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### **Education**

M.D. Rush Medical College, Chicago, IL	2001
B.A., Biology Honors (Magna Cum Laude), Washington University in St. Louis, MO	1997

### **Postgraduate Training**

Fellowship, General Cosmetic Surgery Ronald Strahan, M.D., Los Angeles, CA	2007-2008
Fellowship, Facial Cosmetic Surgery (AACCS Certified) UCLA Stein Eye Institute, Los Angeles, CA	2005-2007
Fellowship, Orbitofacial Surgery (ASOPRS certified) UCLA Stein Eye Institute, Los Angeles, CA	2005-2007
Residency, Ophthalmology UCLA, Los Angeles, CA	2002-2005
Internship, Transitional St. Francis Hospital, Evanston, IL	2001-2002

### **Licensure**

State of California, A83435, Exp. 03/31/2019  
State of Texas, M8202, Exp. 08/31/2018  
State of Illinois, 2001-2002 (expired)

## **Board Certification**

American Board of Facial Cosmetic Surgery, 2015, exp. 2025

American Board of Cosmetic Surgery, 2010, exp. 2020

American Board of Ophthalmology, 2008, exp. 2018

USMLE Step 3, 1999

USMLE Step 2, 2001

USMLE Step 1, 2002

## **Academic and Leadership Appointments**

Expert Reviewer Texas Medical Board	2018
Treasurer American Board of Facial Cosmetic Surgery	2016-current
Board of Directors American Board of Facial Cosmetic Surgery	2017-current
Fellowship Director American Academy of Cosmetic Surgery (AACS)	2016-current
Physician Aesthetic Coalition Liaison, American Society of Ophthalmic Plastic Surgery (ASOPRS)	2016-current
Medical Director TOC Medical Spa, Austin TX	2013-current
Compliance Officer TOC Eye and Face, Austin	2011-2016
Board of Directors Cosmetic Surgery Foundation	2010-2016
Co-Founder and Head of Product Global Beauty Science LLC, Austin TX	2009-current
Fellowship Preceptor American Society of Ophthalmic Plastic and Reconstructive Surgery	2009-current
Physician I.T. Director TOC Eye and Face, Austin	2009-current

### **Academic and Leadership Appointments (continued)**

Associate Physician Diplomate UCLA Stein Eye Institute, Los Angeles, CA	2007-2008
Visiting Assistant Professor UCLA Stein Eye Institute, Los Angeles, CA	2005-2007
Clinical Instructor David Geffen School of Medicine, UCLA, Los Angeles, CA	2005-2007
Clinical Instructor MLK/King Drew Medical Center, Los Angeles, CA	2005-2007

### **Other Relevant Employment and Clinical Activities**

Private Practice TOC Eye and Face, Austin TX	2008-current
Oculoplastic Surgery Consultant Sansum Clinic, Santa Barbara, CA	2007-2008
Oculoplastic Surgery Consultant MLK/Drew Physician Group, Los Angeles, CA	2007-2008
Oculoplastic Surgery Consultant Dougherty Laser Vision, Camarillo, CA	2007-2008

### **Honors and Awards**

Austin Monthly Top Doctor	2018
Texas Monthly Top Doctor	2017
Austin Monthly Top Doctor	2017
Castle Connolly Top Doctor	2017
Texas Monthly Top Doctor	2016
Austin Monthly Top Doctor	2016
Castle Connolly Top Doctor	2016
Texas Monthly Top Doctor	2015
Austin Monthly Top Doctor	2015
Castle Connolly Top Doctor	2015

## **Honors and Awards (continued)**

Texas Monthly Top Doctor	2014
Austin Monthly Top Doctor	2014
Castle Connolly Top Doctor	2014
Achievement Award, American Academy of Ophthalmology	2013
Texas Monthly Top Doctor	2013
Austin Monthly Top Doctor	2013
Castle Connolly Top Doctor	2013
Texas Monthly Top Doctor	2012
Austin Monthly Top Doctor	2012
Castle Connolly Top Doctor	2012
Webster Research Award, American Academy of Cosmetic Surgery	2008
Listed in 62nd Marquis Who's Who in America	2008
Fellow of the Year Award, King Drew Dept. of Ophthalmology	2007
Fellow Teaching Award, UCLA	2007
Award for Clinical Research by a Fellow, UCLA	2007
Resident Surgery Award, UCLA Jules Stein Eye Institute	2005
Alpha Omega Alpha, Rush Medical College	2001
Alpha Omega Alpha, Student Research Fellowship Award	2000
Rush Medical College Dean's Research Fellowship	1999
Elliott Honors Washington University in St. Louis	1997
Marion Spector Biology Thesis Prize Washington University in St. Louis	1997
Golden Key National Honors Society	1997
Alpha Epsilon Delta, National Pre-Medical Honors Society	1997
Omicron Delta Kappa, National Leadership Honor Society	1997
Nature Undergraduate, featured selection	1997

## **Honors and Awards (continued)**

First Place Poster Howard Hughes Medical Institute Research Symposium Washington University in St. Louis	1996
National Merit Scholarship	1993-1997
Missouri "Bright Flight" Scholarship	1993-1997
Fine Arts Prize, St. Louis Priory High School Commencement	1993
Captain, T.E.A.M.S. Competition, Second Place in U.S.A., St. Louis Priory High School	1993
National A.P. Scholar	1993

## **Professional Memberships and Activities with Leadership Positions**

Fellow, American College of Surgeons	2012-current
Fellow, American Academy of Cosmetic Surgery Board Member, Cosmetic Surgery Foundation 2009-2017	2008-current
Member, Travis County Medical Society	2008-current
Member, Austin Ophthalmological Society President, 2009	2008-current
Fellow, American Academy of Ophthalmology	2002-current
Member, American Medical Association	2001-current

## **Educational Activities**

### **Educational Administration and Leadership**

Director, Fellowship in Facial Cosmetic Surgery American Academy of Cosmetic Surgery	2017-current
Preceptor, Fellowship in Ophthalmic Plastic and Orbital Surgery American Society of Ophthalmic Plastic & Reconstructive Surgery	2007-current
Member, Ophthalmology Resident Selection Committee UCLA Stein Eye Institute, Los Angeles	2006-2007
Founder & Administrator, Ophthalmology Journal Club St. Francis Hospital, Evanston IL	2001-2002

### **Educational Administration and Leadership (continued)**

Member, Committee on Senior Faculty Appointments & Promotions Rush University, Chicago IL	1997-2001
Founder & Administrator, Rush Med. Psychiatry Interest Group Rush Medical College, Chicago IL	1998
Founder & Administrator, Rush Med. Applicant Hosting Program Rush Medical College, Chicago IL	1997

### **Teaching Activities**

Program Director, TOC Eye and Face Conference TOC Eye and Face & UT Dell Medical School	2018
Program Director, TOC Eye and Face Conference TOC Eye and Face & Seton Hospital, Austin	2016
Course Director, Broadening Our Scope: Advanced Facial Aesthetic Surgery World Ophthalmology Congress, Guadalajara	2016
Program Director, Austin Oculoplastics Conference Texas Oculoplastic Consultants & Seton Hospital, Austin	2014
Course Director, "Introduction to Rhinoplasty" ASOPRS Fall Meeting, New Orleans	2012
Program Director, Comprehensive Facial Surgery Conference Texas Oculoplastic Consultants & Seton Hospital, Austin	2012
Course Director, "Introduction to Rhinoplasty" ASOPRS Fall Meeting, Chicago	2011
Course Director, "Introduction to Rhinoplasty" ASOPRS Fall Meeting, Chicago	2010
Course Director, "The Cosmetic Facial Exam" AAO Fall Meeting, Chicago	2010
Program Director, Comprehensive Facial Surgery Conference Texas Oculoplastic Consultants & Seton Hospital, Austin	2010
Course Director, "The Cosmetic Facial Exam" AAO Fall Meeting, San Francisco	2009
Course Director, "The Cosmetic Facial Exam" AAO Fall Meeting, Atlanta	2008

### **Teaching Activities (continued)**

Course Director, "The Cosmetic Facial Exam" AAO Fall Meeting, Las Vegas	2007
Course Director, "The Cosmetic Facial Exam" AAO Fall Meeting, New Orleans	2006
Course Co-Director, "Controversies in Graves' Disease" AAO Fall Meeting, New Orleans	2006

### **Advising and Mentoring**

#### **Residents and Fellows**

Natalie Homer, M.D. TOC Eye and Face, Current combined ASOPRS and AACS Fellow	2018-2010
Alison Huggins, M.D. TOC Eye and Face, Current combined ASOPRS and AACS Fellow	2017-2019
Tommy Kandl, M.D. MD Anderson Cancer Center, ASOPRS Fellowship Current position: Private Practice in Savannah, GA	2018
Marie Somogyi, M.D. TOC Eye and Face, combined ASOPRS and AACS Fellowship Current position: Attending Surgeon, TOC Eye and Face, Austin TX	2016-2018
Omar Ozgur, M.D. MD Anderson Cancer Center, ASOPRS Fellowship Current position: Private Practice in Mission Viejo, CA	2016
Ivan Vrcek, M.D. TOC Eye and Face, combined ASOPRS and AACS Fellowship Current position: Private Practice in Dallas, TX	2015-2017
Emily Bratton, M.D. TOC Eye and Face, combined ASOPRS and AACS Fellowship Current position: Attending Surgeon, TOC Eye and Face, Austin TX	2015-2016
Bradley Thuro, M.D. MD Anderson Cancer Center, Fellowship Current position: Assistant Professor, WVU Medical Center, Morgantown, WV	2015
Eva Chou, M.D. TOC Eye and Face, ASOPRS Fellowship Current position: Walter Reed National Military Medical Center, Bethesda MD	2013-2015

### **Residents and Fellows (continued)**

Vivian Yin, M.D. MD Anderson Cancer Center, International Fellowship Current position: Assistant Professor, Sloan Kettering Cancer Center, NYC	2014
Natalie Stanciu, M.D., TOC Eye and Face TOC Eye and Face, ASOPRS Fellowship Current position: Private Practice in Austin, TX	2011-2013
Tarek El-Sawy, M.D., Ph.D. MD Anderson Cancer Center, ASOPRS Fellowship Current position: Private Practice in San Francisco, CA	2012
Michael Connor, M.D., TOC Eye and Face, ASOPRS Fellowship Current position: Private Practice in Jupiter, FL	2009-2011
Qasim Nasser, M.D. MD Anderson Cancer Center, International Fellowship Current position: Consultant, Moorsfield Eye Hospital, Dubai	2011
Roman Shinder, M.D. MD Anderson Cancer Center, ASOPRS Fellowship Current position: Assistant Professor, SUNY Downstate Medical Center, NYC	2010
Aaron Savar, M.D. MD Anderson Cancer Center, ASOPRS Fellowship Current position: Private Practice in Beverly Hills, CA	2009
Mehryar Taban, M.D., UCLA Stein Eye Institute, ASOPRS Oculoplastics Fellowship Current position: Private Practice in Beverly Hills, CA	2008
Benjamin Burt, M.D., UCLA Stein Eye Institute, International Oculoplastics Fellowship Current position: Private Practice in Melbourne, Australia	2008

### **Other Active Research Activities**

Primary Investigator, Murine prospective clinical trial of 5FU+microneedling for postoperative cutaneous scar reduction, TOC Eye and Face in collaboration with The University of Texas at Austin	2017-current
Primary Investigator, Contour analysis of autologous facial fat transfer using quantitative 3-dimensional camera analysis, TOC Eye and Face	2016-current



## Other Active Research Activities (continued)

Primary Investigator, Electron microscopic analysis of afferent sensory receptors in human eyelid Mueller's muscle, TOC Eye and Face in collaboration with the Austrian Academy of the Sciences 2015-current

## Publications

### Peer-reviewed publications

Vrcek I, Wotipka E, Somogyi M, Nakra T. Rapid and complete vision loss due to idiopathic orbital inflammation with partial recovery following orbital decompression. *Proceedings (Baylor University Medical Center)*. 2018;31(3):372-374.

Chou E, Liu J, Seaworth C, Furst M, Amato MA, Blaydon SM, Durairaj VD, Nakra T, Shore JW. Comparison of Revision Rates of Anterior- and Posterior-Approach Ptosis Surgery: A Retrospective Review of 1519 Cases. *Ophthalmic Plastic and Reconstructive Surgery*. 34(3):246–253, May 2018

Lyons LJ, Vrcek I, Somogyi M, Nakra T. Natural killer/T-cell lymphoma invading the orbit and globe. *Proceedings (Baylor University Medical Center)*. 2017;30(4):447-449.

Bealka PJ, Somogyi M, Nakra T. Re: Conjunctiva-Sparing Posterior Ptosis Surgery: A Novel Approach. *Ophthalmic Plast Reconstr Surg*. 2017 Sep/Oct;33(5):392.

Silverman N, Spindle J, Tang SX, Wu A, Hong BK, Shore JW, Wester S, Levin F, Connor M, Burt B, Nakra T, Shepler T, Hink E, El-Sawy T, Shinder R. (2017) Orbital floor fracture with entrapment: Imaging and clinical correlations in 45 cases, *Orbit*, 36:5, 331-336

Vrcek I, Somogyi M, Nakra T. Optimizing Injection Technique to Minimize Ecchymosis in Upper Blepharoplasty. *JAMA Facial Plast Surg*. 2017;19(4):339.

Shinder R, Wu A, Mehendale RA, Tang SX, Nasser QJ, Chou E, Sniegowski MC, Janda A, Shepler TR, Blaydon SM, Nakra T. Lacrimal intubation during dacryocystorhinostomy utilizing the STENTube. *Orbit*. 2017 Feb;36(1):6-12.

Nakra T, Modjtahedi S, Vrcek I, Mancini R, Saulny S, Goldberg RA. The effect of upper eyelid blepharoplasty on eyelid and brow position. *Orbit*. 2016 Dec;35(6):324-327.

Vrcek I, Ozgur O, Nakra T. Infraorbital Dark Circles: A Review of the Pathogenesis, Evaluation and Treatment. *J Cutan Aesthet Surg*. 2016 Apr-Jun;9(2):65-72.

Vrcek I, Ben Simon G, McCann J, Goldberg RA, Nakra T. Re: "Proprioceptive Phenomenon With Involutional Ptosis: Evidential Findings in Anophthalmic Ptosis". *Ophthalmic Plast Reconstr Surg*. 2016 Jan-Feb;32(1):69.

Kotlus BS, Schwarcz RM, Nakra T. Upper Eyelid Fractional CO2 Laser Resurfacing

### **Peer-reviewed publications (continued)**

With Incisional Blepharoplasty. *Ophthalmic Plast Reconstr Surg.* 2016 Jul-Aug;32(4):267-9.

Nakra T. Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation. *JAMA Facial Plast Surg.* 2015 Sep-Oct;17(5):374-81.

Vrcek I, El-Sawy T, Chou E, Allen T, Nakra T. Neuropathic Pain Following Poly-L-Lactic Acid (Sculptra) Injection. *Ophthal Plast Reconstr Surg.* 2015 Jun 23.

Yin VT, Chou E, Nakra T. The transeyelid midface lift. *Clin Plast Surg.* 2015 Jan;42(1):95-101.

Stanciu NA, Nakra T. Revision Blepharoplasty. *Clin Plast Surg.* 2013 Jan;40(1):179-89.

Elmann S, Pointdujour R, Blaydon S, Nakra T, Connor M, Mukhopadhyay C, Levin F, Schwarcz R, Shepler T,

Shore JW, Wladis EJ, Shinder R. Periocular abscesses following brow epilation. *Ophthal Plast Reconstr Surg.* 2012 Nov-Dec;28(6):434-7.

Dastgir G, Gutman J, Nakra T, Shinder R. Indications for orbital imaging by the oculoplastic surgeon. *Ophthal Plast Reconstr Surg.* 2011 Nov;27(6):469; author reply 469-70.

Shinder R, Gutman J, Gunasekera CD, Connor M, Nakra T. Occult orbital organic foreign body. *Ophthal Plast Reconstr Surg.* 2011 Nov;27(6):463-4.

Nakra T, Blaydon S, Shepler T, Nasser QJ, Mukhopadhyay C, Shinder R. Intubation of the ostium and nasolacrimal duct with a single self-linking silicone stent in external dacryocystorhinostomy. *Ophthal Plast Reconstr Surg.* 2011 Sep-Oct;27(5):394; author reply 395

Nasser QJ, Blaydon SM, Connor MA, Nakra T, Shepler TR, Neuhaus RW, Shore JW. Comparison of the exposure rate of wrapped hydroxyapatite (Bio-Eye) versus unwrapped porous polyethylene (Medpor) orbital implants in enucleated patients. *Ophthal Plast Reconstr Surg.* 2011 Sep-Oct;27(5):391; author reply 391-2.

Nakra T, Blaydon SM, Durairaj VD, Shinder R. Congenital upper eyelid ectopic cilia. *J Pediatr Ophthalmol Strabismus.* 2011 Feb 15;48:e16-8

Taban M, Nakra T, Hwang C, Hoenig JA, Douglas RS, Shorr N, Goldberg RA. Aesthetic lateral canthoplasty. *Ophthal Plast Reconstr Surg.* 2010 May-Jun;26(3):190-4.

Burt B, Nakra T, Isaacs DK, Goldberg RA. Alar necrosis after facial injection of hyaluronic Acid. *Plast Reconstr Surg.* 2010 May;125(5):199e-200e

Savar A, Nakra T. Freely mobile subconjunctival cyst. *Ophthalmology.* 2010 Mar;117(3):637.e3-4

### **Peer-reviewed publications (continued)**

Chang H, Taban M, Nakra T. Periorbital Surgical Rehabilitation after Facial Nerve Palsy. Book chapter in *Ophthalmic Oncology: M.D. Anderson Solid Tumor Oncology Series*. Springer 2010.

Khadavi NM, Mancini R, Nakra T, Tsirbas AC, Douglas RS, Goldberg RA, Duckwiler GR. Rare dural arteriovenous fistula of the lesser sphenoid wing sinus. *Ophth Plast Reconstr Surg*. 2009 Sep-Oct;25(5):404-6.

Taban M, Mancini R, Nakra T, Velez FG, Ela-Dalman N, Tsirbas A, Douglas RS, Goldberg RA. Nonsurgical management of congenital eyelid malpositions using hyaluronic Acid gel. *Ophthal Plast Reconstr Surg*. 2009 Jul-Aug;25(4):259-63.

Taban M, Nakra T, Mancini R, Douglas RS, Goldberg RA. Orbital wall fracture repair using Seprafilm. *Ophthal Plast Reconstr Surg*. 2009 May-Jun;25(3):211-4

Taban M, Mancini R, Nakra T, Velez FG, Ela-Dalman N, Tsirbas A, Douglas RS, Goldberg RA. Nonsurgical management of congenital eyelid malpositions using hyaluronic Acid gel. *Ophthal Plast Reconstr Surg*. 2009 Jul- Aug;25(4):259-63.

Taban M, Nakra T, Mancini R, Douglas RS, Goldberg RA. Orbital wall fracture repair using Seprafilm. *Ophthal Plast Reconstr Surg*. 2009 May-Jun;25(3):211-4.

Mancini R, Taban M, Lowinger A, Nakra T, Tsirbas A, Douglas RA, Shorr N, Goldberg RA. The Use of Hyaluronic Acid Gel in the Management of Paralytic Lagophthalmos: The Hyaluronic Acid Gel "Gold- Weight, *Ophthal Plast Reconstr Surg*. 2009 Jan-Feb; 25(1):23-6.

Chang H, Taban M, Nakra T. "Periorbital reconstruction in Facial Palsy Patients" MD Anderson *Ophthalmic Oncology Esmeli B.* (editor) 2009.

Goldberg, R., Mancini, R., Nakra, T., Shorr, N. (2008) A Stepladder Approach to Post-Blepharoplasty Lower Eyelid Retraction. *Saudi Journal of Ophthalmology*, Jan; 22(1):13-21.

Nakra T, Ben-Simon GJ, Douglas RS, McCann JD, Goldberg RA. Clinical outcomes of enucleation and evisceration." *Ophthalmology*. 2006 Dec; 113(12):2270-5.

Ben Simon GJ, Yoon MK, Atul J, Nakra T, McCann JD, Goldberg RA. Clinical manifestations of orbital mass lesions at the Jules Stein Eye Institute, 1999-2003. *Ophthalmic Surg Lasers Imaging*. 2006 Jan-Feb;37(1):25-32.

Ben Simon GJ, Huang L, Nakra T, Schwarcz RM, McCann JD, Goldberg RA. Intralesional triamcinolone acetonide injection for primary and recurrent chalazia: is it really effective? *Ophthalmology*. 2005 May;112(5):913-7.

Ben-Simon GJ, Blaydon SM, Schwarcz RM, Nakra T, McCann JD, Goldberg RA. Paradoxical use of frontalis muscle and the possible role of botulinum toxin A in permanent motor relearning. *Ophthalmology*. 2005 May;112(5):918-22.

### **Peer-reviewed publications (continued)**

Cook T, Nakra T, Shorr N, Douglas RS. Facial recontouring with autogenous fat. *Facial Plast Surg.* 2004 May;20(2):145-7.

Nakra T, Cook T, Douglas RS, Goldberg RA. Dermatofibrosarcoma protuberans metastatic to the orbit. *Arch Ophthalmol.* 2004 Aug;122(8):1240-1.

Ben-Simon GJ, Peiss M, Anis E, Nakra T, Luski A, Spierer A. Spectacle use and reduced unaided vision in third grade students: a comparative study in different educational settings. *Clin Exp Optom.* 2004 May;87(3):175-9.

Kurz LC, Nakra T, Stein R, Plungkhen W, Riley M, Hsu F, Drysdale GR. Effects of changes in three catalytic residues on the relative stabilities of some of the intermediates and transition states in the citrate synthase reaction. *Biochemistry.* 1998 Jul 7;37(27):9724-37.

Kurz LC, Roble JH, Nakra T, Drysdale GR, Buzan JM, Schwartz B, Drueckhammer DG. Ability of single-site mutants of citrate synthase to catalyze proton transfer from the methyl group of dehydroacetyl-coenzyme A, a non-thioester substrate analog. *Biochemistry.* 1997 Apr 1;36(13):3981-90.

Kurz LC, Shah S, Frieden C, Nakra T, Stein RE, Drysdale GR, Evans CT, Srere PA. Catalytic strategy of citrate synthase: subunit interactions revealed as a consequence of a single amino acid change in the oxaloacetate binding site. *Biochemistry.* 1995 Oct 17;34(41):13278-88.

### **Books & Chapters**

Nakra T, Shorr N. "Medical- Legal Aspects of Ophthalmic Plastic Surgery" *Ophthalmology and the Law*, Krausher (editor) 2008.

### **Editorial Responsibilities**

Ophthalmic Plastic and Reconstructive Surgery, Reviewer	2007-2011
The Journal of the American Academy of Cosmetic Surgery, Reviewer	2004-2006

### **Invited Presentations, Posters & Abstracts**

#### **International**

Nakra T., "Endoscopic Browlift Surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017

Nakra T., "Facelift surgery." Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017

## **International (continued)**

Nakra T., "Orbital Decompression surgery" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017

Nakra T., "Lower blepharoplasty advances" Presentation, Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017

Nakra T., "Live blepharoplasty and browlift surgery" (In OR live) Oculoplastic Association of Colombia, Quinto Congreso, Medellin, Colombia, August 2017

Nakra T., "Upper blepharoplasty with laser resurfacing" Presentation, Oculoplastic Association of Colombia, Quinto Congreso Medellin, Colombia, August 2017

Nakra T., "Lateral Upper Lid Crease Approach to the Canthus, Midface and Beyond" Presentation, World Ophthalmology Congress, Guadalajara Mexico, January 2016

Nakra T., "Overview of Facelifting Surgery" Presentation, World Ophthalmology Congress, Guadalajara Mexico, January 2016

Nakra T., "Fat transfer concurrent to blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016

Nakra T., "3-D lower blepharoplasty" Presentation, Advances in Blepharoplasty Conference, Australian Ophthalmic Plastic Society, Sydney, Australia, September 2016

Nakra T., "Facelift Surgery and Fat Transfer" Presentation, OPAI Spring Cosmetic Symposium, Hyderabad, India, March 2011 (Via Skype)

Nakra T., "Fat Transfer" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010

Nakra T., "Preventing Unhappiness in Cosmetic Patients" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010 "Fat

Nakra T., "Decompression for Graves' Orbitopathy" Presentation, OPAI Annual Meeting, Mumbai, India, November 2010 "Facelift Surgery" OPAI Annual Meeting, Mumbai, India, November 2010

Nakra T., "Lower Blepharoplasty is Midface Surgery" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010

Nakra T., "Transblepharoplasty Approaches to the midface, forehead, and orbit" Presentation, Joint meeting of AAO and APAO, Beijing, China, September 2010

Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

### **International (continued)**

Nakra T., "Lower Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

Nakra T., "Lower eyelid laxity management" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

Nakra T., "Upper Blepharoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

Nakra T., "Non-Surgical Rhinoplasty" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

Nakra T., "Fat Transfer to the Face" Presentation, Minimally Invasive Plastic Surgery & Dermatology Conference, Seoul, South Korea, September 2010

Nakra T., "Transblepharoplasty approach to the forehead and midface" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Live Botox and Filler Facial Injections" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "The Front & Back: Anterior and Posterior Ptosis Surgery" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Recognizing Facial Asymmetry" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Autologous Facial Fat Transfer" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Lateral Canthoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Lower Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Upper Blepharoplasty" Presentation, Australasian Academy of Facial Plastic Surgery Fall Meeting, Queenstown, New Zealand, September, 2009

Nakra T., "Clinical Assessment of Graves' Disease" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

### **International (continued)**

Nakra T., "Live Surgery: Ptosis Surgery" Live surgery, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "Clinical implications of Facial Asymmetry" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "Patients to Avoid in Cosmetic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "Comparing Outcomes of Enucleation & Evisceration" vCutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "Quiz on Ophthalmic Plastic Surgery" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "My Technique of Facial Fat Injection" Presentation, Cutting Edge 2007: Joint meeting of Ophthalmic Plastic Association of India/ Asia-Pacific Society of Ophthalmic Plastic & Reconstructive Surgery, Hyderabad, December 2007.

Nakra T., "Advanced Techniques in Orbital Decompression." Presentation, Australian-Asian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007

Nakra T., "Minimally-invasive techniques of periorbital rejuvenation." Presentation, Australiasian Society of Facial Plastic Surgery Meeting, Sydney, Australia, October 2007

### **National**

Nakra T., "Subplatysmaplasty and Submandibular gland resection during Necklifting surgery" Presentation, ASOPRS Spring Meeting, Austin, June 2018

Nakra T., "Live Filler injections with a cannula" Presentation, ASOPRS Spring Meeting, Austin, June 2018

Nakra T., "Live Botox injections" Presentation, ASOPRS Spring Meeting, Austin, June 2018

Nakra T., "Live Filler injections with a cannula" Presentation, TOC Eye and Face Conference, Austin, April 2018

## **National (continued)**

Nakra T., "Laser resurfacing during blepharoplasty" Presentation, TOC Eye and Face Conference, Austin, April 2018

Nakra T., "Facelifting overview" Presentation, TOC Eye and Face Conference, Austin, April 2018

Nakra T., "Endoscopic Browlifting, Presentation, AAO Subspecialty Day, New Orleans, October 2017

Nakra T., "How to Increase Office Productivity" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017

Nakra T., "Midface augmentation via autograft during transposition lower blepharoplasty" Presentation, ASOPRS Fall Meeting, New Orleans, October 2017

Nakra T. et al., "Local anesthesia medial canthoplasty via simplified trans-ethmoid fixation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017

Somogyi M. et al., "Rates of infection following delayed closure of periorbital Mohs defects" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017

Schinder R., et al., "In Office Marsupialization of Lacrimal Ductular Cysts (Dacryops) Using Local Anesthesia" Poster, (co-author) ASOPRS Fall Meeting, New Orleans, October 2017

Nakra T., et al., "Serpentine Soft Set Asian Eyelid Crease Formation" Poster, ASOPRS Fall Meeting, New Orleans, October 2017

Schinder R. et al., "Venous Malformation With Intravascular Papillary Endothelial Hyperplasia (Massons Tumor) of the Temporalis Muscle" Poster, ASOPRS Fall Meeting, New Orleans, October 2017

Nakra T., "Endoscopic Upper and Midface Lift Anatomy/Video" Presentation, UCLA Blepharoplasty Course, Los Angeles, July 2017

Nakra T., "Hands-on cadaveric teaching course: facelift" Live dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017

Nakra T., "Facelifting pearls" Live Dissection, UCLA Blepharoplasty Course, Los Angeles, July 2017

Nakra T., "Contour-Oriented Approach to Lower Blepharoplasty" Presentation, Vegas Cosmetic Surgery, Las Vegas, June 2017

Nakra T., "Optimizing Blepharoplasty With Fat Transfer And Laser Resurfacing" Presentation, Vegas Cosmetic Surgery, Las Vegas June 2017

## **National (continued)**



Nakra T., "Self-Inflicted and Traumatic Enucleations: Clinical Features of 20 Cases" co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, October 2016

Nakra T., "Utilizing Microliposuction for Deprojection in Patients with Overfill" Presentation, ASOPRS Fall Meeting, Chicago, October 2016

Nakra T., "Repurposing the SMAS: Uses in Lower Lid Retraction, Lip Augmentation, and Genioplasty" Presentation, ASOPRS Fall Meeting, Chicago, October 2016

Nakra T., "Biplanar Contour-Oriented Approach to Lower Eyelid and Midface Rejuvenation" Presentation, ASOPRS Fall Meeting, Chicago, October 2016

Schinder R. et al., "Intravenous Steroids on Admission for Children with Orbital Cellulitis" co-author ASOPRS Fall Meeting, Chicago, October 2016

Nakra T., "Ptosis and compensatory brow elevation in anophthalmic patients" Presentation, ASOPRS Fall Meeting, Chicago, October 2016

Kotlus B. et al., "Epicanthal fold correction with nasal radix filler injections" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016

Schinder R. et al., "Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Blepharoptosis with Poor Levator Function – 5 Year Experience" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016

Durairaj V. et al., "Orbit Fracture Management: Toward a Consensus" Poster, (co-author) ASOPRS Fall Meeting, Chicago, October 2016

Nakra T., "Cosmetic Case" Presentation, AAO Oculofacial Plastics Subspecialty Day., Chicago, October 2016

"Comprehensive review of facial fat transfer." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Nakra T., "Comprehensive lower blepharoplasty maneuvers." Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Silverman N et al., "Large Orbital Floor Fracture Indication for Surgery or Not?" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Silverman N et al., "IgG4 Related Disease of the Punctum and Canaliculus" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Schinder R. et al., "IgG4-related Orbital Disease Clinical Features of 24 Cases" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Vrcek I et al., "Arnica and Bromelain for Blepharoplasty-Associated Ecchymosis" (co-presenter) Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

## **National (continued)**

Nakra T.. "Periauricular Fixation Finesse Avoids Facelift Complications"  
Presentation, ASOPRS Fall Meeting, Las Vegas, October 2015

Nakra T., "Avoiding Skin Grafting for Cicatricial Ectropion: Direct Release, Elevation, and Fixation of Facial Ligaments" Poster, ASOPRS Fall Meeting, Las Vegas, October 2015

Nakra T., "Clinical Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Las Vegas, October 2015

Nakra T., "Avoiding Complications in Facelifts" UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2015

Nakra T., "Basic Facelift Maneuvers" vUCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2015

Nakra T., "Basics of Autologous Fat Transfer." Presentation, ASOPRS Spring Meeting, St. Thomas, May, 2015

Nakra T. "Extended Facial Rejuvenation Pearls." Presentation, Texas Cosmetic Surgery Society, Austin, April, 2015

Nakra T. "Central platysmaplasty with a bidirectional, barbed suture" Presentation, co-presenter, ASOPRS Fall Meeting, October 2014, Chicago

Nakra T. "Direct submentoplasty combined with limited incision facelift for male lower facial rejuvenation" Presentation, ASOPRS Fall Meeting, October 2014, Chicago

Nakra T., "Presentation of a Case" Presentation, AAO Oculofacial Plastics Subspeciality Day., Chicago, October 2014

Nakra T., "The Texas Hold 'Em Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2014

Nakra T., "Kick Facial Rejuvenation up a notch" Presentation, TOC Oculoplastics Conference, Austin, March, 2014

Nakra T., "3D Lower Blepharoplasty" Presentation, American Academy of Facial Plastic Surgery Meeting, San Diego, February, 2014

Kotlus B. et al., "Upper eyelid fractional CO2 resurfacing with incisional blepharoplasty" Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2014

Schwarcz R. et al., "To drain or not to drain: yet another decision in facelift management." Presentation, co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013

## **National (continued)**

Nakra T., "Advances in Lower Blepharoplasty." Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, July 2013

Nakra T., "Basic Facelift Maneuvers" Presentation, UCLA Aesthetic Eyelid and Facial Rejuvenation Course, Live Dissection Workshop, Los Angeles, July 2013

Nakra T., "Internal Cantholysis for Transconjunctival Floor Fracture Repair" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013

Kotlus B. et al., "Upper Eyelid Fractional CO2 Resurfacing with Incisional Blepharoplasty" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013

Nakra T., "Pearls and Pitfalls in Facelifting Techniques" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013

Nakra T., "Facelift Panel Discussion" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013

Nakra T., "Patient Satisfaction with Full Face Rejuvenation Using Fat Grafting" Presentation, ASOPRS Fall Meeting, New Orleans, October 2013

Schinder R. et al., "Pulsatile Tinnitus as the Sole Sign or Symptom for a Cavernous Carotid Fistula" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013

Raifailov L. et al., "Comparison of Transcutaneous and Transconjunctival Local Anesthesia for Outpatient Eyelid Surgery" Presentation, Co-presenter, ASOPRS Fall Meeting, New Orleans, October 2013

Blaydon S. and Nakra T., "Effect of rhinoplasty on the attractiveness of the eye region." Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013

Schwarcz R., et al., "Usage of Dorsal hump As Radix Graft During Rhinoplasty Surgery" Poster, (Co-author) ASOPRS Fall Meeting, New Orleans, October 2013

Nakra T., et al., "Combining Paramedian Lower Face-Lift with Traditional SMAS Resection and Modified Corset Platysmaplasty" Poster, ASOPRS Fall Meeting, New Orleans, October 2013

Nakra T., "Neuropathic Pain Following poly-L-lactic acid (Sculptra) Injection" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Tsai F. et al., "Custom Conformers for Orbital Growth in Microphthalmia and Anophthalmia" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012

## **National (continued)**

Schwarcz R. et al., "Understanding the Nasofrontal Angle in Planning for Rhinoplasty Surgery" Co-presenter, Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Schwarcz R. et al., "Implementing the Power of Fat Grafting Used in Conjunction with Lower Eyelid Blepharoplasty When Other Modalities Are Just Not Enough" Presentation, Co-presenter, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Dealing with Tough Necks: Digastric Muscle Resection and Double Corset Platysmaplasty" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Identification and Avoidance of Common Facelift Incision-Related Complications" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Advanced Face-Lifting Techniques" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Anatomical and Surgical Foundations for Rhinoplasty" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Three basic key maneuvers in cosmetic rhinoplasty: septoplasty, dorsal hump reduction, and basic tip refinement" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Septoplasty during Dacryocystorhinostomy" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Nakra T., "Upright Ptosis Surgery" Presentation, ASOPRS Fall Meeting, Chicago, November 2012

Moss J. et al., "Single Suprabrow Incision Frontalis Suspension for the Surgical Correction of Poor Levator Function Ptosis" Presentation, Co-author, ASOPRS Fall Meeting, Chicago, November 2012

Schinder R., et al, "Vicarious Menstruation In the Orbit of a Young Woman" Poster, (co-author) Presentation, ASOPRS Fall Meeting, Chicago, October 2012

Nakra T., "Comprehensive Lower Blepharoplasty" Presentation, American Academy of Facial Plastic Surgery, Fall Meeting, Washington D.C., September, 2012

Nakra T. "Kick Facial Surgery Up A Notch with Fat Transfer" Presentation, TOC/ Seton Austin Oculoplastics Conference, Austin, March 2012

Kotlus B et al., "Combined Dacryocystorhinostomy and Rhinoplasty" Presentation, co-presenter, ASOPRS Fall Meeting, Orlando, October 2011

## **National (continued)**

Shinder et al. "Experience with Lacrimal Intubation During DCR Using the STENTube" Presentation, (co-presenter) ASOPRS Fall Meeting, Orlando, October 2011

Nakra T., "Prophylactic Internal Nasal Valve Repair during Midfacial Advancement Flaps" Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Nakra T. and Connor M., "Dorsal Hump Reduction for Flap Construction in Midfacial Mohs Defects" Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Nakra T. and Goldberg R., "Nonsurgical Orbital Volume Expansion in Patients with Normal Vision" Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Schinder R. et al. "Lemierre's Syndrome: A Rare Cause of Cavernous Sinus Thrombosis and Facial Nerve Palsy" Presentation,(co-presenter), ASOPRS Fall Meeting, Orlando, October 2011

Nakra T., "The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Orbicularis Plication." Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Nakra T., "Tranctaneous Orbicularis Flap Lower Blepharoplasty" Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Blaydon S., and Nakra T., "Synergy of Endoscopic Brow Lifting Surgery with Autologous Fat Transfer to the Forehead" (co-presenter) Presentation, ASOPRS Fall Meeting, Orlando, October 2011

Nakra T. et al., "Transoral Filler Injections to the Tear Trough and Midface" Poster, ASOPRS Fall Meeting, Orlando, October 2011

Nakra T. et al., "Salvage Therapy for Iatrogenic Botulinum Toxin induced Ptosis" Poster, ASOPRS Fall Meeting, Orlando, October 2011

Schinder R. et al., "Bilateral marked Dacryops Following Trauma: A Rare Presentation" Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011

Schinder R. et al., "Maxillary Sinus Acinic Cell Carcinoma with Orbital Extension" Poster,(Co-author) ASOPRS Fall Meeting, Orlando, October 2011

Kotlus et al., "Combined Dacryocystorhinostomy and Rhinoplasty." Presentation, Co-Author, ASOPRS Fall Meeting Orlando, October 2011

Schwarcz R. et al., "Cephalic Trim in Aesthetic Rhinoplasty" Poster, (co-author) ASOPRS Fall Meeting, Orlando, October 2011

## **National (continued)**

Taban M., et al., "Herring's Law Effects on Brow Position in Cases of Asymmetric Blepharoptosis." Poster, (co-author)n ASOPRS Annual Meeting, Chicago, October 2010

Schwarcz R. et al., "The 'Swinging Door' Approach to Caudal Septal Deviation" Poster, (co-author) ASOPRS Annual Meeting, Chicago, October 2010

Nakra T. et al., "A Simplified Fat Harvest and Transfer Technique" Poster, ASOPRS Annual Meeting, Chicago, October 2010

Schwarcz R. et al., "Nasal Tip Ptosis: the use of Hyaluronic Acid Gel Filler" Poster, (Co-author) ASOPRS Annual Meeting, Chicago, October 2010

Nakra T., "Update on Fat Transfer Techniques" Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011

Nakra T., "Endoscopic Brow Lifting" Presentation, Jules Stein Eye Institute Blepharoplasty Course, Los Angeles, July 2011

Nakra T., "Sub-SMAS Electrocautery during Facelift Surgery" Presentation, ASOPRS Annual Meeting, Chicago, October 2010

Nakra T., "Basics of Rhinoplasty" Presentation, ASOPRS Annual Meeting, Chicago, October 2010]

Nakra T., "Setting up a Oculoplastic Medical Spa" Presentation, ASOPRS Annual Meeting, Chicago, October 2010

Kotlus B. et al., "A Time Dependent 3-Dimensional Analysis of Saline Trials prior to HA Malar Augmentation", Presentation, ASOPRS Annual Meeting, Chicago, October 2010

Nakra T., "Electrocautery Sub-SMAS dissection during Rhytidectomy" Presentation, ASOPRS Annual Meeting, Chicago, October 2010

Nakra T., "Browlifting Techniques and Evolution" Presentation, AAO Annual Meeting-Subspecialty Day, Chicago, October 2010

Nakra T., "Setting up a Cosmetic Practice" Presentation, AAO Annual Meeting, Chicago, October 2010

Nakra T., "The Evaluation of the cosmetic patient" Presentation, AAO Annual Meeting, Chicago, October 2010

Nakra T., "Fat Transfer during Facelift Surgery" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010

## **National (continued)**

Nakra T., "Orbital Decompression" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010

Nakra T., "Transblepharoplasty approaches to the Orbit, Midface, and Forehead" Presentation, Comprehensive Facial Surgery Conference, Texas Oculoplastic Consultants & Seton Hospitals, Austin, March 2010

Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, AACS Annual Meeting, Orlando, January, 2010.

Nakra T., "Non- incisional earlobe rejuvenation" Presentation, AACS Annual Meeting, Orlando, January, 2010.

Nakra T., "Effect of Blepharoplasty on eyelid and brow position" Presentation, AACS Annual Meeting, Orlando, January, 2010.

Nakra T., "Midface implants placed during facelift surgery" Presentation, AACS Annual Meeting, Orlando, January, 2010.

Nakra T., "Nasolabial fold silicone implant" Presentation, AACS Annual Meeting, Orlando, January, 2010.

Shore J. et al., "Ultratine Breakage" (co-author) Presentation, AACS Annual Meeting, Orlando, January, 2010.

Nakra T., "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. San Francisco, October 2009.

Nakra T., "Introduction to Cosmetic Oculoplastics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco,

Nakra T., "The Cosmetic Facial Examination" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009

Nakra T., "Cases in Cosmetics" Presentation,(Course Faculty & Course Director) AAO Fall Meeting, San Francisco, October 2009

Nakra T., "How to set up a Pure Cosmetic Practice" Presentation, AAO Fall Meeting, San Francisco, October 2009

Nakra T., "Autologous Fat Transfer During Rhytidectomy" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009

Nakra T., "Non-Surgical Rhinoplasty" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009

## **National (continued)**

Nakra T. et al., "Patient Satisfaction after Dacryocystorhinostomy" Poster, ASOPRS Fall Meeting, San Francisco, October, 2009

Shore J. et al., "Ultratine Breakage" Poster, (co-author) ASOPRS Fall Meeting, San Francisco, October, 2009

Nakra T. et al., "Custom Silicone Nasolabial fold Implants Placed Through an Intranasal Approach" Presentation, ASOPRS Fall Meeting, San Francisco, October, 2009

Schwarcz R., et al., "The extended columella strut graft with footplates" Poster,(co-author) ASOPRS Fall Meeting, San Francisco, October, 2009

Nakra T., "Long- Term Results of Facelifts & Rhinoplasty" Presentation, AACS Winter Meeting, Phoenix, January 2009

Nakra T "Large Volume Facial Fat Transfer" Presentation, ASOPRS Fall Meeting, Atlanta, November 2008

Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. Atlanta, November 2008

Nakra T "Live Blepharoplasty" Presentation, American Academy of Cosmetic Surgery Live Blepharoplasty Workshop, Henry Baylis Surgery Center, Santa Monica, July 2008

Nakra T "Complications of Periorbital Fillers" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.

Nakra T "Autologous Fat Transfer to the Face" Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. July 2008.

Mancini R., and Nakra T. "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach - Webster Research Award Lecture" Presentation, American Academy of Cosmetic Surgery Annual Meeting, Orlando, January 2008. (co-presenter)

Nakra T "The Aesthetic Facial Examination: a systematic approach to maximizing the results of blepharoplasty, fillers and Botox." Presentation, Course Director. AAO Fall meeting. New Orleans, November 2007

Nakra T "The use of the buccal fat pad in orbital reconstruction." Presentation, ASOPRS Fall meeting, New Orleans, November 2007



## **National (continued)**

Mancini R. and Nakra T., "Uses of hyaluronic acid gel in pediatric eyelid malposition" Poster, Presentation, ASOPRS Fall Meeting, New Orleans, November 2007

Nakra T., et al., "Use of the buccal fat pad for vascularized volume in facial reconstruction." Poster, ASOPRS Spring meeting, June 2007

Nakra T "Video Presentation: Upper Blepharoplasty Techniques." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2007.

Nakra T "Computer-aided quantification of facial asymmetry demonstrates predictable patterns." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.

Nakra T "Use of the buccal fat pad for vascularized volume in facial reconstruction." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007.

Mancini R. and Nakra T., "The Revision Midface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival, Sublabial, and Temporal Subperiosteal Approach." Presentation, Jules Stein Eye Institute Clinical Research Seminar. Los Angeles, CA. May 2007. (co-presenter)

Nakra T "Advanced Techniques in Orbital Decompression: the Medial and Lateral Wall." Presentation, Snowbird Symposium: Facial Reconstructive & Aesthetic Surgery. Snowbird, UT. January, 2007

Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Grand Rounds Specialty Lecture, Jules Stein Eye Institute, UCLA. Los Angeles, CA. January, 2007.

Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Lecture Series. UC Davis Department of Ophthalmology. Davis, CA. December, 2006.

Mancini R. and Nakra T., "The Revision Medface Lift for Post-Blepharoplasty Lower Eyelid Retraction: Combined Transconjunctival and Sublabial Subperiosteal Release." Presentation,(co-presenter) ASOPRS Fall Meeting. Las Vegas, NV. Nov 2006.

Goldberg et al. "Intraconal Fat Transfer and Lower Lid Retractor Release for Treatment of Lower Eyelid Retraction and Volume Collapse in the Prominent Eye Patient." Presentation,(co-presenter) ASOPRS Fall Meeting, Las Vegas, NV. Nov 2006.

## **National (continued)**

Nakra T "Advanced Techniques in Orbital Decompression and Expansion." Presentation,(Course and Skills Transfer Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006

Nakra T "Controversies in Graves Disease: Orbit and Endocrinologic Issues Facing the Ophthalmologist." Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.

Nakra T "The Aesthetic Facial Examination: A Systematic Approach to maximizing the Results of Blepharoplasty, Fillers, and Botulinum Toxin A." Presentation,(Course Faculty) AAO Annual Meeting. Las Vegas, NV, Nov 2006.

Nakra T "Clinical Outcomes of Enucleation and Evisceration." Presentation, Lecture Series. Vanderbilt Eye Institute. Nashville, TN. October, 2006.

Nakra T "Avoiding and Managing Complications in Blepharoplasty." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.

Nakra T "Transconjunctival Lower Blepharoplasty and Fat Transposition Surgical Technique." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Los Angeles, CA. June 2006.

Mancini and Nakra T "An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery." Presentation,(co-presenter) ASOPRS Fall meeting, Chicago, IL. October 2005

Nakra T., et al., "Neuro-Ophthalmologic Implications of Ipsilateral Frontalis Muscle Recruitment in Anophthalmic Eyes." Poster, ARVO, Ft. Lauderdale, FL. May 2005

Mancini R., et al. "An iatrogenic previously unrecognized complication of transconjunctival orbit and midface surgery." Poster,(co- author) ASOPRS Spring meeting, April 2005

Nakra T "Advanced Techniques in Orbital Decompression and Expansion." (Course and Skills Transfer Faculty) Presentation, AAO Annual Meeting. Chicago, IL. October, 2005.

Nakra T. "Lower eyelid blepharoplasty, advantages of fat transposition over traditional fat removal." Presentation,(co-presenter) AFPRS Fall meeting, Los Angeles, CA. September 2005.

Nakra T. "Fixation Options for the Endoscopic Forehead Lift." Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, Temecula, CA. July 2005.

## **National (continued)**

“Outcomes of Enucleation and Evisceration” Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2005.

Hoening J., Nakra T. “Minimally invasive rejuvenation of the perioral region: the oral commissure lift.” Presentation, (co-presenter) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.

Nakra T. “Options for Fixation in Forehead Lift Surgery.” Presentation, Jules Stein Eye Institute Aesthetic Eyelid and Facial Rejuvenation Course, San Diego, CA. Feb 2004.

Nakra T et al., “Clinical Outcomes in Enucleation and Evisceration.” Poster, ASOPRS Fall meeting, New Orleans, LA. Oct 2004.

Goldberg R and Nakra T. et al., “A new paradigm in management of the atonic face.” Poster, (co-author) ASOPRS Fall meeting, New Orleans, LA. Oct 2004.

Nakra T. et al., “Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery.” Poster, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2004.

Nakra T. et al., “Phacoemulsification and lens implantation after pars plana vitrectomy and scleral buckling surgery.” Poster, ARVO, Ft. Lauderdale, FL. Apr 2004.

Nakra T. “Metastatic Tumors to the Orbit: A Case and Review.” Presentation, Jules Stein Eye Institute Research and Alumni Day. Los Angeles, CA. May 2003.

Nakra T. and Thonar E., “Embedding the Cornea in Alginate: A Novel Method for Long-Term Corneal Storage.” Poster, ARVO, Ft. Lauderdale, FL. Apr 2001

Nakra T. and Kurz L., “Insights into the mechanism of citrate synthase by analyzing transitional states via NMR.” Poster, 15th Enzyme Mechanisms Conference, Naples, FL. Jan 1997.

## **Regional**

Nakra T. “The 3D Lower Blepharoplasty: Combining Midfacial Fat Transfer, Orbital Fat Transposition, and Transcutaneous Orbicularis Flap Lower Blepharoplasty” Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012

Nakra T. “Update in Facelift Surgery” Presentation, Texas Cosmetic Surgery Society Symposium, Austin, April 2012

Nakra T. “The Aesthetic Facial Examination” Presentation, Texas Medical Association Annual Meeting, May, 2009

## **Regional (continued)**

Nakra T. "Aesthetic Facial Surgery" Presentation, Austin Optometric Society Meeting, Austin, February 2009

Nakra T., "What is Ophthalmology?" Presentation, Medical Explorer Post Meeting, Austin, December 2008

Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Diabetes & Endocrinology Rounds, Austin, October 2008

Nakra T. "Minimally invasive techniques in Oculoplastic Surgery" Presentation, Seminar for optometrists, Austin, October 2008

Nakra T. "Clinical Evaluation of Graves' Disease" Presentation, Texas Medical Association/ Texas Ophthalmology Association Annual Meeting, San Antonio, April 2008

Nakra T. "Orbit & Lacrimal Diseases" Presentation, Jules Stein Eye Institute/ Doheny Eye Institute Ophthalmology Board Review Course, Los Angeles, March 2008.

Nakra T. "What's new in Oculoplastic Surgery." Presentation, Santa Barbara Ophthalmology Society Meeting, Santa Barbara, CA, September 2007

Nakra T. "Periocular Dermatology" Presentation, Annual Meeting. Los Angeles County Optometric Society. April, 2007.

Nakra T. "Orbital Anatomy & Physiology" Presentation, Basic & Clinical Science Lecture Series, Jules Stein Eye Institute, Los Angeles, CA. September 2005.

Nakra T. "Ophthalmic Anatomy and Physiology." Presentation, Ophthalmic Technician Teaching Course, Jules Stein Eye Institute, Los Angeles, August 2005

Nakra T. "Pediatric Cataracts" Presentation, Grand Rounds, Department of Pediatrics, Harbor-UCLA Medical Center, Los Angeles, CA. May 2005.

Nakra T., "Plastics Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, May 2005

Nakra T., "Neuro Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, February 2005

Nakra T., "Glaucoma Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, November 2004

Nakra T., "Orbital inflammatory syndrome" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, July 2004

Nakra T., "Plastics case presentation: Facial Palsy" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, March 2003

### **Regional (continued)**

Nakra T., "Retina Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, January 2002

Nakra T., "Cornea Case Presentation" Presentation, Grand Rounds, Jules Stein Eye Institute, Los Angeles, September 2002

Nakra T., "Citrate Synthase: Mechanistic Studies." Presentation, Marion S. Spector Thesis Prize Reception, Washington University, St.Louis. May 1997.

Nakra T and Kurz L., "Revealing catalytic strategies of citrate synthase through kinetics and thermodynamics." Poster, Howard Hughes Research Institute Symposium, Washington University, St. Louis, MO. Sep 1995.

### **Visiting Professorships**

Keynote Speaker, Oculoplastic Association of Colombia  
Quinto Congreso, Medellin, Colombia 2017

Visiting Professor, Dept. of Ophthalmology, University of Colorado  
Grand Rounds, Denver, CO 2012

Keynote Speaker, Oculoplastic Association of India  
Paradigm 2010, Mumbai, India 2010

Keynote Speaker, Australasian Academy of Facial Plastic Surgery  
Fall Meeting, Queenstown, New Zealand 2009

### **Community Service**

TOC Eye and Face Foundation, Austin 2018-current

Generation Serve, Volunteer, Austin 2014-current

Crisp Foundation, Guatemala Surgery Service Trip, Los Angeles 2007

Buddhist Free Clinic, Volunteer, Los Angeles 2004-2007

The Next Right Thing Foundation, Facial Trauma Specialist, Los Angeles 2006-2008

Rush Community Service Initiatives Program  
Steering Committee and Volunteer 1997-2001