra T., "Setting up a Cosmetic Practice" Presentation, AAO Annual Meeting, Chicago, October 2010
176. T., "The Evaluation of the cosmetic patient" Presentation, AAO Annual Meeting, Chicago, October 2010
177. Nakra T., "Fat Transfer during Facelift Surgery" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
178. Nakra T., "Orbital Decompression" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
179. Nakra T., "Transblepharoplasty approaches to the Orbit, Midface, and Forehead" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
180. Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, AACS Annual Meeting, Orlando, January, 2010.
181. Nakra T., "Non- incisional earlobe rejuvenation" Presentation, AACS Annual Meeting, Orlando, January, 2010.
182. Nakra T., "Effect of Blepharoplasty on eyelid and brow position" Presentation, AACS Annual Meeting, Orlando, January, 2010.
183. Nakra T., "Midface implants placed during facelift surgery" Presentation, AACS Annual Meeting, Orlando, January, 2010.
184. Nakra T., "Nasolabial fold silicone implant" Presentation, AACS Annual Meeting, Orlando, January, 2010.
185. Shore J. et al., "Ultratine Breakage" (co-author) Presentation, AACS Annual Meeting, Orlando, January, 2010.

186. Nakra T., "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. San Francisco, October 2009.
187. Nakra T., "Introduction to Cosmetic Oculoplastics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco,
188. Nakra T., "The Cosmetic Facial Examination" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009
189. Nakra T., "Cases in Cosmetics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009
190. Nakra T., "How to set up a Pure Cosmetic Practice" Presentation, AAO Fall Meeting, San Francisco, October 2009
191. Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
192. Nakra T., "Non-Surgical Rhinoplasty" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
193. Nakra T. et al., "Patient Satisfaction after Dacryocystorhinostomy" Poster, ASOPRS Fall Meeting, San Francisco, October, 2009
194. Shore J. et al., "Ultratine Breakage" Poster, (co-author) ASOPRS Fall Meeting, San Francisco, October, 2009
195. Nakra T. et al., "Custom Silicone Nasolabial fold Implants Placed Through an Intranasal Approach" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
196. Schwarcz R., et al., "The extended columella strut graft with footplates" Poster,(co author) ASOPRS Fall Meeting, San Francisco, October, 2009
197. Nakra T., "Long- Term Results of Facelifts & Rhinoplasty" Presentation, AACS Winter Meeting, Phoenix, January 2009
198. Nakra T "Large Volume Facial Fat Transfer" Presentation, ASOPRS Fall Meeting, Atlanta, November 2008
199. Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. Atlanta, November 2008
200. Nakra T "Live Blepharoplasty" Presentation, American Academy of Cosmetic Surgery Live Blepharoplasty Workshop, Henry Baylis Surgery Center, Santa Monica, July 2008
201. Nakra T "Complications of Periorbital Fillers" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.
202. Nakra T "Autologous Fat Transfer to the Face" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.
203. Mancini R., and Nakra T. "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach - Webster Research Award Lecture" Presentation, American Academy of Cosmetic Surgery Annual Meeting, Orlando, January 2008. (co presenter)

204. Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. New Orleans, November 2007
205. Nakra T "The use of the buccal fat pad in orbital reconstruction." Presentation, ASOPRS Fall meeting, New Orleans, November 2007
206. Mancini R. and Nakra T., "Uses of hyaluronic acid gel in pediatric eyelid malposition" Poster, Presentation, ASOPRS Fall Meeting, New Orleans, November 2007
207. Nakra T., et al., "Use of the buccal fat pad for vascularized volume in facial reconstruction." Poster, ASOPRS Spring meeting, June 2007
208. Nakra T "Video Presentation: Upper Blepharoplasty Techniques." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2007.
209. Nakra T "Computer-aided quantification of facial asymmetry demonstrates predictable patterns." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.
210. Nakra T "Use of the buccal fat pad for vascularized volume in facial reconstruction." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.
211. Mancini R. and Nakra T., "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007. (co-presenter)
212. Nakra T "Advanced Techniques in Orbital Decompression: the Medial and Lateral Wall." Presentation, Snowbird Symposium: Facial Reconstructive & Aesthetic Surgery. Snowbird, UT. January, 2007
213. Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Grand Rounds Specialty Lecture, Jules Stein Eye Institute, UCLA. Los Angeles, CA. January, 2007.
214. Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Lecture Series. UC Davis Department of Ophthalmology. Davis, CA. December, 2006.
215. Mancini R. and Nakra T., "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival and Sublabial Subperiosteal Release." Presentation,(co-presenter) ASOPRS Fall Meeting. Las Vegas, NV. Nov 2006.
216. Goldberg et al. "Intraconal Fat Transfer and Lower Lid Retractor Release for Treatment of Lower Eyelid Retraction and Volume Collapse in the Prominent Eye Patient." Presentation,(co-presenter) ASOPRS Fall Meeting, Las Vegas, NV. Nov 2006.
217. Nakra T "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006
218. Nakra T "Controversies in Graves Disease: Orbit and Endocrinologic Issues Facing the Ophthalmologist." Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.

219. Nakra T "The Aesthetic Facial Examination: A Systematic Approach to maximizing the Results of Blepharoplasty, Fillers, and Botulinum Toxin A." Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.
220. Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Lecture Series. Vanderbilt Eye Institute. Nashville, TN. October, 2006.
221. Nakra T "Avoiding and Managing Complications in Blepharoplasty." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.
222. Nakra T "Transconjunctival Lower Blepharoplasty and Fat Transposition Surgical Technique." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.
223. Mancini and Nakra T "An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery." Presentation,(co-presenter) ASOPRS Fall meeting, Chicago, IL. October 2005
224. Nakra T., et al., "Neuro-Ophthalmologic Implications of Ipsilateral Frontalis Muscle Recruitment in Anophthalmic Eyes." Poster, ARVO, Ft. Lauderdale, FL. May 2005
225. Mancini R., et al. "An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery." Poster,(co- author) ASOPRS Spring meeting, April 2005
226. Nakra T "Advanced Techniques in Orbital Decompression and Expansion." (Course and Skills Transfer Faculty) Presentation, AAO Annual Meeting. Chicago, IL. October, 2005.
227. Nakra T. "Lower eyelid blepharoplasty, advantages of fat transposition over traditional fat removal." Presentation,(co-presenter) AFPRS Fall meeting, Los Angeles, CA. September 2005.
228. Nakra T. "Fixation Options for the Endoscopic Forehead Lift." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Temecula, CA. July 2005.
229. Nakra T. "Outcomes of Enucleation and Evisceration" Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2005.
230. Hoenig J., Nakra T. "Minimally invasive rejuvenation of the perioral region: the oral commissure lift." Presentation, (co-presenter) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
231. Nakra T. "Options for Fixation in Forehead Lift Surgery." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, San Diego, CA. Feb 2004.
232. Nakra T et al., "Clinical Outcomes in Enucleation and Evisceration." Poster, ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
233. Goldberg R and Nakra T. et al., "A new paradigm in management of the atonic face." Poster, (co-author) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
234. Nakra T. et al., "Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery." Poster, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2004.

235. Nakra T. et al., "Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery." Poster, ARVO, Ft. Lauderdale, FL. Apr 2004.
236. Nakra T. "Metastatic Tumors to the Orbit: A Case and Review." Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2003.
237. Nakra T. and Thonar E., "Embedding the Cornea in Alginate: A Novel Method for Long-Term Corneal Storage." Poster, ARVO, Ft. Lauderdale, FL. Apr 2001
238. Nakra T. and Kurz L., "Insights into the mechanism of citrate cynthase by analyzing transitional states via NMR." Poster, 15th Enzyme Mechanisms Conference, Naples, FL. Jan 1997.

Regional

1. Nakra T. "Eyelid and Facial Anatomy" Presentation, Dell Medical School, Department of Ophthalmology Resident Lecture Series, Austin, February 2025
2. Nakra T. "Advice for Premedical Students & Intro to Oculoplastic Surgery" Presentation, The University of Texas at Austin, Caduceus Pre-Med Honors Society, February 2025.
3. Nakra T. "Aesthetic Oculoplastics" Presentation, Dell Medical School, Department of Ophthalmology Resident Lecture Series, Austin, December 2024
4. Nakra T. "Orbital Anatomy" Presentation, Dell Medical School, Department of Ophthalmology Resident Lecture Series, Austin, October 2023
5. Nakra T. "Orbital Cases" Presentation, Dell Medical School, Department of Ophthalmology Resident Lecture Series, Austin, October 2023
6. Nakra T. "Ptosis" Presentation, Austin Optometric Society Meeting, Austin, April 2018
7. Nakra T. "Ectropion and Entropion" Presentation, Austin Optometric Society Meeting, Austin, April 2018
8. Nakra T. "The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Transcutaneous Orbicularis Flap Lower Blepharoplasty" Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012
9. Nakra T. "Update in Facelift Surgery" Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012
10. Nakra T. "The Aesthetic Facial Examination" Presentation, Texas Medical Association Annual Meeting, May, 2009
11. Nakra T. "Aesthetic Facial Surgery" Presentation, Austin Optometric Society Meeting, Austin, February 2009
12. Nakra T., "What is Ophthalmology?" Presentation, Medical Explorer Post Meeting, Austin, December 2008
13. Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Diabetes & Endocrinology Rounds, Austin, October 2008
14. Nakra T. "Minimally invasive techniques in Oculoplastic Surgery" Presentation, Seminar for optometrists, Austin, October 2008

15. Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Medical Association/ Texas Ophthalmology Association Annual Meeting, San Antonio, April 2008
16. Nakra T. "Orbit & Lacrimal Diseases" Presentation, Jules Stein Eye Institute/ Doheny Eye Institute Ophthalmology Board Review Course, Los Angeles, March 2008.
17. Nakra T. "What's new in Oculoplastic Surgery." Presentation, Santa Barbara Ophthalmology Society Meeting, Santa Barbara, CA, September 2007
18. Nakra T. "Periocular Dermatology" Presentation, Annual Meeting. Los Angeles County Optometric Society. April, 2007.
19. Nakra T. "Orbital Anatomy & Physiology" Presentation, Basic & Clinical Science Lecture Series, Jules Stein Eye Institute, Los Angeles, CA. September 2005.
20. Nakra T. "Ophthalmic Anatomy and Physiology." Presentation, Ophthalmic Technician Teaching Course, Jules Stein Eye Institute, Los Angeles, August 2005
21. Nakra T. "Pediatric Cataracts" Presentation, Grand Rounds, Department of Pediatrics, Harbor-UCLA Medical Center, Los Angeles, CA. May 2005.
22. Nakra T., "Plastics Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, May 2005
23. Nakra T., "Neuro Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, February 2005
24. Nakra T., "Glaucoma Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, November 2004
25. Nakra T., "Orbital inflammatory syndrome" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, July 2004
26. Nakra T., "Plastics case presentation: Facial Palsy" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, March 2003
27. Nakra T., "Retina Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, January 2002
28. Nakra T., "Cornea Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, September 2002
29. Nakra T., "Citrate Synthase: Mechanistic Studies." Presentation, Marion S. Spector Thesis Prize Reception, Washington University, St. Louis. May 1997.
30. Nakra T and Kurz L., "Revealing catalytic strategies of citrate synthase through kinetics and thermodynamics." Poster, Howard Hughes Research Institute Symposium, Washington University, St. Louis, MO. Sep 1995.

Visiting Professorships

Keynote Speaker, Mexican Society for Oculoplastic Surgery, June 2024, Acapulco, Mexico.

Keynote Speaker, Spanish Society for Facial Plastic Surgery, November 2023, Madrid, Spain.

Keynote Speaker, Combined Armed US Forces Orbit Dissection Laboratory and Oculoplastics Course, August 2023, San Antonio, Texas.

Keynote Speaker/ Norman Shorr Lecturer, Aesthetic Blepharoplasty Course, UCLA Stein Eye Institute, July 2023, Los Angeles, CA

Keynote Speaker, Thomas Institute Summer Symposium 2020, Mumbai, India

Keynote Speaker, Eyesthetica Oculoplastics Update Conference 2019, Los Angeles, CA

Keynote Speaker, Oculoplastic Association of India 2018, Jaipur, India

Keynote Speaker, Oculoplastic Association of Colombia 2017 Quinto Congreso, Medellin, Colombia

Visiting Professor, Dept. of Ophthalmology, University of Colorado 2012 Grand Rounds, Denver, CO

Keynote Speaker, Paradigm 2010, Oculoplastic Association of India 2010, Mumbai, India

Keynote Speaker, Australasian Academy of Facial Plastic Surgery 2009 Fall Meeting, Queenstown, New Zealand

Community Service

World Pediatric Project, Oculoplastic Surgery Lead Surgeon, Service Trip, St. Vincent and the Grenadines, Feb 2024

Generation Serve, Volunteer, Austin 2014-2019

Crisp Foundation, Guatemala Surgery Service Trip, Los Angeles 2007

Buddhist Free Clinic, Volunteer, Los Angeles 2004-2007

The Next Right Thing Foundation, Facial Trauma Specialist, Los Angeles 2006-2008

Jules Stein Eye Institute, Mobile Eye Van Ophthalmology Screening, Los Angeles 2002-2005

Rush Community Service Initiatives Program 1997-2001 Steering Committee and Volunteer

