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TOC Eye and Face
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Education

M.D. 2001, Rush Medical College, Chicago, IL

B.A., Biology Honors (Magna Cum Laude) 1997, Washington University in St. Louis, MO

Postgraduate Training

Fellowship, General Cosmetic Surgery 2007-2008 Ronald Strahan, M.D., Los Angeles, CA

Fellowship, Facial Cosmetic Surgery (AACCS Certified) 2005-2007 UCLA Stein Eye Institute, Los Angeles, CA

Fellowship, Orbitofacial Surgery (ASOPRS certified) 2005-2007 UCLA Stein Eye Institute, Los Angeles, CA

Residency, Ophthalmology 2002-2005 UCLA, Los Angeles, CA

Internship, Transitional 2001-2002 St. Francis Hospital, Evanston, IL

Licensure

State of California, A83435, Exp. 03/31/2023

State of Texas, M8202, Exp. 08/31/2024

State of Illinois, 2001-2002 (expired)

Board Certification

American Board of Facial Cosmetic Surgery, 2015, exp. 2025

American Board of Cosmetic Surgery, 2010, exp. 2030

American Board of Ophthalmology, 2008, exp. 2028

USMLE Step 3, 1999

USMLE Step 2, 2001

USMLE Step 1, 2002

Academic and Leadership Appointments

Adjunct Clinical Faculty, The University of Texas at Austin, Dell Medical School, Department of Ophthalmology 2019-present

Fellowship Director 2016-current American Academy of Cosmetic Surgery (AACS)

Medical Director 2013-current TOC Medical Spa, Austin

Fellowship Preceptor 2009-current American Society of Ophthalmic Plastic and Reconstructive Surgery

Physician I.T. Director 2009-current TOC Eye and Face, Austin

Expert Reviewer 2018 Texas Medical Board, Austin

Treasurer 2016-2018 American Board of Facial Cosmetic Surgery, Chicago

Board of Directors 2017-2018 American Board of Facial Cosmetic Surgery, Chicago

Physician Aesthetic Coalition Liaison, 2016-2018 American Society of Ophthalmic Plastic Surgery (ASOPRS)

Compliance Officer 2011-2016 TOC Eye and Face, Austin

Board of Directors 2010-2016 Cosmetic Surgery Foundation, Chicago

Associate Physician Diplomate 2007-2008 UCLA Stein Eye Institute, Los Angeles

Visiting Assistant Professor 2005-2007 UCLA Stein Eye Institute, Los Angeles

Clinical Instructor 2005-2007 David Geffen School of Medicine, UCLA, Los Angeles

Clinical Instructor 2005-2007 MLK/King Drew Medical Center, Los Angeles

Other Relevant Employment and Clinical Activities

Co-Founder, Global Cosmetic Surgery (International Webinar Platform) 2020-present

Co-Founder and Head of Product 2009-current Global Beauty Science LLC, Austin

Private Practice 2008-current TOC Eye and Face, Austin TX

Oculoplastic Surgery Consultant 2007-2008 Sansum Clinic, Santa Barbara, CA

Oculoplastic Surgery Consultant 2007-2008 MLK/Drew Physician Group, Los Angeles, CA

Oculoplastic Surgery Consultant 2007-2008 Dougherty Laser Vision, Camarillo, CA

Honors and Awards

1. Castle Connolly Top Doctor 2021
2. Texas Monthly Top Doctor 2021
3. Merrill Reeh Pathology Award, Journal of the American Society of Ophthalmic Plastic & Reconstructive Surgery 2020
4. Marvin Quickert Thesis Prize, (PI for Alison Huggins Watson) American Society of Ophthalmic Plastic & Reconstructive Surgery 2020
5. Austin Monthly Top Doctor 2020
6. Castle Connolly Top Doctor 2020
7. Texas Monthly Top Doctor 2019
8. Austin Monthly Top Doctor 2019
9. Castle Connolly Top Doctor 2019
10. Texas Monthly Top Doctor 2018
11. Austin Monthly Top Doctor 2018
12. Castle Connolly Top Doctor 2018
13. Texas Monthly Top Doctor 2017
14. Austin Monthly Top Doctor 2017
15. Castle Connolly Top Doctor 2017

16. Texas Monthly Top Doctor 2016
17. Austin Monthly Top Doctor 2016
18. Castle Connolly Top Doctor 2016
19. Texas Monthly Top Doctor 2015
20. Austin Monthly Top Doctor 2015
21. Castle Connolly Top Doctor 2015
22. Texas Monthly Top Doctor 2014
23. Austin Monthly Top Doctor 2014
24. Castle Connolly Top Doctor 2014
25. Achievement Award, American Academy of Ophthalmology 2013
26. Texas Monthly Top Doctor 2013
27. Austin Monthly Top Doctor 2013
28. Castle Connolly Top Doctor 2013
29. Texas Monthly Top Doctor 2012
30. Austin Monthly Top Doctor 2012
31. Castle Connolly Top Doctor 2012
32. Webster Research Award, American Academy of Cosmetic Surgery 2008
33. Listed in 62nd Marquis Who's Who in America 2008
34. Fellow of the Year Award, King Drew Dept. of Ophthalmology 2007
35. Fellow Teaching Award, UCLA 2007
36. Award for Clinical Research by a Fellow, UCLA 2007
37. Resident Surgery Award, UCLA Jules Stein Eye Institute 2005
38. Alpha Omega Alpha, Rush Medical College 2001
39. Alpha Omega Alpha, Student Research Fellowship Award 2000
40. Rush Medical College Dean's Research Fellowship 1999
41. Elliott Honors 1997, Washington University in St. Louis
42. Marion Spector Biology Thesis Prize 1997, Washington University in St. Louis
43. Golden Key National Honors Society 1997

44. Alpha Epsilon Delta, National Pre-Medical Honors Society 1997
45. Omicron Delta Kappa, National Leadership Honor Society 1997
46. Nature Undergraduate, featured selection 1997
47. First Place Poster 1996 Howard Hughes Medical Institute Research Symposium, Washington University in St. Louis
48. National Merit Scholarship 1993-1997
49. Missouri "Bright Flight" Scholarship 1993-1997
50. Fine Arts Prize, St. Louis Priory High School Commencement 1993
51. Captain, T.E.A.M.S. Competition, 2nd Place U.S.A., 1993 St. Louis Priory H.S.
52. National A.P. Scholar 1993

Professional Memberships and Activities with Leadership Positions

- Fellowship Director, American Academy of Cosmetic Surgery 2015-current
- Fellow, American College of Surgeons 2012-current
- Fellow, American Academy of Cosmetic Surgery 2008-current
- Board Member, Cosmetic Surgery Foundation 2009-2017
- Member, Travis County Medical Society 2008-current
- Member, Austin Ophthalmological Society 2008-current President, 2009
- Fellow, American Academy of Ophthalmology 2002-current
- Member, American Medical Association 2001-current

Educational Activities

Educational Administration and Leadership

- Director, Fellowship in Facial Cosmetic Surgery 2017-current, American Academy of Cosmetic Surgery
- Preceptor, Fellowship in Ophthalmic Plastic and Orbital Surgery 2007-current, American Society of Ophthalmic Plastic & Reconstructive Surgery
- Member, Ophthalmology Resident Selection Committee 2006-2007, UCLA Stein Eye Institute, Los Angeles

Founder & Administrator, Ophthalmology Journal Club 2001-2002, St. Francis Hospital, Evanston IL

Member, Committee on Senior Faculty Appointments & Promotions 1997-2001, Rush University, Chicago IL

Founder & Administrator, Rush Med. Psychiatry Interest Group 1998, Rush Medical College, Chicago IL

Founder & Administrator, Rush Med. Applicant Hosting Program 1997, Rush Medical College, Chicago IL

Teaching Activities

Program Co-Director, Aesthetics Masterclass Deep Dive International Webinar, Sept 2022, Global Beauty Science & American Academy of Cosmetic Surgery

Program Co-Director, Aesthetics Masterclass: Hair Talks International Webinar, Jan 2022, Global Beauty Science

Program Director, TOC Eye and Face Conference 2021 TOC Eye and Face & UT Dell Medical School

Program Co-Director, Aesthetics Masterclass: Nose and Lips International Webinar, Aug 2021, Global Beauty Science

Program Co-Director, Aesthetics Masterclass: Upper Face International Webinar, Oct 2020, Global Beauty Science

Program Co-Director, Aesthetics Masterclass International Webinar, July 2020, Global Beauty Science

Program Director, TOC Eye and Face Conference 2018 TOC Eye and Face & UT Dell Medical School

Program Director, TOC Eye and Face Conference 2016 TOC Eye and Face & Seton Hospital, Austin

Course Director, 2016 Broadening Our Scope: Advanced Facial Aesthetic Surgery, World Ophthalmology Congress, Guadalajara

Program Director, Austin Oculoplastics Conference 2014 Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "Introduction to Rhinoplasty" 2012 ASOPRS Fall Meeting, New Orleans

Program Director, Comprehensive Facial Surgery Conference 2012 Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "Introduction to Rhinoplasty" 2011 ASOPRS Fall Meeting, Chicago

Course Director, "Introduction to Rhinoplasty" 2010 ASOPRS Fall Meeting, Chicago

Course Director, "The Cosmetic Facial Exam" 2010 AAO Fall Meeting, Chicago

Program Director, Comprehensive Facial Surgery Conference 2010 Texas Oculoplastic Consultants & Seton Hospital, Austin

Course Director, "The Cosmetic Facial Exam" 2009 AAO Fall Meeting, San Francisco

Course Director, "The Cosmetic Facial Exam" 2008 AAO Fall Meeting, Atlanta

Course Director, "The Cosmetic Facial Exam" 2007 AAO Fall Meeting, Las Vegas

Course Director, "The Cosmetic Facial Exam" 2006 AAO Fall Meeting, New Orleans

Course Co-Director, "Controversies in Graves' Disease" 2006 AAO Fall Meeting, New Orleans

Advising and Mentoring

Residents and Fellows

1. Karen Brown, M.D. 2022-2024 TOC Eye and Face, current combined ASOPRS and AACS Fellow
2. Monica Ray, M.D. 2021-2023 TOC Eye and Face, current combined ASOPRS and AACS Fellow
3. Donovan Reed, M.D. 2020-2022 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Lackland Air Force/Joint Base, San Antonio, TX
4. Aliza Epstein, M.D. 2019-2021 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Private Practice, Ft. Lauderdale, FL
5. Natalie Homer, M.D. 2018-2020 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Assistant Professor of Ophthalmology, Stanford

Medical School, Palo Alto, CA

6. Alison Huggins, M.D. 2017-2019 TOC Eye and Face, combined ASOPRS and AACS Fellow, Current position: Assistant Professor of Ophthalmology, Wills Eye Hospital, Thomas Jefferson Medical School, Philadelphia PA
7. Tommy Kandl, M.D. 2018 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Savannah, GA
8. Marie Somogyi, M.D. 2016-2018 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Private Practice, Austin TX
9. Omar Ozgur, M.D. 2016 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Mission Viejo, CA
10. Ivan Vrcek, M.D. 2015-2017 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Private Practice in Dallas, TX
11. Emily Bratton, M.D. 2015-2016 TOC Eye and Face, combined ASOPRS and AACS Fellowship, Current position: Attending Surgeon, TOC Eye and Face, Austin TX
12. Bradley Thuro, M.D. 2015 MD Anderson Cancer Center, Fellowship, Current position: Assistant Professor, WVU Medical Center, Morgantown, WV
13. Eva Chou, M.D. 2013-2015 TOC Eye and Face, ASOPRS Fellowship, Current position: Walter Reed National Military Medical Center, Bethesda MD
14. Vivian Yin, M.D. 2014 MD Anderson Cancer Center, International Fellowship, Current position: Assistant Professor, Sloan Kettering Cancer Center, NYC
15. Natalie Stanciu, M.D., TOC Eye and Face 2011-2013 TOC Eye and Face, ASOPRS Fellowship, Current position: Private Practice in Austin, TX
16. Tarek El-Sawy, M.D., Ph.D. 2012 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Bay Area, CA
17. Michael Connor, M.D., 2009-2011 TOC Eye and Face, ASOPRS Fellowship, Current position: Private Practice in Jupiter, FL
18. Qasim Nasser, M.D. 2011 MD Anderson Cancer Center, International Fellowship, Current position: Consultant, Moorsfield Eye Hospital, Dubai
19. Roman Shinder, M.D. 2010 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Associate Professor, SUNY Downstate Medical Center, NYC
20. Aaron Savar, M.D. 2009 MD Anderson Cancer Center, ASOPRS Fellowship, Current position: Private Practice in Beverly Hills, CA
21. Mehryar Taban, M.D., 2008 UCLA Stein Eye Institute, ASOPRS Oculoplastics Fellowship, Current position: Private Practice in Beverly Hills, CA
22. Benjamin Burt, M.D., 2008 UCLA Stein Eye Institute, International Oculoplastics Fellowship, Current position: Private Practice in Melbourne, Australia

Other Active Research Activities

Contributing/Primary Investigator, Porcine model of wound healing: multidimensional interventions for augmented healing, TOC Eye and Face in collaboration with the Department of Defense. 2020-current

Primary Investigator, Murine prospective clinical trial of 5FU+microneedling for postoperative cutaneous scar reduction, TOC Eye and Face in collaboration with The University of Texas at Austin. 2017-current

Primary Investigator, Electron microscopic analysis of afferent sensory receptors in human eyelid Mueller's muscle, TOC Eye and Face in collaboration with the Austrian Academy of the Sciences. 2015-current

Publications

Peer-reviewed publications

1. Watson AH, Van Brummen A, Somogyi MB, Homer N, **Nakra T**. Potent Periorbital Fractionated CO2 Laser Resurfacing. *Dermatol Surg*. 2022 Aug 9.
2. Burroughs J, **Nakra T**, Rootman DB, Scott G, Wulc A, Woodward AJ. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Jul-Aug 01;38(4):411-413.
3. Homer NA, Hanafy MS, Baer SC, Watson AH, Somogyi M, Shore JW, Blaydon S, Durairaj VD, Cui Z, **Nakra T**. 5-Fluorouracil with Microneedling Modulates Wound Healing in a Murine Model: An Immunohistochemical Analysis of Mechanism and Dose Efficacy. *Ophthalmic Plast Reconstr Surg*. 2022 May 20.
4. Vrcek I, Seamont D, Zapletal A, Somogyi M, Watson AH, **Nakra T**. Correction of severe medial ectropion using a novel osseous fixation technique. *Orbit*. 2022 May 16:1-4.
5. Homer, N.A., Karlin, J., Watson, A.H., Somogyi, M., Bratton, E., Goldberg, R.A. and **Nakra T.**, 2 May 2022. Suture Cheek Suspension Augments Periorbital Aesthetic Rehabilitation in Facial Nerve Palsy. *The American Journal of Cosmetic Surgery*
6. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 May-Jun 01;38(3):310-312.
7. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Mar-Apr 01;38(2):214-216.
8. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2022 Jan-Feb 01;38(1):90-91.
9. Reed DS, **Nakra T**. Re: "Transconjunctival lower eyelid blepharoplasty with fat transposition above the orbicularis muscle for improvement of the tear trough

- deformity". *J Cosmet Dermatol*. 2022 Aug;21(8):3611-3612.
10. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Nov-Dec 01;37(6):604-606.
 11. Gupta N, Epstein A, Reed D, Homer N, Blaydon S, Alford J, **Nakra T**. Acute retrobulbar hemorrhage after tooth extraction: Case report and treatment of a rare condition. *Spec Care Dentist*. 2022 May;42(3):304-307.
 12. Burroughs J, Hwang CJ, **Nakra T**, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Sep-Oct 01;37(5):506-508.
 13. Burroughs J, Hwang CJ, Rootman DB, **Nakra T**, Woodward J, Wulc A. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 May-Jun 01;37(3):300-302.
 14. Homer NA, Patel AS, Epstein A, Durairaj VD, **Nakra T**. Autologous Fat Transfer Harvest-site Complications: Incidence, Risk Factors, and Management. *Ophthalmic Plast Reconstr Surg*. 2022 Jan-Feb 01;38(1):65-67.
 15. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Mar-Apr 01;37(2):194-196.
 16. Burroughs J, Hwang CJ, **Nakra T**, Rootman DB, Wulc A, Woodward J. Aesthetic Abstracts. *Ophthalmic Plast Reconstr Surg*. 2021 Jan-Feb 01;37(1):99-101.
 17. Watson AH, Somogyi M, **Nakra T**. Reply re: "Transposition Upper Blepharoplasty With Orbital Retaining Ligament Release". *Ophthalmic Plast Reconstr Surg*. 2020 Sep/Oct;36(5):517.
 18. Homer NA, Zhou S, Watson AH, Durairaj VD, **Nakra T**. Wound Dehiscence Following Upper Blepharoplasty: A Review of 2,376 Cases. *Ophthalmic Plast Reconstr Surg*. 2021 May-Jun 01;37(3S):S66-S69.
 19. Homer NA, Elwood K, Watson AH, Somogyi M, **Nakra T**, Blaydon S. Consideration of Nasal Contour in Endoscopic Forehead Rejuvenation. *Facial Plast Surg Aesthet Med*. 2021 Mar-Apr;23(2):98-102.
 20. Watson AH, Homer N, Somogyi M, Shore J, **Nakra T**. Pedicled Buccal Fat Flap: An Underutilized Source of Vascularized Periorbital Volume. *Facial Plast Surg Aesthet Med*. 2020 Jan/Feb;22(1):61-63.
 21. Epstein A, Homer N, Watson A, **Nakra T**, Bratton E, Somogyi M. Female Cosmetic Surgeons: Past and Present Perspectives. *The American Journal of Cosmetic Surgery*. 2021;38(3):129-133.
 22. Homer NA, Zhou S, Watson AH, **Nakra T**. Nuances of the Direct Brow Lift: Oculoplastic Surgeons' Perspective. *The American Journal of Cosmetic Surgery*. 2021;38(1):5-10.
 23. Vrcek I, Blumer R, Blandford A, Somogyi M, Durairaj V, Blaydon S, Shore J, Amato M, **Nakra T**. Histologic Evaluation of Nonvisual Afferent Sensory Upper Eyelid Proprioception. *Ophthalmic Plast Reconstr Surg*. 2020 Jan/Feb;36(1):7-12.
 24. Homer N, Huggins A, **Nakra T**. Re: "The Sutureless Mullerectomy". *Ophthalmic Plast Reconstr Surg*. 2019 Nov/Dec;35(6):631.
 25. Huggins AB, Somogyi MB, Vrcek I, **Nakra T**. Soft-Set Serpentine Eyelid Crease Formation. *The American Journal of Cosmetic Surgery*. 2019;36(4):203-206.
 26. Homer N, **Nakra T**, Wong RW. Uncovered Undulations. *JAMA Ophthalmol*. 2019 Oct 1;137(10):1207-1208.

27. Huggins A, Somogyi M, **Nakra T**. Pedicled Fat Transposition vs Free-Fat Grafting for Lower Blepharoplasty With Volume Preservation. *JAMA Facial Plast Surg*. 2019 Sep 1;21(5):463-464.
28. Huggins A, Somogyi M, **Nakra T**. Transposition Upper Blepharoplasty With Orbital Retaining Ligament Release. *Ophthalmic Plast Reconstr Surg*. 2019 Sep/Oct;35(5):509-512. doi: 10.1097/IOP.0000000000001393. PMID: 31116145.
29. Vrcek I, Wotipka E, Somogyi M, **Nakra T**. Rapid and complete vision loss due to idiopathic orbital inflammation with partial recovery following orbital decompression. *Proceedings (Baylor University Medical Center)*. 2018;31(3):372-374.
30. Seamont D, Vrcek I, **Nakra T**, Mancini R. Arnica and Bromelain for Blepharoplasty-Associated Ecchymosis. *The American Journal of Cosmetic Surgery*. 2018;35(3):130-134.
31. Chou E, Liu J, Seaworth C, Furst M, Amato MA, Blaydon SM, Durairaj VD, **Nakra T**, Shore JW. Comparison of Revision Rates of Anterior- and Posterior-Approach Ptosis Surgery: A Retrospective Review of 1519 Cases. *Ophthalmic Plastic and Reconstructive Surgery*. 34(3):246–253, May 2018
32. Lyons LJ, Vrcek I, Somogyi M, **Nakra T**. Natural killer/T-cell lymphoma invading the orbit and globe. *Proceedings (Baylor University Medical Center)*. 2017;30(4): 447-449.
33. Bealka PJ, Somogyi M, **Nakra T**. Re: Conjunctiva-Sparing Posterior Ptosis Surgery: A Novel Approach. *Ophthalmic Plast Reconstr Surg*. 2017 Sep/Oct;33(5):392.
34. Silverman N, Spindle J, Tang SX, Wu A, Hong BK, Shore JW, Wester S, Levin F, Connor M, Burt B, **Nakra T**, Shepler T, Hink E, El-Sawy T, Shinder R. (2017) Orbital floor fracture with entrapment: Imaging and clinical correlations in 45 cases, *Orbit*, 36:5, 331-336
35. Vrcek I, Somogyi M, **Nakra T**. Optimizing Injection Technique to Minimize Ecchymosis in Upper Blepharoplasty. *JAMA Facial Plast Surg*. 2017;19(4):339.
36. Shinder R, Wu A, Mehendale RA, Tang SX, Nasser QJ, Chou E, Sniegowski MC, Janda A, Shepler TR, Blaydon SM, **Nakra T**. Lacrimal intubation during dacryocystorhinostomy utilizing the STENTube. *Orbit*. 2017 Feb;36(1):6-12.
37. **Nakra T**, Modjtahedi S, Vrcek I, Mancini R, Saulny S, Goldberg RA. The effect of upper eyelid blepharoplasty on eyelid and brow position. *Orbit*. 2016 Dec;35(6): 324-327.
38. Vrcek I, Ozgur O, **Nakra T**. Infraorbital Dark Circles: A Review of the Pathogenesis, Evaluation and Treatment. *J Cutan Aesthet Surg*. 2016 Apr-Jun;9(2):65-72.
39. Vrcek I, Ben Simon G, McCann J, Goldberg RA, **Nakra T**. Re: "Proprioceptive Phenomenon With Involutional Ptosis: Evidential Findings in Anophthalmic Ptosis". *Ophthalmic Plast Reconstr Surg*. 2016 Jan-Feb;32(1):69.
40. Kotlus BS, Schwarcz RM, **Nakra T**. Upper Eyelid Fractional CO2 Laser Resurfacing with Incisional Blepharoplasty. *Ophthalmic Plast Reconstr Surg*. 2016 Jul-Aug;32(4): 267-9.

41. **Nakra T.** Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation. *JAMA Facial Plast Surg.* 2015 Sep-Oct;17(5):374-81.
42. Vrcek I, El-Sawy T, Chou E, Allen T, **Nakra T.** Neuropathic Pain Following Poly-L Lactic Acid (Sculptra) Injection. *Ophthal Plast Reconstr Surg.* 2015 Jun 23.
43. Yin VT, Chou E, **Nakra T.** The transeyelid midface lift. *Clin Plast Surg.* 2015 Jan; 42(1):95-101.
44. Stanciu NA, **Nakra T.** Revision Blepharoplasty. *Clin Plast Surg.* 2013 Jan;40(1): 179-89.
45. Elmann S, Pointdujour R, Blaydon S, **Nakra T,** Connor M, Mukhopadhyay C, Levin F, Schwarcz R, Shepler T, Shore JW, Wladis EJ, Shinder R. Periocular abscesses following brow epilation. *Ophthal Plast Reconstr Surg.* 2012 Nov-Dec;28(6):434-7.
46. Dastgir G, Gutman J, **Nakra T,** Shinder R. Indications for orbital imaging by the oculoplastic surgeon. *Ophthal Plast Reconstr Surg.* 2011 Nov;27(6):469; author reply 469-70.
47. Shinder R, Gutman J, Gunasekera CD, Connor M, **Nakra T.** Occult orbital organic foreign body. *Ophthal Plast Reconstr Surg.* 2011 Nov;27(6):463-4.
48. **Nakra T,** Blaydon S, Shepler T, Nasser QJ, Mukhopadhyay C, Shinder R. Intubation of the ostium and nasolacrimal duct with a single self-linking silicone stent in external dacryocystorhinostomy. *Ophthal Plast Reconstr Surg.* 2011 Sep-Oct;27(5):394; author reply 395
49. Nasser QJ, Blaydon SM, Connor MA, **Nakra T,** Shepler TR, Neuhaus RW, Shore JW. Comparison of the exposure rate of wrapped hydroxyapatite (Bio-Eye) versus unwrapped porous polyethylene (Medpor) orbital implants in enucleated patients. *Ophthal Plast Reconstr Surg.* 2011 Sep-Oct;27(5):391; author reply 391-2.
50. **Nakra T,** Blaydon SM, Durairaj VD, Shinder R. Congenital upper eyelid ectopic cilia. *J Pediatr Ophthalmol Strabismus.* 2011 Feb 15;48:e16-8
51. Taban M, **Nakra T,** Hwang C, Hoenig JA, Douglas RS, Shorr N, Goldberg RA. Aesthetic lateral canthoplasty. *Ophthal Plast Reconstr Surg.* 2010 May-Jun;26(3): 190-4.
52. Burt B, **Nakra T,** Isaacs DK, Goldberg RA. Alar necrosis after facial injection of hyaluronic Acid. *Plast Reconstr Surg.* 2010 May;125(5):199e-200e
53. Savar A, **Nakra T.** Freely mobile subconjunctival cyst. *Ophthalmology.* 2010 Mar; 117(3):637.e3-4
54. Chang H, Taban M, **Nakra T.** Periorbital Surgical Rehabilitation after Facial Nerve Palsy. Book chapter in *Ophthalmic Oncology: M.D. Anderson Solid Tumor Oncology Series.* Springer 2010.
55. Khadavi NM, Mancini R, **Nakra T,** Tsirbas AC, Douglas RS, Goldberg RA, Duckwiler GR. Rare dural arteriovenous fistula of the lesser sphenoid wing sinus. *Ophth Plast Reconstr Surg.* 2009 Sep-Oct;25(5):404-6.
56. Taban M, Mancini R, **Nakra T,** Velez FG, Ela-Dalman N, Tsirbas A, Douglas

- RS, Goldberg RA. Nonsurgical management of congenital eyelid malpositions using hyaluronic Acid gel. *Ophthal Plast Reconstr Surg.* 2009 Jul-Aug;25(4):259-63.
57. Taban M, **Nakra T**, Mancini R, Douglas RS, Goldberg RA. Orbital wall fracture repair using Seprafilm. *Ophthal Plast Reconstr Surg.* 2009 May-Jun;25(3):211-4.
58. Taban M, Mancini R, **Nakra T**, Velez FG, Ela-Dalman N, Tsirbas A, Douglas RS, Goldberg RA. Nonsurgical management of congenital eyelid malpositions using hyaluronic Acid gel. *Ophthal Plast Reconstr Surg.* 2009 Jul-Aug;25(4):259-63.
59. Taban M, **Nakra T**, Mancini R, Douglas RS, Goldberg RA. Orbital wall fracture repair using Seprafilm. *Ophthal Plast Reconstr Surg.* 2009 May-Jun;25(3):211-4.
60. Mancini R, Taban M, Lowinger A, **Nakra T**, Tsirbas A, Douglas RA, Shorr N, Goldberg RA. The Use of Hyaluronic Acid Gel in the Management of Paralytic Lagophthalmos: The Hyaluronic Acid Gel "Gold- Weight, *Ophthal Plast Reconstr Surg.* 2009 Jan-Feb; 25(1):23-6.
61. Chang H, Taban M, **Nakra T**. "Periorbital reconstruction in Facial Palsy Patients" MD Anderson Ophthalmic Oncology Esmeli B. (editor) 2009.
62. Goldberg, R., Mancini, R., **Nakra T.**, Shorr, N. (2008) A Stepladder Approach to Post-Blepharoplasty Lower Eyelid Retraction. *Saudi Journal of Ophthalmology*, Jan; 22(1):13-21.
63. Mancini R, **Nakra T**, Saulny SM, Goldberg RA, Shorr N. Transconjunctival, Sublabial, and Temporal Subperiosteal Approach Midface-Lift for Persistent Lower Eyelid Retraction after Blepharoplasty. *The American Journal of Cosmetic Surgery.* 2008;25(4):243-250.
64. **Nakra T**, Ben-Simon GJ, Douglas RS, McCann JD, Goldberg RA. Clinical outcomes of enucleation and evisceration." *Ophthalmology.* 2006 Dec; 113(12):2270-5.
65. Ben Simon GJ, Yoon MK, Atul J, **Nakra T**, McCann JD, Goldberg RA. Clinical manifestations of orbital mass lesions at the Jules Stein Eye Institute, 1999-2003. *Ophthalmic Surg Lasers Imaging.* 2006 Jan-Feb;37(1):25-32.
66. Ben Simon GJ, Huang L, **Nakra T**, Schwarcz RM, McCann JD, Goldberg RA. Intralesional triamcinolone acetonide injection for primary and recurrent chalazia: is it really effective? *Ophthalmology.* 2005 May;112(5):913-7.
67. Ben-Simon GJ, Blaydon SM, Schwarcz RM, **Nakra T**, McCann JD, Goldberg RA. Paradoxical use of frontalis muscle and the possible role of botulinum toxin A in permanent motor relearning. *Ophthalmology.* 2005 May;112(5):918-22.
68. Cook T, **Nakra T**, Shorr N, Douglas RS. Facial recontouring with autogenous fat. *Facial Plast Surg.* 2004 May;20(2):145-7.
69. **Nakra T**, Cook T, Douglas RS, Goldberg RA. Dermatofibrosarcoma protuberans metastatic to the orbit. *Arch Ophthalmol.* 2004 Aug;122(8):1240-1.
70. Ben-Simon GJ, Peiss M, Anis E, **Nakra T**, Luski A, Spierer A. Spectacle use and reduced unaided vision in third grade students: a comparative study in different educational settings. *Clin Exp Optom.* 2004 May;87(3):175-9.

71. Kurz LC, **Nakra T**, Stein R, Plungkhen W, Riley M, Hsu F, Drysdale GR. Effects of changes in three catalytic residues on the relative stabilities of some of the intermediates and transition states in the citrate synthase reaction. *Biochemistry*. 1998 Jul 7;37(27):9724-37.
72. Kurz LC, Roble JH, **Nakra T**, Drysdale GR, Buzan JM, Schwartz B, Drueckhammer DG. Ability of single-site mutants of citrate synthase to catalyze proton transfer from the methyl group of dehydroacetyl-coenzyme A, a non-thioester substrate analog. *Biochemistry*. 1997 Apr 1;36(13):3981-90.
73. Kurz LC, Shah S, Frieden C, **Nakra T**, Stein RE, Drysdale GR, Evans CT, Srere PA. Catalytic strategy of citrate synthase: subunit interactions revealed as a consequence of a single amino acid change in the oxaloacetate binding site. *Biochemistry*. 1995 Oct 17;34(41):13278-88.

Books & Chapters

1. Homer, N., **Nakra, T.**, & Somogyi, M. (2020). Lateral canthal complications. In *Avoiding and Managing Complications in Cosmetic Oculofacial Surgery* (pp. 155-166). Springer, Cham.
2. Epstein, A., **Nakra, T.**, & Somogyi, M. (2020). Lower Eyelid Retraction: Anterior Lamellar Correction Using Skin Grafting. In *Avoiding and Managing Complications in Cosmetic Oculofacial Surgery* (pp. 137-147). Springer, Cham.
3. Chang, H., Taban, M., & **Nakra, T.** (2010). Periorbital Surgical Rehabilitation After Facial Nerve Paralysis. In *Ophthalmic Oncology* (pp. 295-309). Springer, Boston, MA.
4. **Nakra T**, Shorr N. "Medical- Legal Aspects of Ophthalmic Plastic Surgery" *Ophthalmology and the Law*, Krausher (editor) 2008.

Editorial Responsibilities

Ophthalmic Plastic and Reconstructive Surgery, Reviewer 2007-2011

The Journal of the American Academy of Cosmetic Surgery, Reviewer 2004-2006

Invited Presentations, Posters & Abstracts

International

1. Nakra T., "Decision-Making in Lower Blepharoplasty", Malaysian Ophthalmology Society Annual Meeting, Kuala Lumpur, Malaysia, August 2022
2. Nakra T. "Upper Blepharoplasty Pearls", Presentation, Moorfields UAE

January 2022, Dubai (virtual)

3. Nakra T., "Lateral Canthoplasty" Presentation, Oculoplastic Association of India, Online Webinar, December 2021
4. Nakra T., "SMAS and fat grafting to the lips" Presentation, Global Cosmetic Surgery Aesthetics Masterclass on Nose & Lips, Virtual platform, August 2021
5. Nakra T., "Browlift Pearls" Presentation, Oculoplastic Association of India, Online Webinar, January 2021
6. Nakra T., "Periorbital Contour Pearls" Presentation, Global Cosmetic Surgery Aesthetics Masterclass, Virtual platform, October 2020
7. Nakra T., "Necklift Pearls" Presentation, Global Cosmetic Surgery Aesthetics Masterclass, Virtual platform, July 2020
8. Nakra T., "Browlift Pearls" Presentation, Thomas Institute Summer Symposium, Mumbai India, June 2020
9. Nakra T., "Practice Management" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
10. Nakra T., "The Lateral Canthus" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
11. Nakra T., "Filler Technique and Safety" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
12. Nakra T., "Botox Complications and Safety" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
13. Nakra T., "Botox Examination" Presentation, Annual Meeting, Oculoplastic Association of India (OPAI), Jaipur, India, September 2018
14. Nakra T., "Endoscopic Browlift Surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
15. Nakra T., "Facelift surgery." Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017
16. Nakra T., "Orbital Decompression surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
17. Nakra T., "Lower blepharoplasty advances" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
18. Nakra T., "Live blepharoplasty and browlift surgery" (In OR live) Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017
19. Nakra T., "Upper blepharoplasty with laser resurfacing" Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017
20. Nakra T., "Lateral Upper Lid Crease Approach to the Canthus, Midface and Beyond" Presentation, World Ophthalmology Congress, Guadalajara Mexico, January 2016
21. Nakra T., "Overview of Facelifting Surgery" Presentation, World

- Ophthalmology Congress, Guadalajara Mexico, January 2016
22. Nakra T., "Fat transfer concurrent to blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016
 23. Nakra T., "3-D lower blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016
 24. Nakra T., "Facelift Surgery and Fat Transfer" Presentation, OPAI Spring Cosmetic Symposium, Hyderabad, India, March 2011 (Via Skype)
 25. Nakra T., "Fat Transfer" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010
 26. Nakra T., "Preventing Unhappiness in Cosmetic Patients" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010 "Fat
 27. Nakra T., "Decompression for Graves' Orbitopathy" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010 "Facelift Surgery" OPAI Annual Meeting, Mumbai, India, November 2010
 28. Nakra T., "Lower Blepharoplasty is Midface Surgery" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010
 29. Nakra T., "Transblepharoplasty Approaches to the midface, forehead, and orbit" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010
 30. Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 31. Nakra T., "Lower Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 32. Nakra T., "Lower eyelid laxity management" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 33. Nakra T., "Upper Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 34. Nakra T., "Non-Surgical Rhinoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 35. Nakra T., "Fat Transfer to the Face" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010
 36. Nakra T., "Transblepharoplasty approach to the forehead and midface" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 37. Nakra T., "Live Botox and Filler Facial Injections" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 38. Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery"

- Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
39. Nakra T., "Recognizing Facial Asymmetry" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 40. Nakra T., "Autologous Facial Fat Transfer" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 41. Nakra T., "Lateral Canthoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 42. Nakra T., "Lower Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 43. Nakra T., "Upper Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009
 44. Nakra T., "Clinical Assessment of Graves' Disease" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 45. Nakra T., "Live Surgery: Ptosis Surgery" Live surgery, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 46. Nakra T., "Clinical implications of Facial Asymmetry" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 47. Nakra T., "Patients to Avoid in Cosmetic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 48. Nakra T., "Comparing Outcomes of Enucleation & Evisceration" vCutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 49. Nakra T., "Quiz on Ophthalmic Plastic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.
 50. Nakra T., "My Technique of Facial Fat Injection" Presentation, Cutting Edge

2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

51. Nakra T., "Advanced Techniques in Orbital Decompression." Presentation, Australian-Asian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007
52. Nakra T., "Minimally-invasive techniques of periorbital rejuvenation." Presentation, Australasian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007

National

1. Nakra T. "Browlift" American Academy of Cosmetic Surgery Webinar Spotlight. (virtual) June 2021
2. Nakra T., "Congenital Eyelid Malposition: Nonsurgical Management" American Society of Pediatric Ophthalmology and Strabismus Annual Meeting, Phoenix, March 2021
3. Nakra T., "Fat Transfer and Fat Grafting to the lower eyelids" Presentation, AACS Annual Meeting, Las Vegas, February 2021
4. Reed D. & Nakra T., "Skincare Introduction", Presentation, AAO Subspecialty Day, Chicago, October 2021
5. Nakra T., "Transposition Upper Blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, September 2021
6. Nakra T., "Lower Blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, September 2021
7. Nakra T., "Lower Blepharoplasty Anatomy and Pearls" UCLA Blepharoplasty Course, Los Angeles, March 2021
8. Nakra T., "Browlift Pearls" Presentation, ASOPRS Annual Meeting, Virtual, October 2020
9. Nakra T., "Complications Cases" Presentation, AACS Annual Meeting, Orlando, February 2020
10. Nakra T., "Facelift Complications" Presentation, AACS Annual Meeting, Orlando, February 2020
11. Nakra T., "Browlift Pearls" Presentation, Eyesthetica Conference, Los Angeles, March 2019
12. Nakra T., "Lower Blepharoplasty Pearls" Presentation, Eyesthetica Conference, Los Angeles, March 2019
13. Nakra T., "Transposition Upper Blepharoplasty" Presentation, AACS Annual Meeting, Orlando, January 2019
14. Nakra T., "Lower Blepharoplasty Pearls and Transposition" Presentation, AACS Annual Meeting, Orlando, January 2019
15. Nakra T., "Going Green" Presentation, ASOPRS Fall Meeting, Chicago, October 2018

16. Nakra T., "Transposition Upper Blepharoplasty" Presentation, ASOPRS Fall Meeting, Chicago, October 2018
17. Nakra T., "Subplatysmaplasty and Submandibular gland resection during Necklifting surgery" Presentation, ASOPRS Spring Meeting, Austin, June 2018
18. Nakra T., "Live Filler injections with a cannula" Presentation, ASOPRS Spring Meeting, Austin, June 2018
19. Nakra T., "Live Botox injections" Presentation, ASOPRS Spring Meeting, Austin, June 2018
20. Nakra T., "Live Filler injections with a cannula" Presentation, TOC Eye and Face Conference, Austin, April 2018
21. Nakra T., "Laser resurfacing during blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, April 2018
22. Nakra T., "Facelifting overview" Presentation, TOC Eye and Face Conference, Austin, April 2018
23. Nakra T., "Midface augmentation via autograft during transposition lower blepharoplasty" Presentation, AACS Annual Meeting, Las Vegas, February 2018
24. Nakra T., "Endoscopic Browlifting, Presentation, AAO Subspecialty Day, New Orleans, October 2017
25. Nakra T., "How to Increase Office Productivity" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017
26. Nakra T., "Midface augmentation via autograft during transposition lower blepharoplasty" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017
27. Nakra T. et al., "Local anesthesia medial canthoplasty via simplified trans-ethmoid fixation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
28. Somogyi M. et al., "Rates of infection following delayed closure of periorbital Mohs defects" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017
29. Schinder R., et al., "In Office Marsupialization of Lacrimal Ductular Cysts (Dacryops) Using Local Anesthesia" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017
30. Nakra T., et al., "Serpentine Soft Set Asian Eyelid Crease Formation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
31. Schinder R. et al., "Venous Malformation With Intravascular Papillary Endothelial Hyperplasia (Massons Tumor) of the Temporalis Muscle" Poster, ASOPRS Fall Meeting, New Orleans, October 2017
32. Nakra T., "Endoscopic Upper and Midface Lift Anatomy/Video" Presentation, UCLA Blepharoplasty Course, Los Angeles, July 2017
33. Nakra T., "Hands-on cadaveric teaching course: facelift" Live dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017

34. Nakra T., "Facelifting pearls" Live Dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017
35. Nakra T., "Contour-Oriented Approach to Lower Blepharoplasty" Presentation, Vegas Cosmetic Surgery, Las Vegas, June 2017
36. Nakra T., "Optimizing Blepharoplasty With Fat Transfer And Laser Resurfacing" Presentation, Vegas Cosmetic Surgery, Las Vegas June 2017
37. Nakra T., "Self-Inflicted and Traumatic Eucleations: Clinical Features of 20 Cases" co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, October 2016
38. Nakra T., "Utilizing Microliposuction for Deprojection in Patients with Overfill" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
39. Nakra T., "Repurposing the SMAS: Uses in Lower Lid Retraction, Lip Augmentation, and Genioplasty" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
40. Nakra T., "Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
41. Schinder R. et al., "Intravenous Steroids on Admission for Children with Orbital Cellulitis" co-author ASOPRS Fall Meeting, Chicago, October 2016
42. Nakra T., "Ptosis and compensatory brow elevation in anophthalmic patients" Presentation, ASOPRS Fall Meeting, Chicago, October 2016
43. Kotlus B. et al., "Epicanthal fold correction with nasal radix filler injections" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016
44. Schinder R. et al., "Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Blepharoptosis with Poor Levator Function – 5 Year Experience" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016
45. Durairaj V. et al., "Orbit Fracture Management: Toward a Consensus" Poster, (co author) ASOPRS Fall Meeting, Chicago, October 2016
46. Nakra T., "Cosmetic Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Chicago, October 2016
47. "Comprehensive review of facial fat transfer." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
48. Nakra T., "Comprehensive lower blepharoplasty maneuvers." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
49. Silverman N et al., "Large Orbital Floor Fracture Indication for Surgery or Not?" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
50. Silverman N et al., "IgG4 Related Disease of the Punctum and Canaliculus" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
51. Schinder R. et al., "IgG4-related Orbital Disease Clinical Features of 24 Cases" (co presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
52. Vrcek I et al., "Arnica and Bromelain for Blepharoplasty-Associated

- Ecchymosis" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
53. Nakra T. "Periauricular Fixation Finesse Avoids Facelift Complications" Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015
 54. Nakra T., "Avoiding Skin Grafting for Cicatricial Ectropion: Direct Release, Elevation, and Fixation of Facial Ligaments" Poster, ASOPRS Fall Meeting, Las Vegas, October 2015
 55. Nakra T., "Clinical Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Las Vegas, October 2015
 56. Nakra T., "Avoiding Complications in Facelifts" UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2015
 57. Nakra T., "Basic Facelift Maneuvers" UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2015
 58. Nakra T., "Basics of Autologous Fat Transfer." Presentation, ASOPRS Spring Meeting, St. Thomas, May, 2015
 59. Nakra T. "Extended Facial Rejuvenation Pearls." Presentation, Texas Cosmetic Surgery Society, Austin, April, 2015
 60. Nakra T. "Central platysmaplasty with a bidirectional, barbed suture" Presentation, co-presenter, ASOPRS Fall Meeting, October 2014, Chicago
 61. Nakra T. "Direct submentoplasty combined with limited incision facelift for male lower facial rejuvenation" Presentation, ASOPRS Fall Meeting, October 2014, Chicago
 62. Nakra T., "Presentation of a Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Chicago, October 2014
 63. Nakra T., "The Texas Hold 'Em Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2014
 64. Nakra T., "Kick Facial Rejuvenation up a notch" Presentation, TOC Oculoplastics Conference, Austin, March, 2014
 65. Nakra T., "3D Lower Blepharoplasty" Presentation, American Academy of Facial Plastic Surgery Meeting, San Diego, February, 2014
 66. Kotlus B. et al., "Upper eyelid fractional CO2 resurfacing with incisional blepharoplasty" Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2014
 67. Schwarcz R. et al., "To drain or not to drain: yet another decision in facelift management." Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
 68. Nakra T., "Advances in Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2013
 69. Nakra T., "Basic Facelift Maneuvers" Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2013

70. Nakra T., "Internal Cantholysis for Transconjunctival Floor Fracture Repair" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
71. Kotlus B. et al., "Upper Eyelid Fractional CO2 Resurfacing with Incisional Blepharoplasty" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
72. Nakra T., "Pearls and Pitfalls in Facelifting Techniques" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
73. Nakra T., "Facelift Panel Discussion" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
74. Nakra T., "Patient Satisfaction with Full Face Rejuvenation Using Fat Grafting" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013
75. Schinder R. et al., "Pulsatile Tinnitus as the Sole Sign or Symptom for a Cavernous Carotid Fistula" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
76. Raifailov L. et al., "Comparison of Transcutaneous and Transconjunctival Local Anesthesia for Outpatient Eyelid Surgery" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013
77. Blaydon S. and Nakra T., "Effect of rhinoplasty on the attractiveness of the eye region." Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013
78. Schwarcz R., et al., "Usage of Dorsal hump As Radix Graft During Rhinoplasty Surgery" Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013
79. Nakra T., et al., "Combining Paramedian Lower Face-Lift with Traditional SMAS Resection and Modified Corset Platysmaplasty" Poster, ASOPRS Fall Meeting, New Orleans, October 2013
80. Nakra T., "Neuropathic Pain Following poly-L-lactic acid (Sculptra) Injection" Presentation, ASOPRS Fall Meeting, Chicago, November 2012
81. Tsai F. et al., "Custom Conformers for Orbital Growth in Microphthalmia and Anophthalmia" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012
82. Schwarcz R. et al., "Understanding the Nasofrontal Angle in Planning for Rhinoplasty Surgery" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012
83. Schwarcz R. et al., "Implementing the Power of Fat Grafting Used in Conjunction with Lower Eyelid Blepharoplasty When Other Modalities Are Just Not Enough" Presentation, Co-presenter, ASOPRS Fall Meeting, Chicago, November 2012
84. Nakra T., "Dealing with Tough Necks: Digastric Muscle Resection and Double

- Corset Platysmaplasty” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
85. Nakra T., “Identification and Avoidance of Common Facelift Incision-Related Complications” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 86. Nakra T., “Advanced Face-Lifting Techniques” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 87. Nakra T., “Anatomical and Surgical Foundations for Rhinoplasty” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 88. Nakra T., “Three basic key maneuvers in cosmetic rhinoplasty: septoplasty, dorsal hump reduction, and basic tip refinement” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 89. Nakra T., “Septoplasty during Dacryocystorhinostomy” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 90. Nakra T., “Upright Ptosis Surgery” Presentation, ASOPRS Fall Meeting, Chicago, November 2012
 91. Moss J. et al., “Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Poor Levator Function Ptosis” Presentation, Co-author, ASOPRS Fall Meeting, Chicago, November 2012
 92. Schinder R., et al, “Vicarious Menstruation In the Orbit of a Young Woman” Poster, (co-author) Presentation, ASOPRS Fall Meeting, Chicago, October 2012
 93. Nakra T., “Comprehensive Lower Blepharoplasty” Presentation, American Academy of Facial Plastic Surgery, Fall Meeting, Washington D.C., September, 2012
 94. Nakra T. “Kick Facial Surgery Up A Notch with Fat Transfer” Presentation, TOC/ Seton Austin Oculoplastics Conference, Austin, March 2012
 95. Kotlus B et al., “Combined Dacryocystorhinostomy and Rhinoplasty” Presentation, co-presenter, ASOPRS Fall Meeting, Orlando, October 2011
 96. Shinder et al. “Experience with Lacrimal Intubation During DCR Using the STENTube” Presentation, (co-presenter) ASOPRS Fall Meeting, Orlando, October 2011
 97. Nakra T., “Prophylactic Internal Nasal Valve Repair during Midfacial Advancement Flaps” Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 98. Nakra T. and Connor M., “Dorsal Hump Reduction for Flap Construction in Midfacial Mohs Defects” Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 99. Nakra T. and Goldberg R., “Nonsurgical Orbital Volume Expansion in Patients with Normal Vision” Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 100. Schinder R. et al. “Lemierre’s Syndrome: A Rare Cause of Cavernous

- Sinus Thrombosis and Facial Nerve Palsy” Presentation,(co-presenter), ASOPRS Fall Meeting, Orlando, October 2011
101. Nakra T., “The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Orbicularis Plication.” Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 102. Nakra T., “Transectaneous Orbicularis Flap Lower Blepharoplasty” Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 103. Blaydon S., and Nakra T., “Synergy of Endoscopic Brow Lifting Surgery with Autologous Fat Transfer to the Forehead” (co-presenter) Presentation, ASOPRS Fall Meeting, Orlando, October 2011
 104. Nakra T. et al., “Transoral Filler Injections to the Tear Trough and Midface” Poster, ASOPRS Fall Meeting, Orlando, October 2011
 105. Nakra T. et al., “Salvage Therapy for Iatrogenic Botulinum Toxin induced Ptosis” Poster, ASOPRS Fall Meeting, Orlando, October 2011
 106. Schinder R. et al., “Bilateral marked Dacryops Following Trauma: A Rare Presentation” Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011
 107. Schinder R. et al., “Maxillary Sinus Acinic Cell Carcinoma with Orbital Extension” Poster,(Co-author) ASOPRS Fall Meeting, Orlando, October 2011
 108. Kotlus et al., “Combined Dacryocystorhinostomy and Rhinoplasty.” Presentation, Co-Author, ASOPRS Fall Meeting Orlando, October 2011
 109. Schwarcz R. et al., “Cephalic Trim in Aesthetic Rhinoplasty” Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011
 110. Taban M., et al., “Herring’s Law Effects on Brow Position in Cases of Asymmetric Blepharoptosis.” Poster, (co-author)n ASOPRS Annual Meeting, Chicago, October 2010
 111. Schwarcz R. et al., “The ‘Swinging Door’ Approach to Caudal Septal Deviation” Poster, (co-author) ASOPRS Annual Meeting, Chicago, October 2010
 112. Nakra T. et al., “A Simplified Fat Harvest and Transfer Technique” Poster, ASOPRS Annual Meeting, Chicago, October 2010
 113. Schwarcz R. et al., “Nasal Tip Ptosis: the use of Hyaluronic Acid Gel Filler” Poster, (Co-author) ASOPRS Annual Meeting, Chicago, October 2010
 114. Nakra T., “Update on Fat Transfer Techniques” Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011
 115. Nakra T., “Endoscopic Brow Lifting” Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011
 116. Nakra T., “Sub-SMAS Electrocautery during Facelift Surgery” Presentation, ASOPRS Annual Meeting, Chicago, October 2010
 117. Nakra T., “Basics of Rhinoplasty” Presentation, ASOPRS Annual Meeting, Chicago, October 2010]
 118. Nakra T., “Setting up a Oculoplastic Medical Spa” Presentation, ASOPRS

Annual Meeting, Chicago, October 2010

119. Kotlus B. et al., "A Time Dependent 3-Dimensional Analysis of Saline Trials prior to HA Malar Augmentation", Presentation, ASOPRS Annual Meeting, Chicago, October 2010
120. Nakra T., "Electrocautery Sub-SMAS dissection during Rhytidectomy" Presentation, ASOPRS Annual Meeting, Chicago, October 2010
121. Nakra T., "Browlifting Techniques and Evolution" Presentation, AAO Annual Meeting Subspecialty Day, Chicago, October 2010
122. Nakra T., "Setting up a Cosmetic Practice" Presentation, AAO Annual Meeting, Chicago, October 2010
123. Nakra T., "The Evaluation of the cosmetic patient" Presentation, AAO Annual Meeting, Chicago, October 2010
124. Nakra T., "Fat Transfer during Facelift Surgery" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
125. Nakra T., "Orbital Decompression" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
126. Nakra T., "Transblepharoplasty approaches to the Orbit, Midface, and Forehead" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010
127. Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, AACS Annual Meeting, Orlando, January, 2010.
128. Nakra T., "Non- incisional earlobe rejuvenation" Presentation, AACS Annual Meeting, Orlando, January, 2010.
129. Nakra T., "Effect of Blepharoplasty on eyelid and brow position" Presentation, AACS Annual Meeting, Orlando, January, 2010.
130. Nakra T., "Midface implants placed during facelift surgery" Presentation, AACS Annual Meeting, Orlando, January, 2010.
131. Nakra T., "Nasolabial fold silicone implant" Presentation, AACS Annual Meeting, Orlando, January, 2010.
132. Shore J. et al., "Ultratime Breakage" (co-author) Presentation, AACS Annual Meeting, Orlando, January, 2010.
133. Nakra T., "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. San Francisco, October 2009.
134. Nakra T., "Introduction to Cosmetic Oculoplastics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco,
135. Nakra T., "The Cosmetic Facial Examination" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009
136. Nakra T., "Cases in Cosmetics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009

137. Nakra T., "How to set up a Pure Cosmetic Practice" Presentation, AAO Fall Meeting, San Francisco, October 2009
138. Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
139. Nakra T., "Non-Surgical Rhinoplasty" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
140. Nakra T. et al., "Patient Satisfaction after Dacryocystorhinostomy" Poster, ASOPRS Fall Meeting, San Francisco, October, 2009
141. Shore J. et al., "Ultratine Breakage" Poster, (co-author) ASOPRS Fall Meeting, San Francisco, October, 2009
142. Nakra T. et al., "Custom Silicone Nasolabial fold Implants Placed Through an Intranasal Approach" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009
143. Schwarcz R., et al., "The extended columella strut graft with footplates" Poster,(co author) ASOPRS Fall Meeting, San Francisco, October, 2009
144. Nakra T., "Long- Term Results of Facelifts & Rhinoplasty" Presentation, AACS Winter Meeting, Phoenix, January 2009
145. Nakra T "Large Volume Facial Fat Transfer" Presentation, ASOPRS Fall Meeting, Atlanta, November 2008
146. Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. Atlanta, November 2008
147. Nakra T "Live Blepharoplasty" Presentation, American Academy of Cosmetic Surgery Live Blepharoplasty Workshop, Henry Baylis Surgery Center, Santa Monica, July 2008
148. Nakra T "Complications of Periorbital Fillers" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.
149. Nakra T "Autologous Fat Transfer to the Face" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.
150. Mancini R., and Nakra T. "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach - Webster Research Award Lecture" Presentation, American Academy of Cosmetic Surgery Annual Meeting, Orlando, January 2008. (co presenter)
151. Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. New Orleans, November 2007
152. Nakra T "The use of the buccal fat pad in orbital reconstruction." Presentation, ASOPRS Fall meeting, New Orleans, November 2007
153. Mancini R. and Nakra T., "Uses of hyaluronic acid gel in pediatric eyelid

- malposition" Poster, Presentation, ASOPRS Fall Meeting, New Orleans, November 2007
154. Nakra T., et al., "Use of the buccal fat pad for vascularized volume in facial reconstruction." Poster, ASOPRS Spring meeting, June 2007
 155. Nakra T "Video Presentation: Upper Blepharoplasty Techniques." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2007.
 156. Nakra T "Computer-aided quantification of facial asymmetry demonstrates predictable patterns." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.
 157. Nakra T "Use of the buccal fat pad for vascularized volume in facial reconstruction." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.
 158. Mancini R. and Nakra T., "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007. (co-presenter)
 159. Nakra T "Advanced Techniques in Orbital Decompression: the Medial and Lateral Wall." Presentation, Snowbird Symposium: Facial Reconstructive & Aesthetic Surgery. Snowbird, UT. January, 2007
 160. Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Grand Rounds Specialty Lecture, Jules Stein Eye Institute, UCLA. Los Angeles, CA. January, 2007.
 161. Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Lecture Series. UC Davis Department of Ophthalmology. Davis, CA. December, 2006.
 162. Mancini R. and Nakra T., "The Revision Medface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival and Sublabial Subperiosteal Release." Presentation,(co-presenter) ASOPRS Fall Meeting. Las Vegas, NV. Nov 2006.
 163. Goldberg et al. "Intraconal Fat Transfer and Lower Lid Retractor Release for Treatment of Lower Eyelid Retraction and Volume Collapse in the Prominent Eye Patient." Presentation,(co-presenter) ASOPRS Fall Meeting, Las Vegas, NV. Nov 2006.
 164. Nakra T "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006
 165. Nakra T "Controversies in Graves Disease: Orbit and Endocrinologic Issues Facing the Ophthalmologist." Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.
 166. Nakra T "The Aesthetic Facial Examination: A Systematic Approach to maximizing the Results of Blepharoplasty, Fillers, and Botulinum Toxin A."

- Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.
167. Nakra T “Clinical Outcomes of Enucleation and Evisceration.” Presentation, Lecture Series. Vanderbilt Eye Institute. Nashville, TN. October, 2006.
 168. Nakra T “Avoiding and Managing Complications in Blepharoplasty.” Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.
 169. Nakra T “Transconjunctival Lower Blepharoplasty and Fat Transposition Surgical Technique.” Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.
 170. Mancini and Nakra T “An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery.” Presentation,(co-presenter) ASOPRS Fall meeting, Chicago, IL. October 2005
 171. Nakra T., et al., “Neuro-Ophthalmologic Implications of Ipsilateral Frontalis Muscle Recruitment in Anophthalmic Eyes.” Poster, ARVO, Ft. Lauderdale, FL. May 2005
 172. Mancini R., et al. “An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery.” Poster,(co- author) ASOPRS Spring meeting, April 2005
 173. Nakra T “Advanced Techniques in Orbital Decompression and Expansion.” (Course and Skills Transfer Faculty) Presentation, AAO Annual Meeting. Chicago, IL. October, 2005.
 174. Nakra T. “Lower eyelid blepharoplasty, advantages of fat transposition over traditional fat removal.” Presentation,(co-presenter) AFPRS Fall meeting, Los Angeles, CA. September 2005.
 175. Nakra T. “Fixation Options for the Endoscopic Forehead Lift.” Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Temecula, CA. July 2005.
 176. “Outcomes of Enucleation and Evisceration” Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2005.
 177. Hoenig J., Nakra T. “Minimally invasive rejuvenation of the perioral region: the oral commissure lift.” Presentation, (co-presenter) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
 178. Nakra T. “Options for Fixation in Forehead Lift Surgery.” Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, San Diego, CA. Feb 2004.
 179. Nakra T et al., “Clinical Outcomes in Enucleation and Evisceration.” Poster, ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
 180. Goldberg R and Nakra T. et al., “A new paradigm in management of the atonic face.” Poster, (co-author) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.
 181. Nakra T. et al., “Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery.” Poster, Jules Stein Eye Institute

- Research and Alumni Day. Los Angeles, CA. May 2004.
182. Nakra T. et al., "Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery." Poster, ARVO, Ft. Lauderdale, FL. Apr 2004.
 183. Nakra T. "Metastatic Tumors to the Orbit: A Case and Review." Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2003.
 184. Nakra T. and Thonar E., "Embedding the Cornea in Alginate: A Novel Method for Long-Term Corneal Storage." Poster, ARVO, Ft. Lauderdale, FL. Apr 2001
 185. Nakra T. and Kurz L., "Insights into the mechanism of citrate synthase by analyzing transitional states via NMR." Poster, 15th Enzyme Mechanisms Conference, Naples, FL. Jan 1997.

Regional

1. Nakra T. "Ptosis" Presentation, Austin Optometric Society Meeting, Austin, April 2018
2. Nakra T. "Ectropion and Entropion" Presentation, Austin Optometric Society Meeting, Austin, April 2018
3. Nakra T. "The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Transcutaneous Orbicularis Flap Lower Blepharoplasty" Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012
4. Nakra T. "Update in Facelift Surgery" Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012
5. Nakra T. "The Aesthetic Facial Examination" Presentation, Texas Medical Association Annual Meeting, May, 2009
6. Nakra T. "Aesthetic Facial Surgery" Presentation, Austin Optometric Society Meeting, Austin, February 2009
7. Nakra T., "What is Ophthalmology?" Presentation, Medical Explorer Post Meeting, Austin, December 2008
8. Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Diabetes & Endocrinology Rounds, Austin, October 2008
9. Nakra T. "Minimally invasive techniques in Oculoplastic Surgery" Presentation, Seminar for optometrists, Austin, October 2008
10. Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Medical Association/ Texas Ophthalmology Association Annual Meeting, San Antonio, April 2008
11. Nakra T. "Orbit & Lacrimal Diseases" Presentation, Jules Stein Eye Institute/ Doheny Eye Institute Ophthalmology Board Review Course, Los Angeles, March 2008.

12. Nakra T. "What's new in Oculoplastic Surgery." Presentation, Santa Barbara Ophthalmology Society Meeting, Santa Barbara, CA, September 2007
13. Nakra T. "Periocular Dermatology" Presentation, Annual Meeting. Los Angeles County Optometric Society. April, 2007.
14. Nakra T. "Orbital Anatomy & Physiology" Presentation, Basic & Clinical Science Lecture Series, Jules Stein Eye Institute, Los Angeles, CA. September 2005.
15. Nakra T. "Ophthalmic Anatomy and Physiology." Presentation, Ophthalmic Technician Teaching Course, Jules Stein Eye Institute, Los Angeles, August 2005
16. Nakra T. "Pediatric Cataracts" Presentation, Grand Rounds, Department of Pediatrics, Harbor-UCLA Medical Center, Los Angeles, CA. May 2005.
17. Nakra T., "Plastics Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, May 2005
18. Nakra T., "Neuro Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, February 2005
19. Nakra T., "Glaucoma Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, November 2004
20. Nakra T., "Orbital inflammatory syndrome" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, July 2004
21. Nakra T., "Plastics case presentation: Facial Palsy" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, March 2003
22. Nakra T., "Retina Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, January 2002
23. Nakra T., "Cornea Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, September 2002
24. Nakra T., "Citrate Synthase: Mechanistic Studies." Presentation, Marion S. Spector Thesis Prize Reception, Washington University, St. Louis. May 1997.
25. Nakra T and Kurz L., "Revealing catalytic strategies of citrate synthase through kinetics and thermodynamics." Poster, Howard Hughes Research Institute Symposium, Washington University, St. Louis, MO. Sep 1995.

Visiting Professorships

Keynote Speaker, Thomas Institute Summer Symposium 2020, Mumbai, India

Keynote Speaker, Oculoplastic Association of India 2018, Jaipur, India

Keynote Speaker, Oculoplastic Association of Colombia 2017 Quinto Congreso, Medellin, Colombia

Visiting Professor, Dept. of Ophthalmology, University of Colorado 2012 Grand Rounds, Denver, CO

Keynote Speaker, Paradigm 2010, Oculoplastic Association of India 2010, Mumbai, India

Keynote Speaker, Australasian Academy of Facial Plastic Surgery 2009 Fall Meeting, Queenstown, New Zealand

Community Service

TOC Eye and Face Foundation, Austin 2018-current

Generation Serve, Volunteer, Austin 2014-current

Crisp Foundation, Guatemala Surgery Service Trip, Los Angeles 2007

Buddhist Free Clinic, Volunteer, Los Angeles 2004-2007

The Next Right Thing Foundation, Facial Trauma Specialist, Los Angeles 2006-2008

Rush Community Service Initiatives Program 1997-2001 Steering Committee and Volunteer