

# Anish Abrol, M.D.

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## DATE & PLACE OF BIRTH

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October 18, 1990  
Flint, MI

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## EDUCATION

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**Wayne State University School of Medicine** 2012-2016  
Detroit, MI  
Doctor of Medicine

**University of Michigan** 2008-2012  
Ann Arbor, MI  
Bachelor of Science in Neuroscience

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## POST-GRADUATE TRAINING

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**Facial Plastic and Reconstructive Surgery Fellow** 2021-Present  
Department of Otolaryngology – Head and Neck Surgery  
University of Washington, Seattle, WA

**Otolaryngology – Head and Neck Surgery Resident** 2016-2021  
Department of Otolaryngology – Head and Neck Surgery  
Case Western Reserve University/University Hospitals Cleveland Medical Center, Cleveland, OH

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## FACULTY POSITIONS

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**Acting Instructor** 2021-Present  
Department of Otolaryngology – Head and Neck Surgery  
University of Washington, Seattle, WA

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## PROFESSIONAL POSITIONS

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**Otolaryngology Acting Instructor**  
University of Washington Medical Center, Seattle, WA 2021-Present  
Harborview Medical Center, Seattle, WA 2021-Present  
Seattle Children’s Hospital, Seattle, WA 2021-Present  
VA Puget Sound Medical Center, Seattle, WA 2021-Present

**Attending Otolaryngologist**  
Valley Medical Center, Renton, WA 2021-Present

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## LICENSES TO PRACTICE

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State of Texas Medical License Active  
State of Washington Medical License Active  
State of Ohio Medical License Inactive

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## HONORS/AWARDS

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Magna Cum Laude, University of Michigan 2012

James B. Angell Scholar, University of Michigan  
Michigan Regents Scholar, University of Michigan

2008-2012  
2008

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### PROFESSIONAL ACTIVITIES & MEMBERSHIPS

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Member of American Academy of Facial Plastic and Reconstructive Surgery	2019-Present
Member of American Academy of Otolaryngology – Head and Neck Surgery	2016-Present
Residency program representative for AAO-HNS Section for Residents and Fellows	2018-2021
Class representative for the Program and Education Committee in the University Hospitals	
Department of Otolaryngology – Head & Neck Surgery	2017-2021

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### BIBLIOGRAPHY

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1. **Abrol A**, Bly R, Sie KCY, Bhrany AD. *Contemporary Management of Microtia*. Facial Plastic Surgery. 2022 May 17.
2. **Abrol A**, Lu GN. *Nuances of Septal Deviation Repair*. Facial Plastic Surgery.
3. Sawaf T, Quereshy H, Cabrera C, **Abrol A**, Tamaki A, Thuener J, Li S. *Incidence of Synchronous Malignancies Found During Triple Endoscopy in Head and Neck Cancer*. American Journal of Otolaryngology.
4. Sauer A, **Abrol A**, Cabrera CI, Shah J. *A Pediatric Lateral Submental Mass: A Rare Presentation of Dermoid Cyst*. Ear Nose Throat J. 2021 May 25;102(5):455-457. DOI: 10.1177/0003489420962132.
5. Cheng OT, Stein AP, Babajanian E, Hoppe KR, Li S, Jung H, **Abrol A**, Akkus A, Younesi M, Altawallbeh G, Ghannoum M, Bonfield T, Akkus O, Zender CA. *Heparin-mediated Antibiotic Delivery from an Electrochemically-aligned Collagen Sheet*. Biomedical Material and Engineering. 2021 March 23. DOI: 10.3233/BME-201133.
6. Richardson C, **Abrol A**, Cabrera CI, Goldstein J, Maronian N, Rodriguez K, D'Anza B. *The Power of a Checklist: Decrease in Emergency Department Epistaxis Transfers after Clinical Care Pathway Implementation*. American Journal of Otolaryngology. 2021 Jan 29;42(4):1029-1031. DOI: 10.1016/j.amjoto.2021.102941.
7. Ruthberg J, **Abrol A**, Howard NS. *Recurrent Hemoptysis: A Bronchial Dieulafoy's Lesion in a Pediatric Patient*. Annals of Otolaryngology, Rhinology, and Laryngology. 2020 Oct 7; 129(10):2096-2100. DOI: 10.1177/0003489420962132.
8. Richardson C, **Abrol A**, Hamill CS, Maronian N, Rodriguez K, D'Anza B. *Improving Efficiency in Epistaxis Transfers in a Large Health System: Analyzing Emergency Department Treatment Variability as Pretext for a Clinical Care Pathway*. American Journal of Otolaryngology. 2019, Jul-Aug;40(4):530-535.
9. **Abrol A**, Smith MM, Ko A. *Unusually Large Pilomatrixoma in the Neck*. Annals of Otolaryngology and Rhinology. 2015, Sept;124(9):1065.
10. Smith MM, **Abrol A**, Gardner GM. *Assessing Delays in Laryngeal Cancer Treatment*. Laryngoscope. 2016, Jul;126(7):1612-5.

11. Shaigany, K, **Abrol, A**, Svider, PF, Eloy, JA, Carron, MA, Lin, HS, Folbe, AJ. *Recreational Motor Vehicle Use and Facial Trauma*. Laryngoscope. 2016, Jan;126(1):67-72.

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**SELECTED PRESENTATIONS & INVITED FACULTY LECTURES**

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1. **Abrol A**. *Facial Analysis*. Invited faculty lecture at University of Washington Facial Plastic Surgery Course, Seattle, WA. November 2021.
2. **Abrol A**, Bhamra P. *Facial Reanimation*. Presentation for DeckerMed.
3. **Abrol A**. *Management of Microtia*. Lecture at University Hospitals Department of Otolaryngology – Head & Neck Surgery Grand Rounds Lecture Series, Cleveland, OH. October 2020.
4. **Abrol A**, Frankel J. *Autologous Fat Transfer in a Patient with Progressive Hemifacial Atrophy*. Poster presentation at 2020 AAFPRS Meeting. (Virtual due to COVID-19 Pandemic).
5. **Abrol A**, Szelestey B. *Management of Recurrent Head and Neck Cancer*. Lecture at University Hospitals Department of Otolaryngology – Head & Neck Surgery Grand Rounds Lecture Series, Cleveland, OH. December 2019.
6. **Abrol A**. *Development of In Vivo Infectious Animal Model for Head and Neck Hardware*. Podium Presentation at Case Western Reserve University/University Hospitals Department of Otolaryngology – Head & Neck Surgery Annual Research Day Cleveland, OH. June 2019.
7. Stein AP, **Abrol A**, Hoppe KR, Tamaki A, Rezaee RP, Maronian NC. *Development of Joint Commission compliant difficult airway carts with predominantly disposable equipment*. Case Western Reserve University/University Hospitals Department of Otolaryngology – Head & Neck Surgery Annual Research Day Cleveland, OH. Poster Presentation. June 2019.
8. Stein AP, **Abrol A**, Hoppe KR, Tamaki A, Rezaee RP, Maronian NC. *Development of Joint Commission compliant difficult airway carts with predominantly disposable equipment*. ABEA Annual Meeting. Austin, TX. Poster Presentation. May 2019.
9. Stein AP, **Abrol A**, Hoppe KR, Tamaki A, Rezaee RP, Maronian NC. *Development of Joint Commission compliant difficult airway carts with predominantly disposable equipment*. Three Rivers Otolaryngology Update. Pittsburgh, PA. Oral Presentation. March 2019.
10. **Abrol A**. *Workup and Management of Pediatric Inflammatory Adenopathy*. Lecture at University Hospitals Department of Otolaryngology – Head & Neck Surgery Grand Rounds Lecture Series, Cleveland, OH. February 2019
11. **Abrol A**. *Tracheostomy and Surgical Airway Management*. Lecture at Case Western Reserve University Department of Oral Maxillofacial Surgery Grand Rounds, Cleveland, OH. August 2018.
12. **Abrol A**, Richardson C, D'Anza B. *Management of Epistaxis: Implementation of a Clinical Care Pathway in the ED*. Lecture at University Hospitals Department of Emergency Medicine Grand Rounds, Cleveland, OH. July 2018.

13. **Abrol A.** *Introduction to ENT: The Ear.* Lecture at the Cleveland Neuroscientists' and Innovators' Program, Cleveland, OH. July 2018.
14. Richardson C, **Abrol A**, Rodriguez K, Maronian N, D'Anza B. *Improving Efficiency in Epistaxis Management in a Large Health System: Analyzing Emergency Department Treatment Variability as a Pretext for a Clinical Care Pathway.* Poster presentation at Combined Otolaryngology Spring Meetings, Chicago, IL. April 2018.
15. Yong V, Ascha M, Awan M, **Abrol A**, Lavertu P, Rezaee R, Min Y, Fowler N, Teknos T, Zender C. *Interpreting Intermediate Post-Treatment PET/CT Results in Patients with Head and Neck Squamous Cell Carcinoma.* Poster presentation at Combined Otolaryngology Spring Meetings, Chicago, IL. April 2018.
16. **Abrol A.** *Management of Frontal Sinus Fractures.* Lecture at University Hospitals Department of Otolaryngology – Head and Neck Surgery Grand Round Lecture Series, Cleveland, OH. April 2018.
17. Smith MM, **Abrol A**, Gardner GM. *Laryngeal Cancer: Have We Improved in Screening, Diagnosing, and Time to Treatment?* Podium presentation at Combined Otolaryngology Spring Meetings – American Laryngeal Association, Boston, MA. April 2015.
18. Sundblad JJ, **Abrol A**, Vaidya R, Dougherty P. *Extra-Articular Gunshot Wounds to the Tibia and Fibula.* Poster presentation at Mid-America Orthopaedic Association Annual Meeting, Hilton Head, SC. April 2015.
19. Sundblad JJ, **Abrol A**, Vaidya R, Dougherty P. *Extra-Articular Gunshot Wounds to the Tibia and Fibula.* Podium presentation at DMC/Providence Orthopaedic Research Symposium. June 2014.

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## REFERENCES

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### **Amit Bhrany, MD**

Director, Facial Plastic and Reconstructive Surgery Fellowship  
Department of Otolaryngology – Head and Neck Surgery  
University of Washington, Seattle, WA  
[abhrany@uw.edu](mailto:abhrany@uw.edu)

### **Kris Moe, MD**

Chief, Division of Facial Plastic and Reconstructive Surgery  
Department of Otolaryngology – Head and Neck Surgery  
University of Washington, Seattle, WA  
[krisroe@uw.edu](mailto:krisroe@uw.edu)

### **Nicole Maronian, MD**

Chair  
Department of Otolaryngology – Head and Neck Surgery  
University Hospitals Cleveland Medical Center, Cleveland, OH  
[nicole.maronian@uhhospitals.org](mailto:nicole.maronian@uhhospitals.org)

### **David Stepnick, MD**

Chair

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MetroHealth Medical Center, Cleveland, OH  
[dstepnick@metrohealth.org](mailto:dstepnick@metrohealth.org)