

MEDICATIONS AND PRODUCTS TO BE AVOIDED PRIOR TO SURGERY

Aspirin or Aspirin containing products and other Non-Steroidal Anti-Inflammatory Drugs (NSAIDs), such as Motrin, can increase bleeding or bruising at the time of surgery.

In addition to these Aspirin-like medications, Vitamin E and many Herbal Supplements (such as Fish Oil, Garlic, Ginkgo, Ginseng, Flaxseed, Ginger, Feverfew, Bilberry, Chamomile, Selenium) can increase bleeding or bruising at the time of surgery.

Patients anticipating surgery must stop all sources of Aspirin, Aspirin-like products, Vitamin E, and all Herbal Supplements for 10 days prior to surgery and 2 days after surgery. Other blood thinners such as Coumadin (warfarin), Plavix (clopidogrel), Pletal (cilostazol), Effient, Xarelto, and Brilinta will require special instructions from your prescribing doctor before stopping the medication for surgery. Inform your surgeon if you are on one of these blood thinners but wait for our instructions before stopping the medication.

The following are only a few of many Aspirin-like or Herbal Supplements to be avoided prior to surgery:

Advil (Ibuprofen)	Dipridacot	Lortab-ASA	Ponstel
Aggrenox	Dipyridamole (Persantine)	Lovenox	Pradaxa
Aleve	Disalcid	Magan	Relafen (nabumetone)
Alka-Seltzers	Dolobid	Magsal	Robaxisal
Anacin	Dolprn	Marnal	Roxipin
Anaprox	Dong Quai Root	Measurin	Rufin
Anadynos	Dristan	Meclofenamate	Ru-Tess
Ansaid	Duoprin	Meclomen	S-A-C
APC	Durgesic	Mefenamic	Salatin
Argesic	Durasal	Mendomen	Saleto
Arthropan	Easprin	Melomen	Salflex
Arthrotec	Echinacea	Methcarbamol with Aspirin	Salicylamide
Arthritis Pain Formula	Ecotrin	Micrainin	Salicylate
Ascriptin	Effient	Midol	Salocol
Asocdeen-30	Emagrin	Mobic (meloxicam)	Salsalate
Aspergum	Emprazil	Mobidin	Selenium
Aspirin (ASA)	Empirin with Codeine	Mobigesic	Sine-Aid
Atromid	Encaprin	Momentum Backache Formula	Sine-Off Sinus
Axotal	Endodan	Monacet with Codeine	Sinutab
Azolid	Ephedra (Ma Huang)	Motrin	SK-65
Bayer Products	Equagesic	Mushrooms (fungus)	Soma (carisoprodol)
B.C. Tablets & Powder	Etodolac	Nabumetone	Stanback
Bextra	Etrafon	Nalfon	Stendin
Bilberry	Excedrin	Naprelan	St. John's Wort
Brilinta	Feldene	Naprosyn	St Joseph's Products
Bufferin Products	Fenoprofen	Naproxen	Sulindac
Buffets II	Feverfew	Neocylate	Supac
Buffinol	Fiorinal	Norgesic	Synalgos-DC
Buf-Tabs	Fish Oil	Novnaproxen	Talwin Compound
Butalbital	Flaxseed	Novodipiradrol	Ticlid
Butazolidin	Flurbiprofen	Nuprin	Ticlopidine
Cama Products	Four Way Cold Tabs	Oraflex	Tolectin
Cataflam	Gaysal-S	Orudis	Tolmetin
Celebrex (celecoxib)	Garlic (Allium Sativum)	Oruvail	Toradol (Ketorolac)
Celecoxib	Gelprin	Oxaprozin	Triaminicin
Chamomile	Gemnisin	Oxycodone Aspirin	Trigesic
Cheracol	Ginger	P-A-C	Trilisate
Clinoril	Ginkgo (Biloba)	Pabalate-SF	Valdecoxib
Clopidogrel	Ginseng	Pabrin Buffered Tabs	Valerian
Congesprin Chewable	Goody's	Pamprin	Vanquish
Contac	Halfprin	Panalgesic	Vitamin E (large doses)
Cope	Healthprin	Panasal	Vivarin
Coricidin	IBU	Parnate	Voltaren (diclofenac)
Cosprin	Ibuprofen	PC-CAP	Willow Bark
Coumadin (warfarin)	Indocin	Pepto-Bismol	Xarelto
CP-2	Indomethacin	Percodan	Yohimbe
Damason P	Kava Kava	Persantine	Zacrin
Darvon	Ketoprofen	Persistin	Zomac
Daypro	Lanorinal	Phenylbutaxone	Zomax
Diclofenac	Lioresal	Plavix (clopidogrel)	Zorprin
Diflunisal	Lodine	Pletal (cilostazol)	
Di-gesic		Piroxicam	

If you must take something for headache, menstrual cramps, arthritis, or other aches and pains you may take Tylenol (acetaminophen), as directed, for the 10 days prior to and 2 days after surgery.